GLOBAL NEWS
Disinformation on China

REVIEWS
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SCIENCE
Gary Magnetic Motor

NEXUS

THE ALTERNATIVE NEWS MAGAZINE

December 2022–January 2023
Vol. 30, No. 1
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Skinwalker Ranch, the "hitchhiker" effect and ill health

Bio-identical hormone replacement

Vaccines and the antibody myth

Ancient knowledge of brain toxins

Titanic disaster: an elaborate insurance fraud?

Former Minister of Defence: ETs walk among us on Earth

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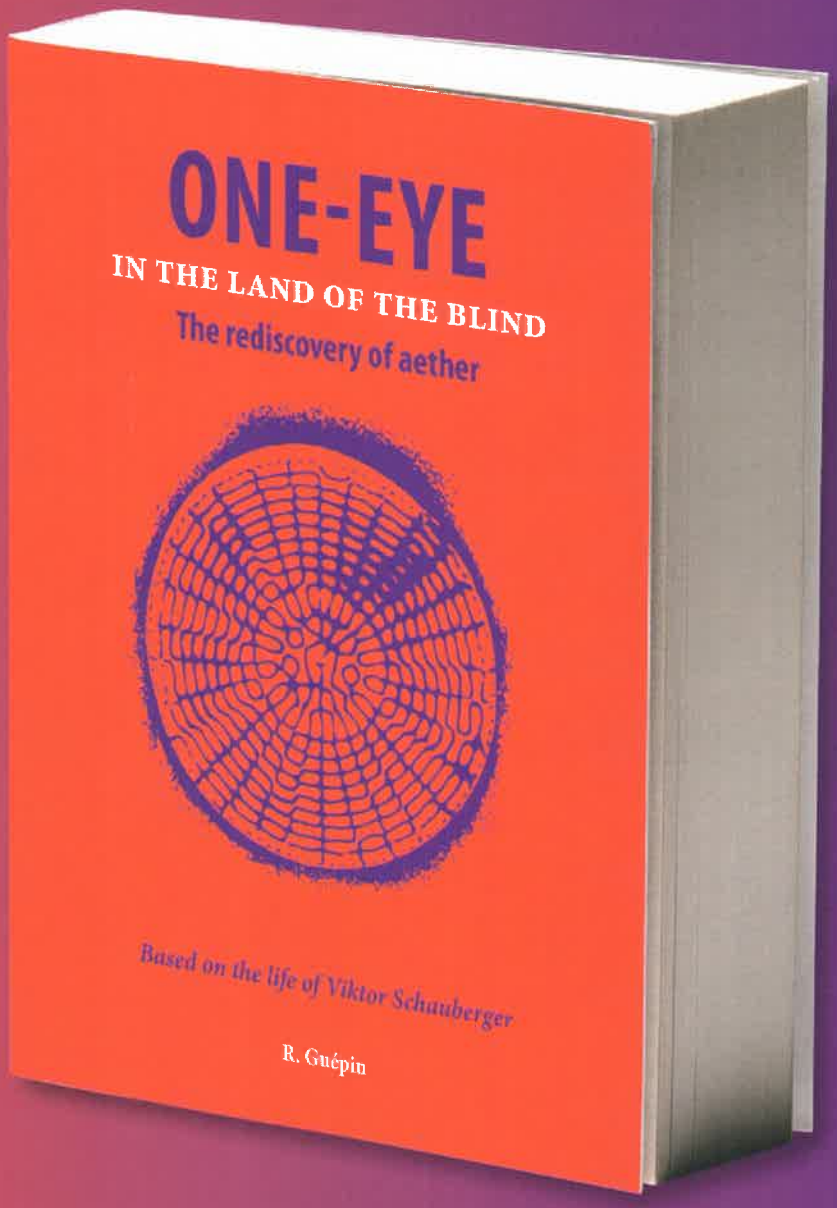

This is the incredible, yet true story of Viktor Schauberger—An Austrian forest ranger who discovers a new, free energy source in the 1920's, by quietly observing water in its natural environment. He briefly acquires world fame through his revolutionary inventions. Envious scientists slander his name and try to have him incarcerated. Greedy industrialists attempt to steal his patents. Sly politicians strive to get him to jump onto their bandwagon. Adolf Hitler even dreams of using this Implosion Technology to power his Third Reich. He forces the inventor to develop an engine for a flying saucer at concentration camp Mauthausen. After the war, the Americans captivate him and force him to build the world's most powerful hydrogen bomb with his technology.
The inventor soon realizes that mankind isn't ready for his technology, at its current stage of development. He fears his inventions will be abused to help people kill each other even faster and on a larger scale. This could lead humanity further into abysmal economic slavery. Thus he wisely keeps the final secrets to himself. But even so, he presents clear pointers that could lead a morally mature humanity of the future to safely develop this sustainable, natural 'Implosion Technology'.

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THE ALTERNATIVE NEWS MAGAZINE

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EDITOR
Duncan M. Roads
Email: editor@nexusmagazine.com

MANAGING EDITOR
Jenny Hawke

DESIGNER /
PRODUCTION MANAGER
Lee Brogan

NEWSFEED EDITOR
Lynelle Roads

ADVERTISING MANAGER
Alex Allen
Email: advertising@nexusmagazine.com

CONTRIBUTORS THIS ISSUE
Dr Joseph Mercola
John Queripel
Stephen McMurray
John Hamer
Paul S. Lloyd, PhD
Dr Jonathan V. Wright
Colm A. Kelleher
Stan Mallow

PRINTING
William Gibbons, Willenhall, UK

DISTRIBUTION
Seymour, London, UK

HEAD OFFICE – All Correspondence
PO Box 307, Maleny, Qld 4552,
AUSTRALIA
Tel: +61 7 5442 9280
Email: editor@nexusmagazine.com
Website: www.nexusmagazine.com

UK OFFICE
Marcus Allen, Alex Allen, Holly Sandell
55 Queens Road, East Grinstead,
West Sussex, RH19 1BG, UK
Tel: 01342 322854
Email: nexus@ukoffice.u-net.com

STATEMENT OF PURPOSE
NEXUS recognises that humanity is undergoing a massive transformation. With this in mind, NEXUS seeks to provide 'hard-to-get' information so as to assist people through these changes. NEXUS is not linked to any religious, philosophical or political ideology or organisation.

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The future is now

Every day my inbox is full of people sending me links to posts, articles, video clips and other news sources. A lot of these are about imposed changes in our social structure and our social behaviour. Jailing parents who oppose their child's desire to change genders, arresting people in their homes for what they posted on social media, and so on.

Individually these new laws are usually addressed as insane or outrageous, but collectively they are evidence of a multi-generational agenda to destroy the traditional structures and strengths of western society. Destroying the strength of faith in god with mechanistic science, destroying the traditional nuclear family with work demands and economics, poisoning the entire ecosystem with pesticides and oestrogen-mimicking chemicals, poisoning the human body with processed foods, toxic cosmetics, vaccines, pharmaceuticals, polluted air and water, and let's not even get started on dirty electricity and EMF. All of these are intentional and planned. I often wonder: those behind all this managing of humans as if they are akin to farm animals; are they human like us?

It is clear that humans like us are directly involved in implementing these long-ranging agendas and changes—these would be referred to as the 0.1 per cent elite, or the ruling class. They are the ancient bloodline factions of the East and the West—some of whom trace their lineage back some 2,000 years or more.

It is clear that what we are going through now is literally a pre-planned massive reset of everything, with the planned new society looking like a dystopian nightmare for the enslaved participants.

It is clear that what we are going through now is literally a pre-planned massive reset of everything...

And it gets worse, because this is not just an attempt at a reset of everything "human", but it is also an attempt at terraforming both the planet and many of its lifeforms. Geoengineering in the form of atmospheric and weather manipulation is already well underway, but it is being taken much further with the introduction of biology-altering nanobots into the bodies of humans and animals under the guise of mRNA injections.

Then we have the nanoparticle sensors, or "smart dust", which was released into the global ecosystems during the early 1990s and has enabled the creation of a matching digital simulation of our world complete with digital humans—and the "gap" between what is expected to happen and what did happen is getting smaller. Soon, if not already, this AI-run, digital Earth simulation will match almost exactly what is happening, and then it will get predictive.

The plan is that humans and most animals will have their physical brains connected wirelessly to a type of super internet, and this will enable certain electrical lifeforms from non-physical realms to get to experience what humans experience, as in emotions and feelings. This would mean that the human brain becomes hijacked by electrical beings from a realm beyond our comprehension.

These are the last days for humans as we know and define them. Soon our bodies will be vibrating to new frequencies and new experiences.

These are the times to remember that you are an immortal being of spirit that chose to come here, wear a human skinsuit, and have a turn at experiencing what we call "life" as a "human".

If you want to help yourself and the world, these are the times to practice random acts of kindness and love—for no reason other than you can.

– Duncan

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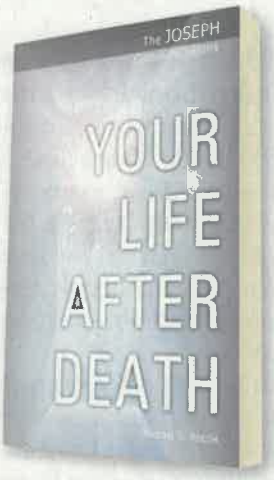

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EVIDENCE MISREAD

A girl on a couch appeared in an electro-magnetically generated cloud and it was deduced to be a vision from the past.

UFO's are seen to just disappear and appear out of nowhere and it's deduced they move into and out of another dimension.

Artists from the Renaissance and other eras paint circles and auras around important people and saints in paintings and they are deduced to be hovering "haloes".

Ancients wrote of the gods descending to the earth and it's deduced to be spacemen from another galaxy starting life on earth and seeding the earth to help evolution along.

Archeologists see the pyramids and deduce they were built by 200,000 men to exact standards we can't match today, just to bury a king.

Paleontologists find fossilized dinosaur bones and even dinosaur bones with living blood cells in them and deduce they lived millions of years ago.

People read about flood legends and see not enough water around them and deduce the legends speak only of local floods.

People see small UFO occupants or "Greys", and deduce these are aliens from outer space.

Anthropologists see writing start to appear 5000 years ago and deduce this was an indication of a sudden advancement in the history of Mankind.

These deductions are all incorrect. Many other bits of evidence have also been misinterpreted to come to erroneous conclusions that shift theories to illogical ends. Find out what these and other curious tidbits really mean...and how they will change your world view, forever. Read...

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NEXUS Top 20 Articles and Rupert Sheldrake Interview

Hi Duncan: The "Editor's Pick: NEXUS Top 20 articles" [29/06], was a real trip down memory lane for me too. It would be a bit like me trying to pick out my favourite ice-cream flavour. I couldn't—I love them all! Not an exact analogy, but close.

But the spooky thing was, when considering just how many articles the editor might have chosen, you included four of my favourites: "The LOOSH Narrative" and "The Hurricane Andrew Cover-Up", to name two. And when it was published, the "CoEvolution: Alec Newald" essay was yet another paradigm shift for my brain to get around. I'm looking forward to the "third updated edition" out in 2023, even though I may have to lay down in a very quiet place for a long while to give ample time to enable the forthcoming "CoEvolution" revelations to sink in.

The interview with Rupert Sheldrake, courtesy of Robert Boucnik (in the same 200 edition celebration issue), was a causative insight into the mind of someone who has rarely been in the pocket of the prevailing scientific establishment. Sheldrake's hypothesis that the mind is like a "TV receiver", rather than a "video recorder", is, in my humble view, blindingly obvious.

And to think that the Universe is somehow "unconscious"; that somehow all the building blocks of our existence are not connected in a "conscious" web; that there is evidence that consciousness survives death; that the body is merely a repository for human consciousness—well, that is all simple conjecture according to the prevailing orthodoxy.

But of course, although Sheldrake could well be knocking on the door that may open out into an eventual answer to why and how human knowledge can transcend the ignorance of the ages, unfortunately our brain acts as a censor. We see what it wants us to see. Therein lies the eternal problem. How to overcome the censor? And the other problem, as Sheldrake rightly comments, "regular science" still does not know why I, or you, are conscious. Nor can it be explained. A holy grail? Or we keep looking in the wrong places?

Ray Howes, Dorset, UK

200th Edition Congratulations

Hi Duncan: Congrats on hitting number 200—this is no small feat considering the odds against mags and published material, particularly in the light of the recent exodus to publish stuff online.

I've been with you since early 2010 and it was immediately apparent this was a hard-hitting, no-holds-barred truth magazine not afraid to publish hard truth—and when people see stuff in print, they tend to give what they wouldn't believe before at least a second thought.

Ever since 2010 I've kept my eyes open for second-hand copies in second-hand stores and never seen a single copy, suggesting people might part with other mags, but not yours. I think every issue I've gotten has had at least one hard-hitting, need-to-know article that deserves being passed on.

Now I can't say I've agreed with every article in your magazine but in my eyes you deserve to be congratulated on each and every issue—considering how much you walk the gauntlet with each one. So again, a hearty congrats.

Thanks for all the issues I've received and all the ones I will get.

Rick Pilotte,

Earth, Man & Devolution,

Flood Legends: Sorted,

Climate Clarity

(YouTube video)

www.floodlegendssorted.com

Talking Trees and Tree Health

Hello Duncan: my name is Buster Nolan and I'm a tree man. I thought it was time to get in touch so you can be informed of a global situation concerning tree death.

As I once was a working tree surgeon, often felling the trees from the top down, I noticed a staining in the wood that would go from the very top branches all the way down to the roots—this is in so-called healthy trees.

This was occurring in all species of trees in England, and as I endeavoured to find out what was causing the problem, I came across the work of Viktor Schauberger, who identified what I was up against.

Using his methods, I made a simple device available in his literature and I buried stoneware amphoras containing beaten copper and zinc around dying trees. The trees came back to full health!

As you are no doubt aware Duncan, rivers are failing and trees are dying right across the planet from the forestry, river and soil methods in agriculture. These are practised in the same way, in every single country. Bad forest management, bad river management and bad soil management has brought every country to their knees as predicted by Schauberger.

The methods we use are very simple and anybody in any country can get their hands on what they need to do it. If your trees are dying and you want to save them, the information is available on our website, www.talkingtrees.net.

Many thanks and hope to hear from you.

Buster Nolan,
https://youtu.be/OQvXUaaowiE

Sheldrake Validation

Dear Duncan: I read "[Rupert] Sheldrake's Holistic World View" in the October–November NEXUS [29/06], where he has written, "I wrote a paper published last year called 'Is the Sun Conscious?' suggesting that the Sun and other stars may be conscious beings. Whole galaxies may have a kind of consciousness, so may the whole Universe..." etc.

At this point I sat up and took notice, because back between 2005 and 2008, I was involved together with a friend in question-and-answer sessions with a known spiritual contact from "upstairs".

During these sessions answers led to further questions, and among the former came the statements that the Earth was alive, had a consciousness and a personality as did the other planets, and that this also applied to the Sun; all were aware. They communicated as a form of family; and that our Sun was in communication with other stars, our galaxy with other galaxies and our Universe with other universes. This came along with more information on the subject that is not relevant here.

This was interesting stuff, so I noted it down and then got on with other things, leaving the notes on a book shelf.

I have to confess to my general ignorance at the time, and add that I had no access to computers and had not read anything new about planets beyond the two books of Velikovsky: *Earth in Upheaval* and *Ages in Chaos*. That was as far as it went. To my shame, my reading on such subjects did not expand much over the next fifteen years (too much to do), and I was unaware of what was being written and discovered; so I must apologise to Sheldrake and the other authors concerned, whose books I have not read. It was not until I was given a copy of NEXUS that I began to realise what I was missing.

This article by Rupert Sheldrake appears to validate what was written down in the original notes I've mentioned, the difference between them being only in the degree of emphasis between his own words, ..."may be conscious beings", and those of the contact ..."*are* conscious beings".

Best wishes,
John Eagle

No Music Section?

Hi Duncan, I really enjoy the magazine and have done for a few years now. I think it's great to read everybody's point of view on things, and that it continually challenges long-held beliefs.

I would like to know why the music review section has disappeared. I would listen to every album reviewed and also listen to other bands that those bands had links with. It introduced me to music that would have passed me by, but for your reviews. I have bought physical copies of quite a few of the albums, which in turn supports these musicians.

I am writing to ask whether you could possibly reintroduce this section?

Anyway, no matter the outcome, I wish you well for the future of NEXUS. I have just received the 200th edition. What a great story in itself!

Cheers,
Matt

[Hi Matt: I needed more space for articles and most music was going straight onto the internet when I made the decision. But now vinyl is coming back, who knows...? Ed.]

Nord Stream Pipeline War Plan

Hello Duncan, My observations conclude that the sabotage of the Nord Stream pipeline is pure evidence of the WEF manoeuvring behind the cover of war to destroy the world's economies. This single incident will catapult inflation in Europe and the world. It's such an important waypoint in their plan, it's worth exposing themselves as the perpetrators.

Anecdotal internet commentary suggests US Navy ships were in the region only a few days ago...

Watch the WEF puppet leaders and media globally pretend they believe it was Putin's action.

These people are psychopaths. Pure and simple.

Cheers,
Sholto, Somewhere...

Glyphosate in School Food

Aloha from Kauai!

I have important news to share that I am hoping will help persuade you to buy not only organic food but also organically grown flowers, and to persuade your friends and family to do the same.

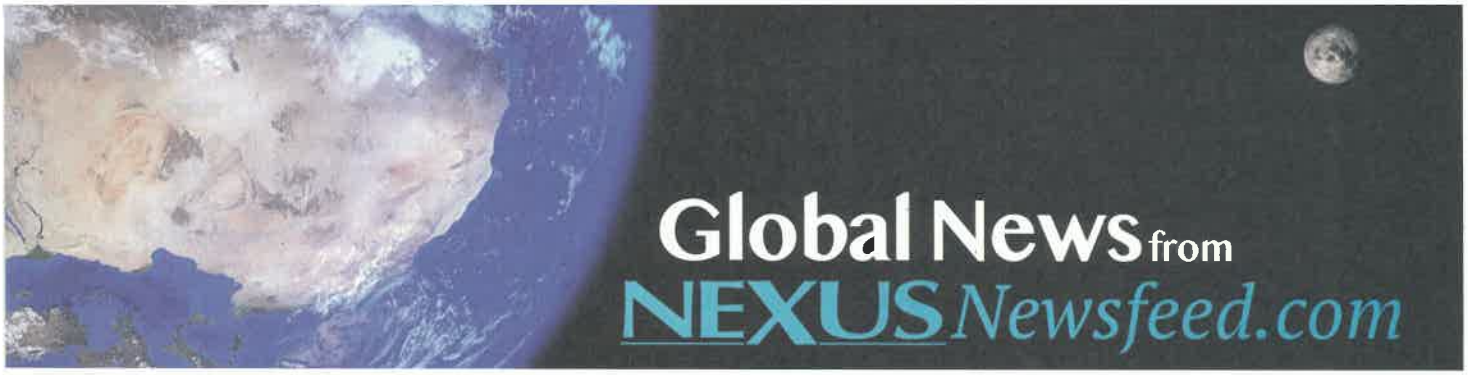
The US government agencies that are supposed to assure the safety of our food are sleeping on the job, but luckily Zen Honeycutt of Moms Across America is willing to do the testing that the government is not bothering to do.

Her non-profit, Moms Across America, has tested several food samples taken from public school lunches, and they found detectable levels of glyphosate in more than 95 per cent of the samples.

Also, Jennifer Margulis and I teamed up to write an article on glyphosate's harm to farmers (non-Hodgkin lymphoma, dementia and kidney failure) that has just appeared in the *Epoch Times*.

On a related note, I am still fascinated by deuterium, and I increasingly believe that disruption of deuterium homeostasis in the body is a primary factor in many modern chronic diseases. I presented some of my ideas on deuterium at the Real Truth About Health online conference earlier in the year, and my presentation is available to watch on YouTube for free: https://tinyurl.com/mte6xsd7.

Mahalo nui loa!
Stephanie Seneff,
Hawaii, USA



Global News from NEXUS Newsfeed.com

IMF WANTS TO END CASH, BUT HOW?

One of the speakers at the 2022 International Monetary Fund (IMF)/World Bank Group (WBG) Annual Meetings, Kristalina Georgieva, IMF's managing director, has revealed that "this financial institution doesn't like people using cash and wants to change that preference".

And while some rights and consumer protection groups as well as citizens might now be trying to understand why this would be IMF's policy—the IMF, too, wants to "understand" some people's "strong preference for cash."

But that's not to meet them halfway in some sort of compromise going forward—it's to create better campaigns to change people's mind on this issue.

It's not really rocket science—those who prefer cash prefer not to have banks and governments track every step of their financial activity, and they also may not like getting cut off from their money at their government's whim.

One thing IMF's "capacity development experts" do understand and don't hide is that there is often a strong public preference for cash despite the availability of digital wallets like that developed by the EU, and of mobile money.

But people unwilling to let go of cash is not the only problem the IMF is facing as it implements its agenda—another is hesitancy to use centralised and government-controlled Central Bank Digital Currencies (CBDCs).

IMF Deputy Managing Director Bo Li singled it out as one of the challenges in introducing CBDC, and suggested that the IMF is yet to fully understand what drives that hesitancy among both customers and merchants.

(Source: reclaimthenet.org, 18 October 2022, https://tinyurl.com/2ysrs6ok)

BANKS TRYING TO KILL CASH ARE CLOSING BRANCHES ACROSS AUSTRALIA

Hundreds more bank branches have closed across Australia in 2022, impacting thousands of customers as the big banks go digital.

Westpac is shutting 24 branches and cutting 103 jobs this month (September) after closing a staggering 225 stores since January 2021.

The move means thousands of jobs will disappear by May 2023. Westpac blames the continued closures on the decline in the number of customers attending branches.

However, the Financial Services Union (FSU) says the closures were the latest round of "cost cutting" from the bank, and that it will impact thousands of customers.

"This is no longer cutting the fat from Westpac. This latest carving up of Westpac's branches is slicing right into the core of the bank with staff morale at rock bottom as they wait for the axe to fall on what's left of the branch network," FSU national secretary Julia Angrisano said.

(Source: dailymail.co.uk, 16 September 2022, https://tinyurl.com/2povl8mb)

NIGERIANS REJECT THEIR DIGITAL CURRENCY

On 25 October 2021, Nigeria became the first country in Africa to enable the use of a legal tender digital currency for daily financial transactions.

One year on from the launch of Nigeria's digital currency eNaira, it is clear that it has not been a complete success.

One of the largest issues currently facing the eNaira is the lack of adoption or uptake among citizens. A recent Bloomberg report found that less than 0.5 per cent of Nigerians are using the digital currency. This means less than one-in-200 people in Nigeria are active users of the eNaira. This is despite having a year to promote and encourage the adoption of the CBDC.

During a ceremony held by Nigeria's central bank to celebrate one year of the eNaira, its governor Godwin Emefiele spoke on its use. He explained that eNaira had recorded around 700,000 transactions worth over ₦8 billion.

Despite this seemingly positive statistic, Bloomberg also reported that around one million Nigerians had downloaded the eNaira digital wallet.

This suggests that over 300,000 wallets have been opened but are not used.

(Source: thefintechtimes.com, 28 October 2022, https://tinyurl.com/22adsjuw)

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IMF PRAISES INDIA'S DIGITAL ID SYSTEM

The International Monetary Fund (IMF) has praised India's digital ID system, Aadhaar. The IMF supports digital IDs as they are key in the development of central bank digital currencies (CBDCs).

Asked about the expectation of India taking the presidency of G20 next year, IMF director Kristalina Georgieva praised the country's "digital access" enabled by Aadhaar.

"India deserves to be called a bright spot on this otherwise darkening horizon because it has been a fast-growing economy even during these difficult times," said Georgieva, in a press conference.

She added that due to its "position of strength" in this area India could spearhead "digitalisation, including digital money."

However, Aadhaar has faced criticism in India, especially for excluding welfare access. Additionally, there is an ongoing legal battle to prevent it from becoming mandatory.
(Source: reclaimthenet.org, 18 October 2022, https://tinyurl.com/22v82szd)

SOUTH KOREA PLOTS DIGITAL ID SYSTEM

South Korea plans to offer its citizens a digital ID secured by blockchain technologies. The country alleges that digital ID will boost the economy.

Proponents of digital identity systems say the technology will make online verification more efficient, thereby controlling activities like accessing government services and money transfers by eliminating the need to log in via authentication codes and images of government-issued documents.

According to the director-general of Korea's digital-government bureau, Suh Bo Ram, a digital ID system would boost Korea's GDP by about 60 trillion Korean won ($42 billion) in 10 years, Bloomberg reported.

He added: "Every service that hasn't been able to fully transition online will now be able to do so."

The country's digital ID will be secured by blockchain technology, making it difficult to hack because the data is decentralised.
(Source: ReclaimTheNet.org, 19 October 2022, https://tinyurl.com/2br63ot2)

TURKEY SET TO SIGN UP FOR THE NEW WORLD ORDER GREAT RESET

Turkey is planning to launch a central bank digital currency (CBDC) that will be integrated with the country's digital identity system and the Central Bank of the Republic of Turkey's FAST instant payments service.

The integration will form part of the next phase of the country's Central Bank Digital Turkish Lira Research and Development Project that will also include testing the use of the CBDC for payments as well as for wholesale banking transactions.

Turkey's Presidential Strategy and Budget Directorate announced the plans in the Presidential Annual Program for 2023, which stated that a "blockchain-based central bank digital currency will be put into practice", according to a CoinDesk Türkiye report.

The Central Bank of the Republic of Turkey (CBRT) launched the first phase of its CBDC project in September 2021 when it announced plans for limited closed-circuit testing of a prototype digital Turkish lira network prior to "advanced phases of the pilot study that will reflect broader participation".

The CBRT was one of 26 central banks that contributed to the Bank for International Settlements' "CBDCs in Emerging Market Economies" report in April.
(Source: nfcw.com, 28 October 2022, https://tinyurl.com/2bcbvphr)

BITCOIN MINING NOW USES MORE ENERGY PER YEAR THAN MANY COUNTRIES

In a new study, academics in the US have presented "energy-related climate damages" from human activity in the past five years, including Bitcoin mining.

Bitcoin mining is the energy-intensive process of creating new Bitcoins by solving computational problems that verify transactions in the blockchain.

The researchers say Bitcoin mining uses more energy per year than the whole of Austria and is more environmentally costly than beef production or the mining of precious metals such as gold and copper.
(Source: dailymail.co.uk, 30 September 2022, https://tinyurl.com/2o7y35jj)

A GROWING NUMBER OF COUNTRIES WANT TO JOIN BRICS

More than a dozen countries have expressed an interest in joining the BRICS group, which incorporates some of the world's major emerging economies, as the bloc gains more global standing, Russian Foreign Minister Sergey Lavrov said recently.

BRICS is an international socio-economic and political forum, which incorporates Brazil, Russia, India, China and South Africa. It accounts for over 40 per cent of the global population and nearly a quarter of the world's GDP.

Speaking at a meeting with his Indian counterpart Subrahmanyam Jaishankar, Lavrov indicated that membership of the BRICS bloc is in high demand.

"The interest in this global association is very, very high and continues to grow," he said. He confirmed that "more than a dozen" countries are eager to join, including Algeria, Argentina, and Iran.

However, Lavrov continued, before accepting any new members, BRICS intends to reach an agreement on criteria and principles for further potential expansion.

"Given that applications are already being submitted officially, we, of course, expect that harmonisation of the criteria and principles for the expansion of BRICS won't take too long," he said.

The bloc is also expected to consider adding Saudi Arabia, Turkey, Egypt and Afghanistan.
(Source: RT.com, 8 November 2022, https://tinyurl.com/2d453vsz)

US CITIZENS SPIED ON AND SCORED FOR COVID-19 COMPLIANCE (OR LACK OF IT)

Voter analytics firm PredictWise harvested location data from tens of millions of US cellphones during the initial COVID-19 lockdown months and used this data to assign a

"COVID-19 decree violation" score to the people associated with the phones.

These COVID-19 decree violation scores were calculated by analysing nearly two billion global positioning system (GPS) pings to get "real-time, ultra-granular locations patterns." People who were "on the go more often than their neighbors" were given a high COVID-19 decree violation score while those who mostly or always stayed at home were given a low COVID-19 decree violation score.

Location data and survey data are just two of the many types of data PredictWise claims to have access to. According to its white paper, PredictWise also tracks "telemetry data" (which is "passively sourced cell-phone data"), media consumption data, and unregistered voter data (which contains verified data on over 50 million unregistered voters that's updated daily and sourced from credit files and portal registration data).

In total, PredictWise says its data "tracks the opinions, attitudes, and behaviors" of over 260 million Americans—a figure that represents 78 per cent of the entire US population of 333 million.

This mass surveillance of location data and lockdown compliance is just one of the many examples of the large-scale data harvesting that occurred during the pandemic. Private companies tracked the everyday activities of citizens, pushed remote learning surveillance technologies, increased surveillance in the workplace, and more. Meanwhile, governments ushered in numerous forms of surveillance such as forcing citizens to wear ankle bracelet trackers, secretly surveilling vaccine recipients via their phones, and combining vaccine passports with digital IDs.
(Source: reclaimthenet.org, 25 October 2022, https://tinyurl.com/2au4b492)

SEVERAL SHAMPOO PRODUCTS RECALLED DUE TO THE PRESENCE OF BENZENE

The US Food and Drug Administration has announced the recall of select shampoo aerosol products produced prior to October 2021 by Dove, Nexxus, Suave, TIGI (Rockaholic and Bed Head), and TRESemmé due to "potentially elevated levels of benzene," FDA officials said.

The FDA classifies benzene as a human carcinogen; exposure can result in several types of cancers.

The recall was issued by Unilever on 18 October, the company that owns the brands of the recalled products.
(Source: dailyvoice.com, 24 October 2022, https://tinyurl.com/2d4balhq)

42 PER CENT OF GEN Z HAVE A MENTAL HEALTH CONDITION

Forty-two per cent of America's young-but-cynical Generation Z are dealing with a mental health condition, a new survey finds. A range of these issues were largely identified during the middle of the COVID-19 pandemic.

In September 2022, Harmony Healthcare IT surveyed 1,055 Gen Z adults to ask them about their mental health. Men comprised 47 per cent, women 45 per cent, nonbinary six per cent, and two per cent transgender. Respondents ranged in age from 18 to 24 with an average age of 22.

The survey analysis suggests tens of millions of Gen Z young adults started dealing with a mental health problem in the months immediately following the start of the global pandemic in March 2020. The survey highlights a staggering percentage of young adults diagnosed with anxiety, depression, attention-deficit/hyperactivity disorder (ADHD), or post-traumatic stress disorder (PTSD) during the pandemic.

Three-quarters of these Americans, all under the age of 25, say the pandemic negatively impacted their mental health, with many citing loneliness and uncertainty about the future.

Nearly 90 per cent of Gen Z respondents believe their generation is not set up for success and 75 per cent feel they are at a disadvantage in comparison to previous generations (like baby boomers or Gen X) who are at least 42 years-old in 2022. This latest poll portrays Gen Z as overwhelmingly cynical about the post-pandemic world and what role they may one day play in it.

Twenty per cent of the 1,000 Gen Z study participants say they have a regular therapist, 57 per cent take regular medication, and 39 per cent attend therapy for mental health issues once a week. Gen Zers are also two times more likely than millennials or Gen Xers to report struggling with daily emotional distress issues.

More than two in five of the country's 68 million Gen Zers have a clinically diagnosed mental health condition. Nine-in-10 Gen Z adults diagnosed with mental health issues say they struggle specifically with anxiety. Moreover, eight in 10 say they fight against frequent bouts of depression.

Sociologists and statisticians identify Gen Z as the third-largest American population behind the millennials and baby boomers. These tweens, teenagers, and 20-somethings are also the most racially, ethnically, and sexually diverse generation in the United States.

(Source: studyfinds.org, 7 November 2022, https://tinyurl.com/k2kk2329)

SURVEY EXPLORES AMERICANS' BELIEF IN UFOS, ETS AND DISCLOSURE

A recent survey suggests that more Americans are open to the possibility that UFOs are extraterrestrial in nature, though they also expressed doubt that we will meet these hypothetical aliens any time soon. The poll of 1,000 adults in the USA was conducted by internet firm, YouGov, in early September. The survey first asked participants if they thought UFOs were aliens, something that has a "natural scientific explanation," or if they simply did not know. The response was remarkably divided with 34 per cent embracing the proverbial ET hypothesis, while 33 per cent chose the prosaic option, and 34 per cent had no answer for the phenomenon.

The 34 per cent in favour of a possible alien origin for UFOs is a dramatic increase from a 1996 *Newsweek* poll which found a mere 20 per cent of participants thought the UFO phenomenon was alien in nature. While recent events surrounding government interest in unidentified aerial phenomena may have some wondering if first contact could be on the horizon, it would appear that most Americans are not nearly as optimistic. A mere seven per cent of the survey participants expressed confidence that we will meet aliens within the next decade, while 13 per cent think it could occur sometime in the next 50 years. A far greater percentage of people were particularly pessimistic with 21 per cent saying it will happen within 100 years and 28 per cent suggesting it could take two more centuries before first contact happens.

As for what these hypothetical aliens might be like, 66 per cent postulated that they are probably more technologically advanced than humans, while 17 per cent suggested that is somehow not the case. With regard to the ETs' intentions, 41 per cent of participants believe that they will be peaceful, while 35 per cent fear that the visitors could be hostile. An amusing final question included in the survey explored belief in aliens versus other "mythical beings" and saw that 57 per cent of the participants indicated that ETs definitely or probably exist. Sadly, just 31 per cent of the respondents expressed similar feelings about Bigfoot, 28 per cent believe that the Loch Ness Monster might be real, and only 18 per cent gave the proverbial nod to the infamous chupacabra.

(Source: coasttocoastam.com, 5 October 2022, https://tinyurl.com/2jq23hrg)

HUMAN TUMOURS ARE PRIZED REAL ESTATE FOR FUNGI, STUDY FINDS

Cancer tumours contain multiple species of fungi that differ per tumour type, according to a large study led by researchers at the Weizmann Institute of Science and the University of California, San Diego.

The findings demonstrate that fungi are living in tumours and may facilitate cancer detection, diagnosis and perhaps even treatment.

The study, published in *Cell*, potentially has implications for the diagnosis and treatment of cancer, as well as for the detection of cancer through a blood test. It complements scientists' understanding of the interaction between cancer cells and the bacteria that exist in tumours alongside fungi, bacteria that have been shown to affect cancer growth, metastasis and response to therapy.

The researchers systematically profiled fungal communities in more than 17,000 tissue and blood samples taken from patients with 35 types of cancer. They found that fungi can be detected in all of these cancer types. Fungi were mostly found "hiding" inside the cancer cells or in immune cells inside the tumours.

The study also revealed multiple correlations between the presence of specific fungi in tumours and conditions related to treatment. For example, breast cancer patients who have *Malassezia globosa*, a fungus found naturally on the skin, in their tumours had a much lower survival rate than those who did not have the fungus. In addition, specific fungi were found to be more prevalent in the breast tumours of older patients than in those of younger ones, in the lung tumours of smokers than in those of nonsmokers and in melanoma tumours that did not respond to immunotherapy than in tumours that did respond to therapy.

These findings suggest that fungal activity is "a new and emerging hallmark of cancer," says Prof. Ravid Straussman of the Weizmann's Molecular Cell Biology Department, co-leader of the study. "These findings should drive us to better explore the potential effects of tumour fungi and to re-examine almost everything we know about cancer through a "microbiome lens," he said.

The findings demonstrate that fungi are living in tumours and may facilitate cancer detection, diagnosis and perhaps even treatment.

The study, which characterised both the fungi and the bacteria that are present in human tumours, demonstrated that typical "hubs" of fungi and bacteria can be found in tumours. For example, while tumours that contain Aspergillus fungi tend to have specific bacteria in them, tumours that contain Malassezia fungi tend to have other bacteria in them. These different "hubs" may be important for treatment, as they correlated with both tumour immunity and patient survival.

"This study sheds new light on the complex biological environment within tumours, and future research will reveal how fungi affect cancerous growth," says Prof. Yitzhak Pilpel, a co-author of the study and a principal investigator at the Weizmann Institute of Science's Molecular Genetics Department. "The fact that fungi can be found not only in cancer cells but also in immune cells implies that, in the future, we'll probably find that fungi have some effect not only on the cancer cells but also on immune cells and their activity."

The existence of fungi in most human cancers "is both a surprise and to be expected," says Rob Knight, a professor of Paediatrics, Bioengineering and Computer Science & Engineering at UC San Diego, who co-authored the study. "It is surprising because we don't know how fungi could get into tumors throughout the body. But it is also expected, because it fits the pattern of healthy microbiomes throughout the body, including the gut, mouth and skin, where bacteria and fungi interact as part of a complex community."

The new paper also explored the presence of fungal and bacterial DNA in human blood. "The results suggest that measuring microbial DNA in the blood may help in the early detection of cancer, as different microbial DNA signatures can be found in the blood of cancer and noncancer patients," says Dr Gregory Sepich-Poore, a former graduate student in Knight's lab.

Last year, Knight and Sepich-Poore co-founded Micronoma, a company developing a platform that uses microbial biomarkers in blood for the early diagnosis of cancer.

(Source: Weizmann Institute of Science, Israel, 29 September 2022, https://tinyurl.com/mw3bp6d8)

COURT LINKS MOBILE PHONE USE AND BRAIN TUMOURS

Can mobile phone use cause brain tumours? An Italian court has determined it can. The case was brought by an unnamed, 63-year-old man who had worked at a metal construction company in northern Italy. In the course of his work, he used his mobile phone against his left ear for more than two-and-a-half hours a day, or a total of 10 to more than 13 thousand hours between 1995 and 2008.

He developed a vestibular schwannoma, or tumour of the cranial nerve, also known as an acoustic neuroma. As a result, he experienced "left deafness, right cochlear implant, facial nerve paresis, balance disorder and depressive syndrome, permanent biological damage".

The man sought compensation from the Court of Aosta which, in 2020, determined in his favour and ordered the Italian agency responsible for insuring workplace accidents, INAIL, to pay the man a pension of approximately 350 Euros a month.

INAIL appealed the decision and the case moved to the Turin Court of Appeal.

On 2 November 2022, the Turin Court of Appeal affirmed the decision by the Court of Aosta, namely that the brain tumour was caused by mobile phone use.

This is the second time the Turin Court of Appeal determined that mobile phone use caused a brain tumour. In 2020, it ruled that compensation be paid to Roberto Romeo for a brain tumour related to his work at Telecom Italia.

The lawyers who represented the appellant in the November 2 judgment, from Ambrosio and Commodo law firm in Turin, are also following five other cases of brain tumours from mobile phone use.
(Source: Phonegatealert, 7 November 2022, https://tinyurl.com/ykkadaum)

COLONOSCOPIES FAIL TO REDUCE COLORECTAL-RELATED DEATHS

A landmark study published in *The New England Journal of Medicine* (*NEJM*) found the "benefits" of colonoscopies are not as great as they're made out to be. After 10 years, those who were invited to get colonoscopies had an 18 per cent lower risk of colorectal cancer than the unscreened group. There was no statistically significant reduction in the risk of death from colorectal cancer in the group invited to screening compared to those who were not screened.

Colonoscopy may, in practice, reduce colorectal cancer risk similarly to other less expensive, and less invasive, screenings, including faecal testing. But colonoscopies can cause serious adverse events, including death or bleeding after removal of a precancerous polyp.

About 15 million colonoscopies are performed every year in the US. The procedure, which involves extensive preparation and comes with considerable risks—including risk of death—is touted as a key way to prevent colorectal cancer deaths.

However, as noted in the study published in *NEJM*: "Although colonoscopy is widely used as a screening test to detect colorectal cancer, its effect on the risks of colorectal cancer and related death is unclear."

In 2019, the *British Medical Journal* (*BMJ*) published clinical practice guidelines for colorectal cancer screening using a stool test—known as the faecal immunochemical test (FIT).

The practice guidelines recommend physicians use a tool to estimate an individual's potential risk for developing colorectal cancer in the next 15 years. The team recommends that only those who have a risk of three per cent or greater should undergo screening tests, choosing from one of four screening options.

However, the team determined that the risks associated with colorectal cancer screening outweighed the benefits in many cases. In the same analysis, the researchers also found 82 suffered serious complications. Another analysis found a death rate of three per 100,000 colonoscopies, along with serious adverse events in 44 per 10,000.

Aside from the risk of death, additional concerning risks include perforation and bleeding after removal of a precancerous polyp.

A systematic review and meta-analysis found the risk of perforation after colonoscopy was about six per 10,000 while the risk of bleeding was about 24 per 10,000 procedures.

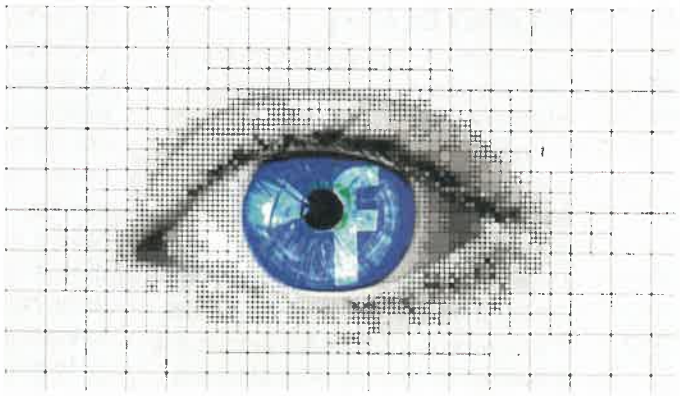
Major complications include adverse sedation or anaesthetic events including aspiration pneumonia, post-polypectomy bleeding, diverticulitis, intraperitoneal haemorrhage, and colonic perforation.
(Source: mercola.com, 20 October 2022)

FACEBOOK HAS EX-CIA AGENTS CENSORING YOU

Dr Joseph Mercola © 2022

Facebook CEO Mark Zuckerberg has stated that Facebook's values are based on the American tradition of free expression. Yet, censorship on social media has gone mainstream as part of the campaign to control what you see online, and therefore what you think and how you perceive reality.

In an official Facebook video, a Meta employee identified as "Aaron" states that he's the manager of "the team that writes the rules for Facebook," deciding "what is acceptable and what is not." These gatekeepers effectively dictate what the platform's 2.9 billion active users see when they're scrolling their feeds.



In all, 40,000 individuals are part of Facebook's content moderation staff, yielding incredible power over public information. Writing for *MintPress News*, journalist Alan Macleod explains:

"It is here where decisions about what content is allowed, what will be promoted and who or what will be suppressed are made. These decisions affect what news and information billions of people across the world see every day. Therefore, those in charge of the algorithms hold far more power and influence over the public sphere than even editors at the largest news outlets."

But according to Macleod's *MintPress* investigation, many of the people in charge of moderating content at Facebook have been recruited from the government, including the Central Intelligence Agency, FBI and Department of Defense (DoD), to the extent that, he says, "some might feel it becomes difficult to see where the US national security state ends and Facebook begins."

"Aaron Is CIA"

Facebook employee Aaron, featured in their marketing video, formerly worked for the CIA up until July 2019, though this isn't disclosed by Facebook. According to Macleod:

"In his 15-year career, Aaron Berman rose to become a highly influential part of the CIA. For years, he prepared and edited the president of the United States' daily brief, 'wr[iting] and overs[eeing] intelligence analysis to enable the President and senior US officials to make decisions on the most critical national security issues', especially on 'the impact of influence operations on social movements, security, and democracy', his LinkedIn profile reads. None of this is mentioned in the Facebook video."

Meta Is Teeming With Ex-Government Agents

Berman is not the only ex-CIA agent working at Facebook—far from it. So many ex-government workers are now employed by Facebook that it's difficult to view Meta as a private company instead of a government partner, intent on silencing anyone who speaks out against the official narrative. Macleod's investigation, for instance, uncovered the following ex-CIA agents at Facebook:

- Deborah Berman, a trust and safety project manager for Meta, was an intelligence analyst at the CIA for 10 years.
- Bryan Weisbard, now a director of trust and safety, security and data privacy for Meta, worked as a CIA intelligence officer from 2006 to 2010 before becoming a diplomat. While at the CIA, his job involved leading "global teams to conduct counter-terrorism and digital cyber investigations" and "Identif[ying] online social media misinformation propaganda and covert influence campaigns".
- Cameron Harris, a trust and safety project manager at Meta, was a CIA analyst until 2019.

Former members of other government agencies are also common at Meta. Macleod revealed:

- Emily Vacher, who Facebook/Meta recruited to be a director of trust and safety, worked at the FBI from 2001 to 2011, becoming a supervisory special agent.
- Mike Bradow, employed as a misinformation policy manager at Meta since 2020, worked for the United States Agency for International Development (USAID) from 2010 to 2020.
- Neil Potts, Facebook's vice president of trust and safety, is a former intelligence officer with the US Marine Corps.
- Sherif Kamal, trust and safety program manager at Meta, worked as a program manager at the Pentagon until 2020.

Ex-Intelligence Officers in Control of What You See

Meta is appearing increasingly like another branch of government put in place to mould the views of society, as with a workforce composed of ex-intelligence agents, it's difficult, if not impossible, to remain impartial.

Despite its efforts to brand itself as a progressive, "woke" organisation, the Central Intelligence Agency remains deeply controversial.

For instance, US intelligence agencies kept watch on Ukrainian nationalist organisations as a source of counterintelligence against the Soviet Union. Declassified CIA documents show close ties between US intelligence and Ukrainian nationalists since 1946.

After WWII, Stepan Bandera, the leader of the most radical section of the Organization of Ukrainian Nationalists (OUN), which was founded in 1929 and had the ultimate goal of creating an ethnically pure, independent Ukraine, and other Ukrainian Nazi leaders fled to Europe, and the CIA helped protect them. The CIA later informed the Immigration and Naturalization Service that it had concealed Bandera and other Ukrainians from the Soviets.

While the Nuremberg trials brought justice to the leaders of fascist Germany, "the Ukrainian Nazis were spared the same fate, and some were even granted indulgences by the CIA." According to the film *Ukraine on Fire*, "By 1951, the Agency [CIA] excused the illegal activities of OUN's security branch in the name of Cold War necessity."

Controlling the Media Is the "CIA's Dream"

The collusion of the media with government agencies is nothing new. In January 1977, *Washington Post* reporter Carl Bernstein's 25,000-word article was published in *Rolling Stone*, detailing the close relationship between the CIA and the press. Bernstein described full-time CIA agents who worked as journalists and more than 400 US journalists who secretly carried out assignments for the CIA over a 25-year period.

The program was known as Operation *Mockingbird* and involved the CIA paying journalists to write fake stories and spread propaganda instead of real news. *Activist Post* added:

"Implementing a fact-checking solution that is a centralized mechanism powered by journalists they could easily control is certainly the CIA's... dream, as a CIA director was once quoted stating that once the public's perception is confused about what is real and what is propaganda then their mission would be complete.

"Now you might think the CIA owning journalists is conspiratorial, but it happened with MKUltra's Operation Mockingbird."

As further noted by *Monthly Review*, the situation has only gotten worse, as evidenced by the steady stream of ex-CIA agents now heading up policy and content moderation at Facebook. "The CIA used to infiltrate the media. Now the CIA is the media," the news outlet noted, adding:

"Back in the good old days, when things were more innocent and simple, the psychopathic Central Intelligence Agency had to covertly infiltrate the news media to manipulate the information Americans were consuming about their nation and the world. Nowadays, there is no meaningful separation between the news media and the CIA at all."

Social Media Infiltrated by Government Agencies

To be clear, it's not only Facebook that's relying on former CIA agents to decide what you can see. Other social media giants are similarly affected, employing individuals from a multitude of government agencies.

"In previous investigations," Macleod wrote, "this author has detailed how TikTok is flooded with NATO officials, how former FBI agents abound at Twitter, and how Reddit is led by a former war planner for the NATO think-tank, the Atlantic Council." However, he says, "the sheer scale of infiltration of Facebook blows these away. Facebook, in short, is utterly swarming with spooks."

What does this mean for the information you see on a daily basis, assuming you're one of the billions who takes a peek or two at Facebook during the day? Macleod explained:

"The problem is that having so many former CIA employees running the world's most important information and news platform is only one small step removed from the agency itself deciding what you see and what we do not see online—and all with essentially no public oversight.

"In this sense, this arrangement constitutes the best of both worlds for Washington. They can exert significant influence over global news and information flows but maintain some veneer of plausible deniability.

"The US government does not need to directly tell Facebook what policies to enact. This is because the people in decision-making positions are inordinately those who rose through the ranks of the national security state beforehand, meaning their outlooks match those of Washington's.

"And if Facebook does not play ball, quiet threats about regulation or breaking up the company's enormous monopoly can also achieve the desired outcomes." *(Source: mercola.com, 31 October 2022, https://tinyurl.com/4jvt6fmh)*

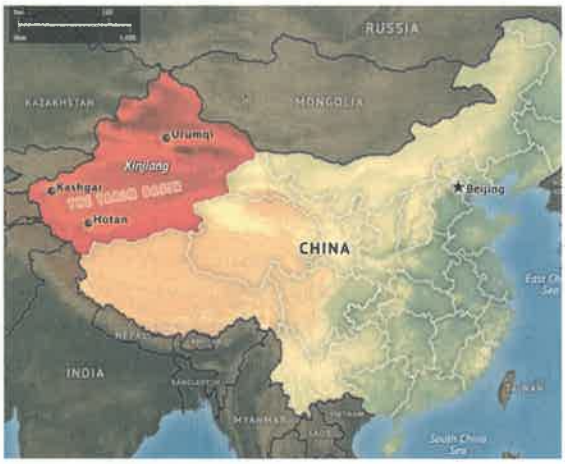
WHEN FACTS ARE NOT NECESSARILY FACTS: THE UYGHURS AND CHINA

John Queripel © 2022

Repeat a supposed fact sufficient times and it will become assumed truth. That seems the case very much when it comes to claims about China's oppression of the Uyghurs in its western Xinjiang province. Supposedly one million or more Uyghurs have been imprisoned in vast re-education camps with the term "genocide" being frequently used. Even the charge of infanticide has been laid. Not all that is supposed however, is reality.

From where do these charges against China come and what evidence accompanies them? Until 2018 little was said about Xinjiang and it would be fair to say few knew of its complex history or demographic mix, though it had been the location for several terrorist attacks. Suddenly, however it was front and centre in the news, just at the time when the Chinese led "Belt and Road Initiative", set to radically reorient the world economic order, and heavily dependent on Xinjiang, came into play. The Belt and Road passes from Xinjiang into a number of Muslim majority nations so the easiest way for the West to frustrate the economic and strategic challenge it represents would be for them to allege the mistreatment of Muslim people. None of these Muslim majority nations however have bought the argument but are instead heavily involved in the Belt and Road Initiative.

A man central to this sudden elevation of interest was Adrian Zenz, a fascinating figure to say the least. A fundamentalist end-time apocalyptic Christian, fiercely opposed to homosexuality and gender equality, and pro physical punishment of children, he came from obscurity to suddenly being claimed to be an expert on China and Xinjiang. Zenz describes his work concerning Xinjiang as a "mission". Of course, Zenz has significant backers being employed by the Victims of Communism Memorial Foundation. According to research carried out by British reporter Tom Fowdy, that organisation, based in Washington,



had its income suddenly jump from $US2 million to $US12 million in 2018, the beginning of the US trade war with China and the sudden emergence of stories concerning oppression of the Uyghurs. Zenz has even been invited to testify before the US Congress.

Zenz's figures of supposed detained Uyghurs, which keep rising, come from reports by Istiqlal TV, a Uyghur exile media organisation based in Turkey, with links to the East Turkestan Islamic Movement, a body declared a terrorist organisation by the UN Security Council. Zenz also cites reports from Radio Free Asia, a US-funded news agency created by the CIA. In an interview with the German paper, *Der Spiegel*, Zenz made the blatantly false charge that China has effectively outlawed the practice of Islam in Xinjiang. "Anyone in Xinjiang who engages in any type of religious practice, anyone who even has a single Koran verse saved on their mobile phone, will be subjected to a brutal process of re-education without trial," he maintained. This is clearly wrong. Xinjiang is often described as a "black hole", closed off to the world. Yet in 2019, prior to COVID-19, 200 million tourists visited the region, an increase of 41.6 per cent from 2018. To these many millions, evidence of people freely attending the thousands of mosques and carrying out other religious duties would have been abundantly clear. Muslim organisations even have online guides for visiting supposedly destroyed mosques.

Another source central to these charges is the Chinese Human Rights Defenders, an organisation almost entirely funded by the US Government through the National Endowment for Democracy; not that they are transparent about this. One needs to go to the tax records to find the truth. Based on interviews with just eight people from rural villages in the Kashgar Prefecture, this organisation ingeniously extrapolated a figure of one million detained Uyghurs.

Of China's policies in Xinjiang, sources such as these like to use highly emotional words such as "genocide" and "concentration camps" so to evoke a connection with the policies of Nazi Germany. Another word loaded with such emotive content is "sterilisation", with the charge being made that China has a policy of mass sterilisation of Uyghur women. The supposed evidence for this is that birth rates for Uyghur women have fallen. Of course, this ignores that birth rates for Chinese women as a whole, in line with what has been experienced across the world, have fallen as wealth has increased. Indeed, China specifically excepted ethnic minorities from its previous "one child policy".

It is widely, though falsely claimed, that the UN through the UN Office of the High Commissioner for Human Rights (OHCHR), has condemned China for

holding one million Uyghurs in prison camps. This claim arose from a regular review by the UN Committee on the Elimination of Racial Discrimination on China's compliance with the International Convention on the Elimination of All Forms of Racial Discrimination.

Australia's record recently came up for review, not very favourably. In the China review a single member of the review committee, the only one from the US, Gay McDougall, made the same types of clearly errant charges that China was forbidding the most basic of Muslim practices such as beard wearing, headscarfs and Halal products while holding one million in detention.

This claim was made in 2018, again before those millions of tourists would have clearly seen differently. The claim by one member of an independent body to a UN Committee, not sustained by even that committee, is a long way from the assertion that the UN has condemned China! Indeed, when the issue has been brought to the OHCHR it has been resoundingly defeated, Muslim majority nations siding with China.

The Australian Strategic Policy Institute (ASPI) has joined the chorus of criticism directed at China for its Xinjiang policies. While wishing to present itself as an independent body, funding sources arouse suspicion. Thirty-five per cent of its funding, what it designates as its core funding, comes from the Department of Defence, 32 per cent from other Federal Government agencies, along with 17 per cent from overseas government agencies, the largest being the US State Department, the US Embassy and UK Foreign Office.

Much of its non-government funding comes from arms manufacturers, likely to have a clear interest in stirring tensions with China. These include Thales, Naval Group Australia, Northrop Grumman, Lockheed Martin, and Raytheon.

A major part of ASPI's analysis has involved using satellite imagery to purportedly show re-education camps. Reportedly 380 sites have been found. Many of these have since been identified as schools, with clearly identifiable sports facilities, apartments, and offices, and even a 5-star hotel.

One would think there would be a suspicion of the use of satellite imagery following the Saddam "weapons of mass destruction" episode but evidently not. Using this satellite technology, much was made of the destruction of mosques, supposedly 16,000 of them! These include the 800-year-old Keriya Aitika Mosque. A simple Google Earth search however, shows it still standing untouched, its surrounds renovated with supposedly banned minarets.

Uyghur, Kashgar, Xinjiang, China (Photo: Michael Wong, flikr.com)

The story starts to further unravel when one considers that many diplomats, including those from Muslim majority states, have visited Xinjiang in the past few years, and that in 2019 the 46th Session of the Council of Foreign Ministers, Organisation of Islamic Cooperation commended, "the efforts of the People's Republic of China in providing care to its Muslim citizens". Further, again in 2019 the World Bank released a statement on its visit to Xinjiang, particularly the vocational centres, finding no aberrations.

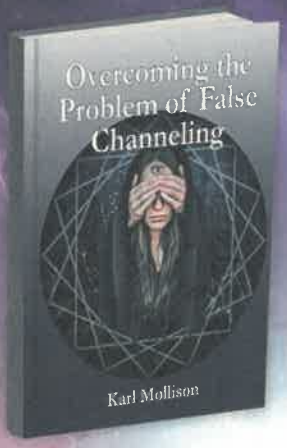
Though the Uyghurs are of Turkic origin, the Turkish leader Recep Erdoğan, a strong Turk nationalist, in 2019 claimed, "the peoples of China's Xinjiang live happily in peace and prosperity". Other nations dealing with Islamic fundamentalism have instigated anti-radicalisation programs. They include the UK, France, Denmark and numerous Muslim majority nations, Indonesia having the most extensive program. No doubt none of these programs are perfect but no country has faced the opprobrium directed at China.

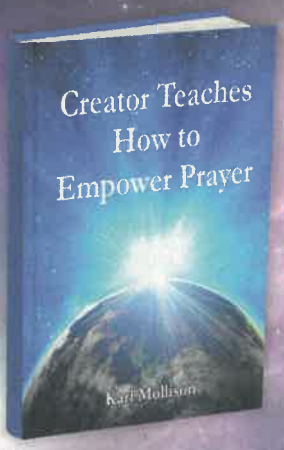
On close examination, the assumed story on Chinese oppression of the Uyghurs starts to fall apart and begins to be seen for what it primarily is, part of a concerted ideological campaign to darken the name of China, particularly as regards the Belt and Road Initiative. Rather than just accepting the assumed truth, one does well to read with eyes of suspicion. Concern for human rights ought not be used in such a clearly politicised manner, for in so doing we dangerously imperil genuine human rights advocacy.

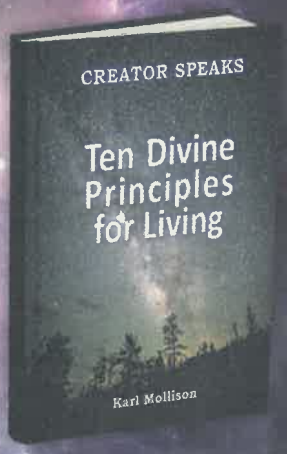
John Queripel is a Newcastle-based historian, theologian, social commentator and published author of three books.

(Source: johnmenadue.com, 30 September 2022, https://tinyurl.com/2hn3y43r)

Seeking The Truth?







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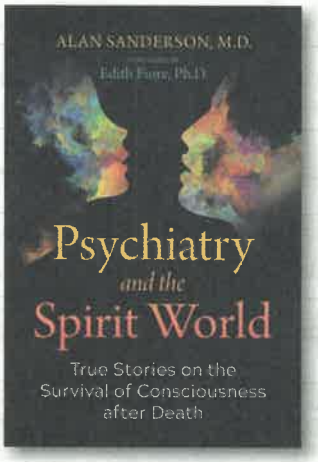

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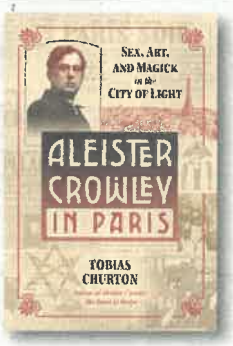

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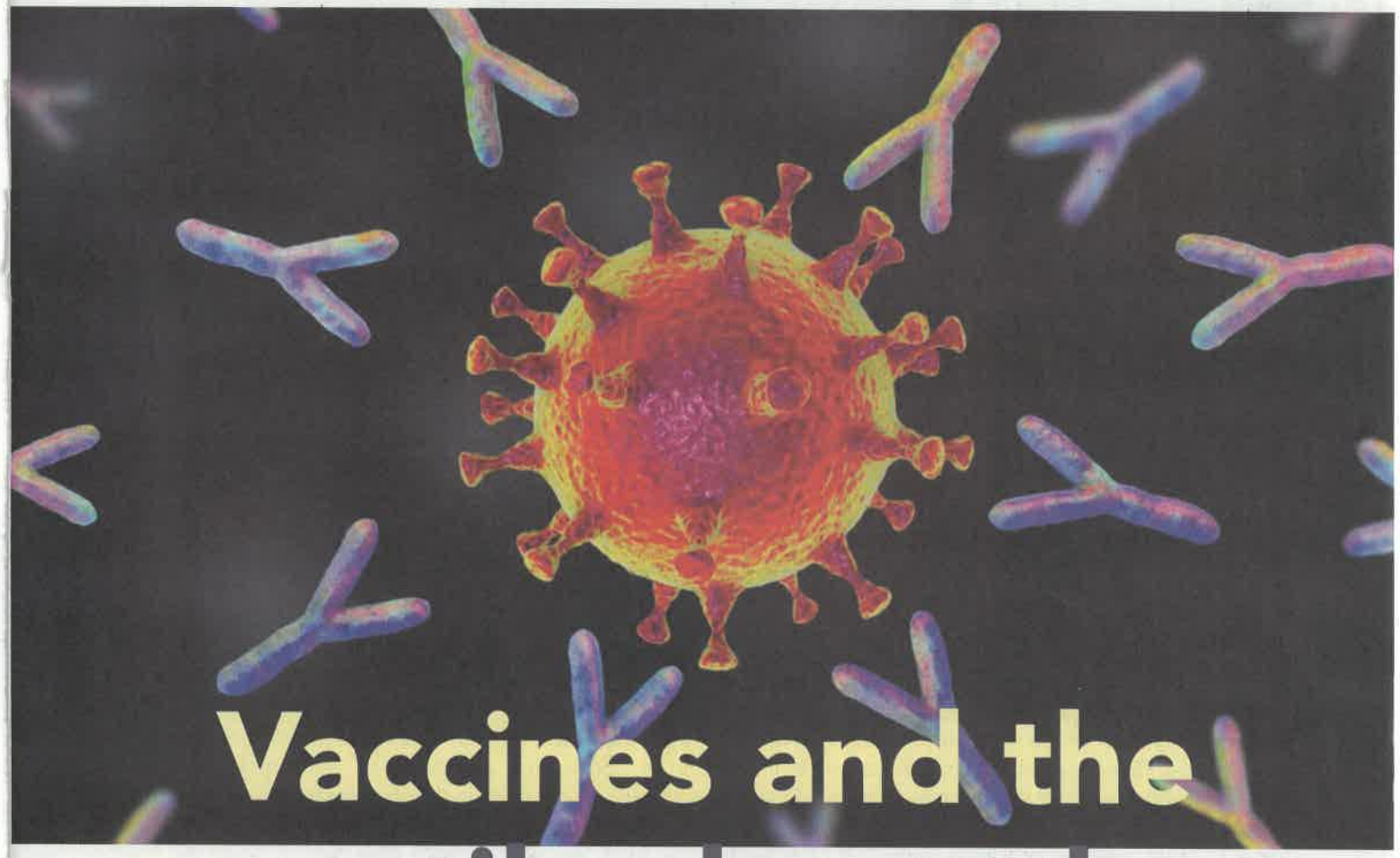


Vaccines and the antibody myth

Stephen McMurray © 2022

The "vaccines are safe and effective" mantra that politicians and the mainstream media have been chanting incessantly throughout the COVID-19 "pandemic" is now being shown to be complete misinformation—to use the establishment's term—as an increasing number of people awaken to the devastating health effects they are causing on a global scale. Numerous health professionals are now coming forward to state what was predicted by many and has been obvious to large numbers of people since the beginning of the COVID-19 saga. They are now admitting these gene therapy medications have virtually no benefits whatsoever and, on the contrary, can be highly dangerous and even fatal. Even experts who promoted the vaccines are now realising they were not the panacea they were claimed to be.

One such expert is Dr Aseem Malhotra, who was interviewed by Mark Steyn on GB News on 16 August 2022[1]. He admitted that he had promoted the vaccine on television but had since learned that, according to Pfizer's own research, they were not as effective as claimed. He stated he was also shocked when the FDA announced that the formation of antibodies in the body does not necessarily create immunity in that person.

Obviously, it is encouraging to note that the truth is eventually becoming inescapable to some of these

experts but what it also highlights is the complete lack of knowledge these medical professionals have on the subject. The fact that Dr Malhotra says he only just discovered the Pfizer vaccine's lack of efficacy is shocking considering many people made the observation at the time that the Pfizer trial data was misleading. It concentrated on the relative risk of becoming ill with COVID-19 if not vaccinated, compared to being vaccinated, instead of the absolute risk. Analysing the data from an absolute risk perspective reduces effectiveness from 95 per cent to less than one per cent[2]. Although, why anyone would simply believe without question what Pfizer says about its own products in the first place when the company has been fined billions of dollars for illegally marketing off-label drugs, bribing doctors to prescribe their products, excessive price hikes and paying out damages for the side effects of some of its other drugs, is incomprehensible[3].

Direct Correlation Between Antibody Response and Protection Against Disease Unproven

What is truly revealing about Dr Malhotra's comments is his statement about antibodies not producing immunity. This probably comes as a revelation to most people but should be common knowledge to anyone working in the field of immunology. The idea that just because one's body produces antibodies to a particular antigen, it doesn't necessarily mean it has immunity, has been known for a long time.

In a paper relating to the effectiveness of the whooping cough vaccine published by the USA's CDC in 1997 entitled, "Pertussis Vaccination: Use of Acellular Pertussis Vaccines Among Infants and Young Children Recommendations of the Advisory Committee on Immunization Practices (ACIP)" it clearly states:

"The findings of efficacy studies have not demonstrated a direct correlation between antibody responses and protection against pertussis disease"[4].

In 2014, *Medical Microbiology and Immunity* released a paper explaining that, although mice vaccinated with a strain of streptococcus produced high antibody levels, it did nothing to protect them from the actual disease. The following extract is from that paper:

"Vaccination of mice with rSpnA elicited a durable specific IgG response which was significantly increased after exposure to S. pyogenes (strainSF370) but failed to confer any protection from a sub-lethal challenge"[5].

The problem is not limited to a few vaccines either, it is widespread. In a 2001 article in *Vaccine*, it states:

"It is known that, in many instances, antigen-specific antibody titers do not correlate with protection"[6].

In fact, this knowledge goes back at least 70 years. In a 1950 report on antibodies and diphtheria by the British Medical Council, the author concluded there was no correlation at all between antibodies and immunity to the disease. The paper was written by a Dr Alec Burton who also discovered that children who suffered from agammaglobulinemia, a disease which prevents them from producing antibodies, still recovered from contagious diseases in the same manner as other normal children[7].

The idea that just because one's body produces antibodies to a particular antigen, it doesn't necessarily mean it has immunity, has been known for a long time.

Even veterinarians are aware of the tenuous link between antibodies and protection. Richard B Ford, Professor of Medicine at North Carolina State University states this quite clearly:

"While it may be possible to develop a laboratory test to measure one or more types of antibody to a particular pathogen, the correlation between antibody titre and protection is so poor (or non-existent) that test results are meaningless"[8].

It is clear then, and has been for a very long time, that antibodies do not equate to immunity. Yet the whole "science" of vaccinology is predicated on the idea that

vaccines create immunity because they force the body to produce antibodies to a specific antigen. Remove the foundation on which that myth is based and the whole vaccine edifice crumbles to dust.

Antibody-Dependent Enhancement

Moreover, the creation of antibodies can be detrimental by creating antibody-dependent enhancement (ADE), as an article from the Children's Hospital of Philadelphia explains:

> "ADE occurs when the antibodies generated during an immune response recognize and bind to a pathogen, but they are unable to prevent infection. Instead, these antibodies act as a 'Trojan horse', allowing the pathogen to get into cells and exacerbate the immune response."
>
> "In this scenario, the antibodies that the vaccine generated actually help the virus infect greater numbers of cells than it would have on its own. In this situation, the antibodies bind to the virus and help it more easily get into cells than it would on its own. The result is often more severe illness than if the person had been unvaccinated"[9].

In the 2006 editorial in the publication *Vaccines*, it addresses the issue of ADE. It clearly states that vaccines have harmed people due to this phenomenon:

"...many vaccine trials have been unsuccessful in producing the desired immunity and some have actually harmed participants".

It goes on to say:

> "...ADE raises concerns that sub-neutralising antibody production may enhance subsequent natural infections and increase disease severity. Vaccines are a routine medical intervention performed on healthy individuals. So, ADE needs to be considered seriously during vaccine development to ensure that vaccines protect individuals and do not exacerbate disease following subsequent infections"[10].

Clinical Infectious Diseases published an article in 1994 entitled "Antibody-Dependent Enhancement of Infection and the Pathogenesis of Viral Disease".

The following extract emphasises how dangerous ADE can be:

> "Various severe and even fatal viral conditions of humans and animals, including dengue shock syndrome, the 'early-death phenomenon' in experimental infections of immune animals, and other vaccine- and immunoglobulin-modified conditions, have been attributed to ADE by some researchers. ADE has caused great concern in relation to the development of vaccines against dengue virus and human immunodeficiency virus. More data are urgently needed on the mechanisms and determinants of ADE and on its alleged role in disease pathogenesis and in vaccine-associated phenomena"[11].

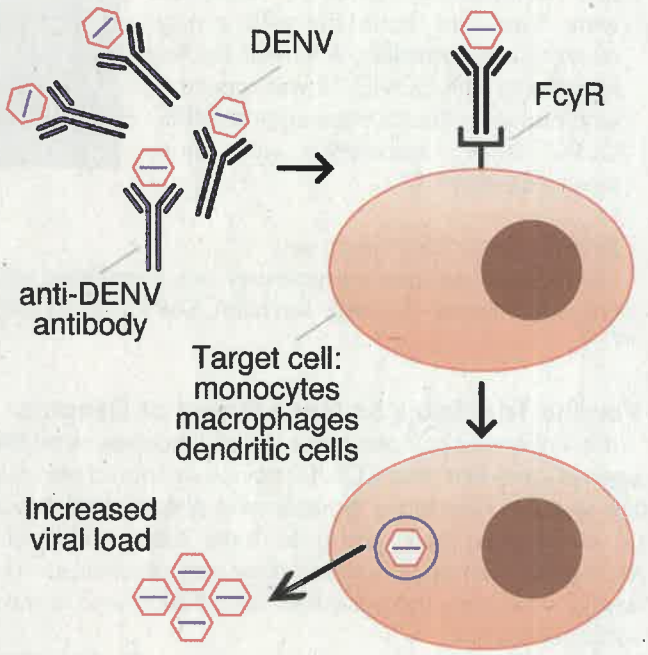
In an article in *Viral Immunology* entitled "Antibody-Dependent Enhancement of Virus Infection and Disease", the authors say:

"For some viruses, ADE of infection has become a great concern to disease control by vaccination." However, in a candid admission they also say: "However, the mechanisms of ADE still remain to be better understood[12]."

So, the vaccine manufacturers are fully aware that their products may cause ADE, do not fully understand why, but continue to manufacture them and distribute them to the public regardless.

The possibility that COVID vaccines could also be prone to causing antibody-dependent enhancement was raised as early as September 2020 before any country in the world had administered the first shots. The journal *Nature Microbiology* published a paper citing this very problem. It states:

> "Data from the study of SARS-CoV and other respiratory viruses suggest that anti-SARS-CoV-2 antibodies could exacerbate COVID-19 through



In antibody-dependent enhancement (ADE), antibodies bind to both viral particles and Fc gamma receptors expressed on immune cells, increasing the likelihood that the viruses will infect those cells.
(Image: cmglee, Mathilde Laureti, Divya Narayanan, Julio Rodriguez-Andres, John K. Fazakerley, and Lukasz Kedzierski)

antibody-dependent enhancement (ADE)"[13].

The paper notes that macaques vaccinated with the original SARS had more damage to their lungs than unvaccinated animals when the SARS virus was introduced into their bodies.

Numerous other studies supported the possibility that COVID vaccines could potentially cause ADE, as reported in the *Frontiers* journal. They found that mice vaccinated with SARS-CoV-1 developed pulmonary immunopathy and severe pneumonia when challenged with the virus and ferrets developed hepatitis[14].

Even the respected virologist and Nobel laureate, Luc Montagnier, alerted the world that this was happening in May 2021[15].

It is clear from the above that research showed ADE was a problem with relation to the original SARS virus and it would therefore be likely that vaccines for SARS-CoV-2 would also raise the same issues.

Both the *Nature Microbiology* and *Frontiers* articles then go on to reveal a very disturbing fact. They showed that those people with higher amounts of antibodies to COVID had the most severe disease.

The former stated the following:

"Concerns were first raised for ADE in patients with SARS when seroconversion and neutralizing antibody responses were found to correlate with clinical severity and mortality. A similar finding in patients with COVID-19 was reported, with higher antibody titres against SARS-CoV-2 being associated with more severe disease"[16].

And the latter had this to say:

"Early high antibody responses are correlated with increased disease severity for both SARS and COVID-19"[17].

Vaccine Trial Subjects Not Warned of Dangers

It is important to note that experts recommended that even people who had COVID previously should also take the vaccine. Therefore, people who already had a level of antibodies were going to have those antibodies increased dramatically when they got vaccinated. This would inevitably increase the risk of ADE and a more serious infection.

Another very disturbing issue relates to the COVID-19 vaccine trials themselves where, once again, it was known there was a clear risk of ADE. In an analysis of various trials that were undertaken, authors Timothy Cardozo and Ronald Veazey note in their paper published in *The International Journal of Clinical Practice*, that antibody-dependent enhancement was a real possibility for trial subjects and that they were never warned of this.

"COVID-19 vaccines designed to elicit neutralising antibodies may sensitise vaccine recipients to more severe disease than if they were not vaccinated."

"The prior evidence that vaccine-elicited, antibody-dependent enhancement (ADE) of disease is likely to occur to some degree with COVID-19 vaccines is vertically consistent from controlled SARS studies in primates to clinical observations in SARS and COVID-19. Thus, a finite, non-theoretical risk is evident in the medical literature that vaccine candidates composed of the SARS-CoV-2 viral spike and eliciting anti-SARS-CoV-2 antibodies, be they neutralising or not, place vaccinees at higher risk for more severe COVID-19 disease when they encounter circulating viruses".

They then go on to state that this risk was hidden from the trial participants:

"This risk is sufficiently obscured in clinical trial protocols and consent forms for ongoing COVID-19 vaccine trials that adequate patient comprehension of this risk is unlikely to occur, obviating truly informed consent by subjects in these trials".

Informed consent is supposed to be one of the cornerstones of medical practice and is especially important with clinical trials of new drugs as they have never been used before and therefore a number of unforeseen side effects are possible. The fact that the pharmaceutical companies running these trials knew ADE was a potential problem and concealed this from the participants is not only unethical but criminal.

The authors conclude by saying:

"The specific and significant COVID-19 risk of ADE should have been and should be prominently and independently disclosed to research subjects currently in vaccine trials, as well as those being recruited for the trials and future patients after vaccine approval, in order to meet the medical ethics standard of patient comprehension for informed consent[18]."

Conclusion

The only conclusion to draw is that most medical professionals, even those that promote the COVID-19 vaccines, are completely ignorant of the facts regarding how vaccines are supposed to work, the dubious science behind them and the myriad side effects accompanying them. Worse still, a lot of the people who are aware are quite content to promote them anyway despite the carnage they are now wreaking on the unsuspecting populace.

In future, instead of naively believing what the pharmaceutical companies tell them, perhaps the so-called experts should do some diligent research of their own before recommending potentially life-threatening medical products to the unwary public.

About the Author:

Stephen McMurray has diplomas in herbalism and naturopathy and is an avid researcher into all aspects of natural health. However, natural health is only one of his interests. He also delves deeply into all subjects under the umbrella of conspiracy and is intrigued by all things paranormal. McMurray is an occasional guest writer for Davidicke.com and his previous contributions to NEXUS include "Enoch's Encounters with Extraterrestrials", volume 28, number 2, (Feb–Mar 2021), "Contaminated Vaccines: A Threat to Human and Animal Health", volume 25, number 4 (Jun–Jul 2018), and "The Dark Side of Antibiotics", volume 24, number 6 (Oct–Nov 2017).

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The Titanic disaster was an elaborate insurance fraud

John Hamer © 2022

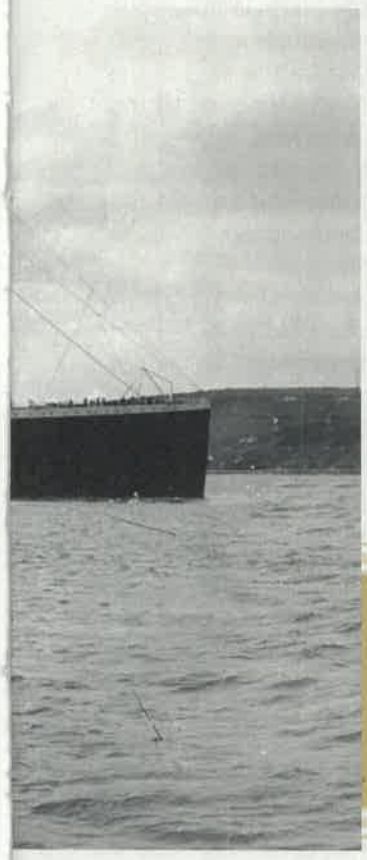
It is a little-known fact that in late 1910, seven men met in absolute top secrecy on Jekyll Island just off the coast of Georgia, USA to plan the formation of a new central bank, the Federal Reserve Bank. I submit that their intention was to wrest the control of money creation from the US Government and place it into private hands for the purposes of fraudulently siphoning money away from the public and into their own already bulging accounts.

Nelson Aldrich and Frank Vanderlip represented one of the accused—the Rockefeller financial empire, Henry Davison, Charles Norton and Benjamin Strong represented J.P. Morgan and Paul Warburg represented the Rothschild's banking dynasty of Europe. It is known that these men all took great care to conceal their identities and their fateful mission, all of them travelling incognito, using first names only for added security:

"Picture a party of the nation's greatest bankers stealing out of New York on a private railroad car under cover of darkness, stealthily riding hundreds of miles South, embarking on a mysterious launch, sneaking onto an island deserted by all but a few servants, living there a full week under such rigid secrecy that the names of not one of them was once mentioned, lest the servants learn the identity and disclose to the world this strangest, most secret expedition in the history of American finance. I am not romancing; I am giving to the world, for the first time, the real story of how the famous Aldrich currency report, the foundation of our new currency system, was written... The utmost secrecy was enjoined upon all. The public must not glean a hint of what was to be done. Senator Aldrich notified each

one to go quietly into a private car of which the railroad had received orders to draw up on an unfrequented platform. Off, the party set. New York's ubiquitous reporters had been foiled... Nelson (Aldrich) had confided to Henry, Frank, Paul and Piatt [Andrew] that he was to keep them locked up at Jekyll Island, out of the rest of the world, until they had evolved and compiled a scientific currency system for the United States, the real birth of the present Federal Reserve System, the plan done on Jekyll Island in the conference with Paul, Frank and Henry... Warburg is the link that binds the Aldrich system and the present system together. He, more than any one man has made the system possible as a working reality."

– Bertie Charles Forbes, *Forbes* Magazine, 1928



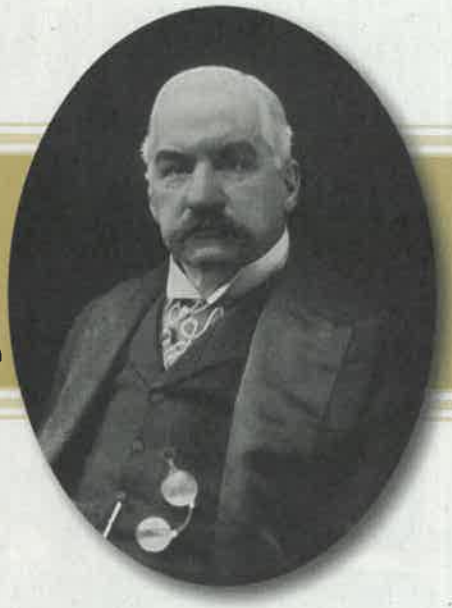
The Morgans, the Warburgs and most especially the Rothschilds and the Rockefellers are often strong competitors for short-term profits, yet these banksters are prepared to commit to joint ventures whenever necessary to further the greater "cause". In 1913 the Federal Reserve Bank was established by the US national banking cartel and according to G. Edward Griffin in *The Creature from Jekyll Island* "*...it tells a story of how bankers have lured politicians with easy money and end up in control of most of the world.*"

These banksters are constantly working towards the destruction of constitutional liberty in America and worldwide and are slowly but surely grabbing all the resources of the world and importuning them for their own insidious purposes.

J.P. Morgan and White Star Shipping

Now, running in parallel to all this, at the turn of the 20th century, John Pierpont (J.P.) Morgan was in control of the British-based White Star shipping line as well as a significant portion of all American finance and commerce, and in 1908 he took the decision to build a new class of luxury liners to enable the wealthy to cross the Atlantic in absolute luxury. This class of ships was to be named the "Olympic" class and so construction of the giant vessels the *Olympic*, the *Titanic* and the *Britannic* began in 1909 at the Harland and Wolff shipyard in Belfast, Ireland.

However, rather unfortunately for Morgan and his personal bank balance, this money-making venture stalled somewhat. The *Olympic*, the first one of the proposed three sister ships to be completed was involved in a heavy collision with the British Royal Navy cruiser, HMS *Hawke* in September 1911 off the south coast of England, a few weeks after its maiden voyage and had to be extensively "patched-up" before embarking on the return journey to Harland and Wolff's shipyard in Belfast, Ireland in order to undergo full damage assessment and proper repair work. At this time, the only dry dock in the world large enough to accommodate her was in Belfast.

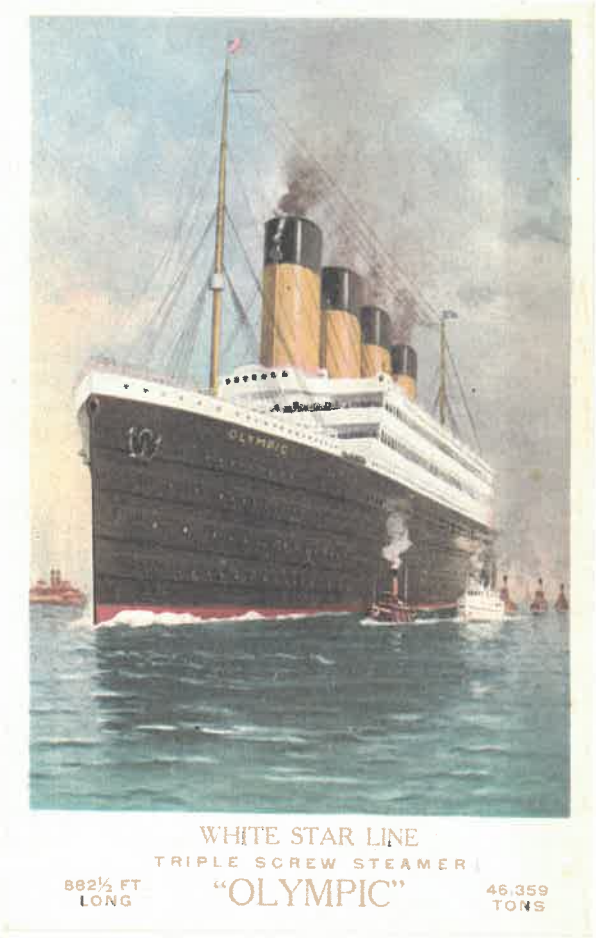


J.P. Morgan

It is worth noting at this point that although the *Olympic* was the first of the virtually identical triplet "sisters" to be completed and enter service, she was never given the publicity, nor enjoyed the huge public acclaim that her younger sister enjoyed, the following year? Why would that be? Surely the big fanfare and carnival-like atmosphere surrounding the maiden voyage of these "floating wonders of the age" should have been reserved for the first one to enter service, *Olympic*, not the second one, *Titanic*? Indeed, in comparison, the occasion of *Olympic*'s maiden voyage in 1911 passed relatively quietly. Could the huge accolades and publicity accorded to *Titanic*'s maiden voyage possibly have been part of the banksters' conspiracy to entice the rich and famous to her maiden voyage, for reasons that will become apparent shortly? Anyway, back to the other

"thread" of this story....

In the meantime a Royal Navy enquiry into the accident, not unexpectedly, found the pilot of the *Olympic* and thus the White Star Line culpable for the collision and this in effect meant that the White Star Line's insurance was null and void and the company would therefore be liable to pay for all the costs of the repairs to both ships themselves, despite the fact that it was patently obvious from the enquiry transcripts that it was the helmsman of HMS *Hawke* who bore culpability for the incident. But to make a long story short, this meant that the White Star Line was out of pocket to the tune of at least $3.2m (around $300m today) for repairs *plus* the lost revenues whilst the ship was unable to earn its keep. Obviously, the massive financial investment of the White Star line (and Morgan) needed to be recouped as soon as possible and this therefore placed severe pressure on the organisation and impacted upon the final completion



RMS *Olympic*

of the *Titanic*, further contributing to the financial black hole in which White Star now found itself increasingly being consumed.

However, for Morgan and White Star, even worse news was to come. The damage to the *Olympic* was far more severe than anyone had expected, and the situation was even further exacerbated by the *Olympic* being involved in yet another incident involving a partially submerged wreck. Although the damage inflicted in the *Hawke* incident had been shored-up as well as it could have been, there were rumours circulating amongst the Harland and Wolff workforce and the White Star crews that all was not well with *Olympic* and this was confirmed beyond doubt when it lost a propeller blade in the above episode, causing further severe vibrational damage to the already damaged ship. I believe that the keel of the ship was actually twisted and therefore damaged beyond economic repair, which would have effectively meant a one-way trip to the breakers yard for her. As this was almost certainly the case, it is virtually certain that the White Star Line would have been bankrupted, given its by now precarious financial situation.

"...it took a fortnight [two weeks] of emergency patching to Olympic's hull before she was in any fit state to attempt the journey from Southampton to Belfast for more complete repairs. Able to use only one main engine, the crippled liner made the voyage at an average speed of 10 knots, wasting the exhaust steam from the one usable engine. This steam would normally have driven the central turbine engine, which shows that this engine, its mountings or shafting had been damaged in the collision. As this engine sat on the centreline of the vessel, immediately above the keel, which the propeller shaft ran through, we can reasonably assume that the keel was damaged."

– Robin Gardiner, *Titanic: The Ship that Never Sank?*

In this hypothesis therefore, the seeds had been sown for a truly remarkable, yet little known event; the surreptitious switching of the identities of the two ships, *Olympic* and *Titanic*.

Switching the *Olympic* for the *Titanic*

My extensively researched series of credible testimonies, indisputable facts and evidence, both written and photographic, would seem to point to the fact that the two ships were indeed switched with a view to staging an iceberg collision or other fatal event, with the *Titanic* (originally the *Olympic)* and many of its passengers and crew being sacrificed in an audacious insurance scam which would save White Star and J.P. Morgan, from financial ruin.

Almost two months after the *Hawke/Olympic* collision, the reconverted *Titanic*, now superficially identical to her sister except for the C deck portholes, quietly left Belfast for Southampton to begin a very successful 25-year career as the *Olympic*. Back in the builders' yard, work progressed steadily on the battered hulk of *Olympic*. The decision to dispose of the damaged vessel would already have been taken. It must have been obvious from quite early on that the vessel was beyond economic repair, so these repairs need not have been quite as thorough as

they otherwise might have been. Instead of replacing the damaged section of keel, longitudinal bulkheads were installed to brace it.

How significant then in the light of this fact (highlighted above), that when the wreck of the *Titanic* was first investigated by Robert Ballard and his crew after its discovery in 1985 that the first explorations of the wreckage revealed (completely undocumented in the ships original blueprints) iron support structures in place, which appeared to be supporting and bracing the keel. This was never satisfactorily explained either at the time or subsequently, but would certainly be significant if correct and there is absolutely no reason to believe that it is not correct, as it was reported by the puzzled Ballard himself who of course at that time knew nothing about the alleged switching of the two ships' identities.

Killing Two Birds With One Stone

So, let us return once more to the other parallel "thread" of this story... Meanwhile, in the USA there were a number of powerful men who were not in favour of the proposed Federal Reserve Banking System. Benjamin Guggenheim, Isidor Straus and John Jacob Astor were the most prominent among those who opposed the formation of this abomination. They were amongst the richest men in the world, but their money was accrued through industrial, retail and leisure interests, rather than through the financial sector and they stood firmly in the way of the banksters' plan.

Why would they oppose the plan though? What would be the detriment to themselves and their personal fortunes? Simply that they knew how the Federal Reserve System would intrinsically work. By its design, all currency would be issued along with its own interest accrued and "built-in" and this one element above all others is the reason for the exponential inflation inherent within the Central Banking system. Guggenheim, Straus and Astor well knew that their own bank balances would be severely impacted by the effects of the inevitable, extreme inflation. Inflation is of course simply the expansion of the amount of money in circulation, which has the detrimental effect of reducing its scarcity proportionally, thus causing the knock-on effect of a rise in prices of goods and services. Inflation is also often described as a kind of "hidden taxation" and for a very good reason; it naturally diminishes the purchasing power of any currency as we have witnessed especially over the last century with, for example, a loaf of bread which in 1913 cost around 1p (UK Sterling) and now costs in the region of £1 (UK Sterling). This phenomenon is nothing more or less than the direct result of inflation, caused directly by the central banking fraudulent system of money creation.

So, it is my considered view that Morgan and the banksters hit upon a really neat "kill two birds with one stone" solution whereby White Star would solve the *Olympic* "problem" and also enable the Federal Reserve

THE NEW YORK HERALD.

THE TITANIC SINKS WITH 1,800 ON BOARD; ONLY 675, MOSTLY WOMEN AND CHILDREN, SAVED

MOST APPALLING DISASTER IN MARINE HISTORY OCCURS WHEN WORLD'S LARGEST STEAMSHIP STRIKES GIGANTIC ICEBERG AT NIGHT

Scores of World's Most Widely Known Persons, Including Colonel John Jacob Astor and His Wife, William T. Stead and Isidor Straus Among Those Whose Fate Is in Doubt.

New York Herald front page about the Titanic disaster, 15 April 1912
(*New York Herald*, Library of Congress)

Bank to be established, with little or no powerful opposition to stand in their way. Perfect.

Guggenheim, Straus, and Astor, therefore, along with many other prominent people of the day were subtly enticed to board the by now hyped-up to be, highly prestigious maiden voyage of the *Titanic* with a view to ending their opposition to the Federal Reserve plans forever. They of course had to be eliminated in such an outrageous manner that no one would suspect they were actually murdered and also using a method that would completely obscure the real reason for their demise.

Simply arranging for all three men to undergo separate "accidents" would have appeared far too suspicious, so they decided to lure them to the same place at the same time and *Titanic*'s pre-determined, ill-fated maiden voyage was the ideal solution. There is little doubt in my mind that this was the real reason for all the hype surrounding *Titanic*'s maiden voyage despite the fact that the *Olympic* was accorded a much less publicised or flamboyant "send-off" on the 14th of June 1911, even though she was after all, the first of the "sisters" off the production line.

Morgan himself also had a reservation to travel on the ship, but as was always intended, he had a "last minute

change of plan" due to a so-called "bout of ill health" and significantly failed to show at Southampton at the appointed time and so his personal stateroom remained empty. The huge vessel pulled away from Southampton docks on the afternoon of the 10th of April 1912, to the delight of the cheering masses on the quayside.

Is it possibly also significant that Morgan ordered that an expensive collection of bronzes that he had purchased in Paris should be unloaded from the ship at the last minute, too? And incidentally, Morgan was seen a few days later in a French holiday resort with his mistress, appearing to be in absolute rude health.

Another strange anomaly is that *Titanic* actually set sail on her maiden voyage only around half full, in the midst of a six-week-long coal strike in Britain that had in effect prevented 95 per cent of scheduled Atlantic crossings taking place. Many applicants for first-class tickets on *Titanic* were inexplicably only offered second-class cabins despite the fact that many first-class cabins remained empty, thus discouraging many would-be passengers from sailing.

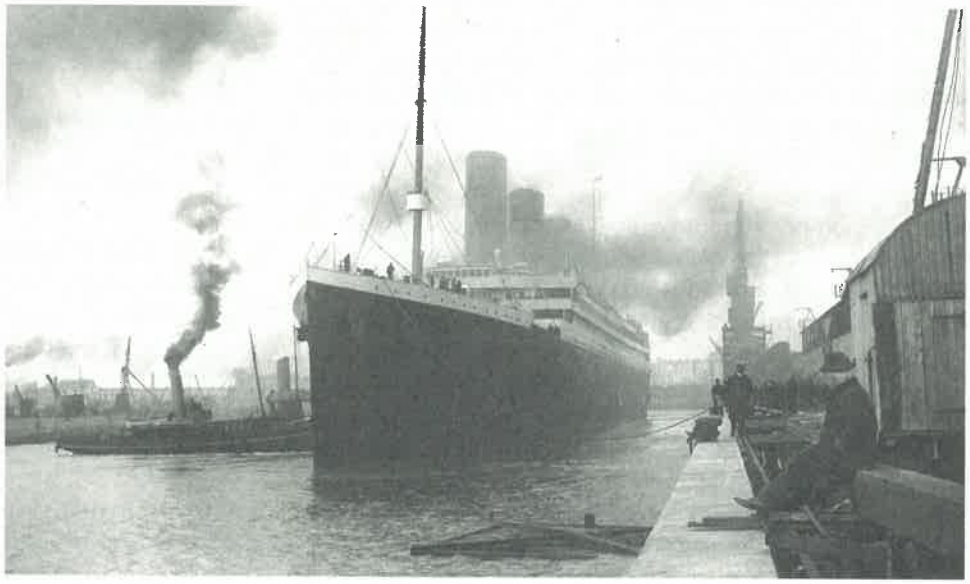
And as is now well known and documented, there were not enough lifeboats for the full complement of passengers and crew and some of them left the ship as little as only one-quarter full in any case. This fact could well have been used to its full advantage in the execution of the master plan.

The captain strangely ordered white flares to be launched, knowing full well that the international standard colour of distress flares was red. *Titanic* possessed a full complement of white, blue, *and* red flares. Other ships passing within sight of these flares were intentionally confused and thought that maybe those aboard *Titanic* were having a fireworks party. This of course was also all part of the grand plan.

The book and feature film of the same name most responsible for the ubiquitous *Titanic* myths prevalent today, *A Night to Remember* was published in the 1950s by Longmans, Green & Co. and written by Walter Lord. Lord was well-known to be a "former" member of the US intelligence services (OSS and CIA) but given the fact that anyone who has been a member of these organisations always in effect remains a member, can we really rely on his accounts or are they just more subterfuge amongst a morass of contradictory stories surrounding the event? What would motivate a "former" member of one of the world's elite security services to write a book about an accident involving an ocean liner, forty years previously? As always seems to be the modus operandi in any suspected "conspiracy", we are bombarded with these so-called "facts" by the controlled media, to such an extent that we believe that they cannot possibly be untrue or deliberately misleading. However, many of the major *Titanic* "facts" have subsequently been proven to be false but somehow the same version of the story still persists as the absolute de facto truth. Such is the power of propaganda on the human mind and significantly, symptomatic of the methodology by which most history is perverted.

As I delved deeper into the story, more and more inconsistencies became apparent. Inconsistencies that individually meant little but collectively pointed to a grimmer reality than that usually depicted in the heroic legend. Officers who were later acclaimed as heroes were exposed as anything but. One in particular removed a little boy from a lifeboat at gunpoint, before escaping in that same boat himself.

Descriptions of the collision and damage supposedly sustained by *Titanic* do not agree. The "slight scrape" with the ice that was hardly noticed by most aboard contradicts solid evidence of structural damage at least five-and-a-half feet (1.6 metres) within the outer hull of the vessel.



***Titanic* at Southampton docks, prior to departure**

Then came evidence to show that the ice the ship encountered was seen first not 500 yards (480 metres) ahead but more like 11 miles (17km).

Indeed, did *Titanic* actually strike an iceberg at all? We only have the eyewitness testimony of four people, believe it or not, with which to confirm or deny this fact. First Officer Murdoch would have been the fifth witness but "fortunately" for the perpetrators he did not live to tell his story. Is it not more than possible that the copious

amounts of ice on the deck of *Titanic* reported by many survivors could easily have been the result of any collision dislodging the icy build-up on masts, funnels etc., or it could even have been easily shaken loose from the hundreds of yards of overhead rigging and wiring by the thrusting of the ships engines abruptly into reverse? It was after all an extremely cold, still night with temperatures well below freezing.

Then there is the gouge in the side of the ship itself—1.6 metres deep through the outer steel plates and into the inner skin! Compacted ice is known to be very strong, indeed stronger than steel under certain conditions, but there is no evidence that I am aware of that it is capable of doing such catastrophic damage to steel. In addition, the relatively narrow, 15cm (6in) puncture line in the ship's hull in conjunction with a penetration of around 1.6m (5ft) deep and 80m (250ft) long, would indicate an almost impossibly shaped ice outcrop colliding with the ship at exactly the most critical point and sustaining the same critical damage along a large proportion of the entire length of the ship.

There exist so many different possibilities that the official story is likely just an elaborate fabrication. Both the American and British official inquiries were even thought at the time to be pretty much "whitewashes", with much evidence either ignored and eyewitness testimonies being twisted or indeed fabricated to fit the "official" story. It is staggering also to report that of the 102 witnesses called to the British enquiry, only two were passengers (the influential Gordons of the famous London gin company) and it is even more surprising to learn that none of the witnesses (crew or passengers) were allowed to offer their own first-hand evidence of any kind and were strictly restricted to the simple answering of questions without elaboration. By any standards at all, this sounds very much like a whitewash. The passage of time has also served to cloud the mystery still further.

We should also note that amongst all the myriad of (probably) deliberately conflicting information unearthed by the two inquiries, the most puzzling of all is the situation regarding the "yellow-funnelled steamer" observed in the proximity of *Titanic* by the officers and crew of *Californian* at around the time of the incident and which has never been either identified or explained away at all. Significantly, this odd occurrence does not even warrant a mention in any surviving *Titanic* legends—very strange to say the least, despite its appearance in several contemporary newspapers. The crew of this ship (who or whatever she was) must have been aware that they were in the approximate area of the *Titanic*'s demise at the same time, so why did no one from the ship come forward to volunteer any evidence or information or simply to state that they had seen nothing significant, instead of disappearing into the mists of history forever? It also begs the question as to why no attempts were made to discover the identity of this ship either by the inquiries or subsequently by independent investigators. Even if attempts were made at the time, as far as I am able to tell, they have been very successfully covered up and no evidence remains today. Could this mysterious, yellow-funnelled vessel have been responsible for the devastating damage to *Titanic* in any way? I personally believe it is a very strong possibility and that the "iceberg collision" is just a cover story concocted to protect the guilty.

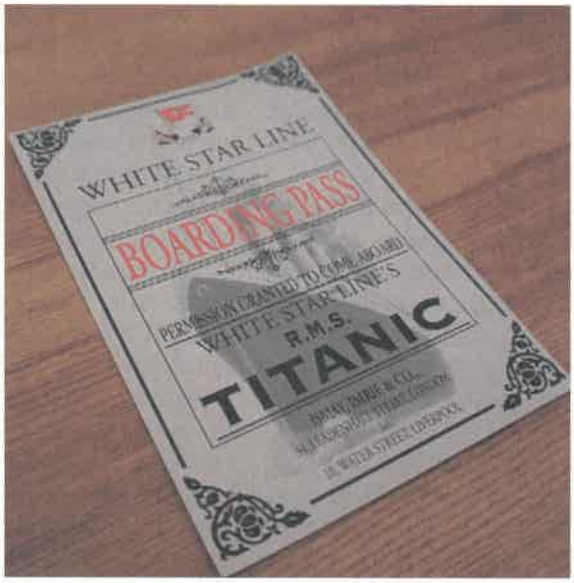
"...I saw another steamer approaching and asked [the wireless operator] what vessels he had within reach; he replied: 'The *Titanic*', whereupon I replied, 'That is not the *Titanic*; she is too small and hasn't enough lights.' Shortly afterwards this steamer stopped and was bearing S.S.E. about five or six miles from our position. ...[T]he chief officer was sweeping the southern horizon with his glasses, and finally reported he saw a four-mast steamer with a yellow funnel to the southward of us and asked if we should try to get down to have a look at her."

– Captain Lord of *Californian* in an interview with an American newspaper, 1914

Lord became the official scapegoat for the disaster for his so-called "negligence" in not rushing sooner to *Titanic*'s aid as the *Californian* was probably only about 11 miles from her when she went down.

The Cover-Up and Rewriting of History

Furthermore, upon arriving back in England at Plymouth docks, from New York aboard the steamer *Lapland*, two weeks after the disaster, 173 of the surviving crew members both male and female were firstly, illegally denied their rights to speak with their trade union representatives. Then in addition they were also illegally detained overnight against their wishes (the common terminology for this act is unlawful imprisonment or even kidnapping) in a containing area within the dockyard itself where they were forced to sign a document that they believed was the Official Secrets Act, promising to keep secret forever, the actual events of the night of 14th–15th April. Otherwise, they were told, they would be prosecuted and never work again, not just for White Star but for any other employer. In those now long-gone days, the inability to procure gainful employment could be almost a death sentence to the crews and their families. So, make of that what you will, but there is no apparent reason why this should happen if the official story was the truth. It is also worth noting that also in those days it was far easier without mass and instantaneous communication devices, to invent or twist facts and bury individuals' own stories. Today of course, any of the survivors' personal experiences would be viral on the internet within hours of the event.



So, did Captain Smith deliberately steer *Titanic* into a huge icefield without reducing speed in order to create the cover story of the iceberg collision knowing that he was setting up *Titanic* to be rammed by the yellow-funnelled mystery ship, in fulfilment of the banksters' dastardly plot? There were hardly any eyewitnesses to what actually happened after all, so this proposition seems very plausible given all the circumstantial evidence. Along with the officer on duty on the Bridge at that time, First Officer William Murdoch and Quartermaster Hitchens plus Quartermaster George Rowe on the after bridge, lookouts Frederick Fleet and Reginald Lee were the only other ones known to have personally witnessed the appalling events.

Of these five witnesses, only four survived, significantly all of them "lower-class" people, and placing undue pressure on four working-class people to keep quiet over a century ago, would have been a relatively simple task. First Officer Murdoch is perhaps significantly said to have "committed suicide" in the aftermath of the collision whilst the ship was being abandoned. However there is no solid evidence available with which to corroborate this fact. Why would he do this? He has also been accused of shooting passengers before turning a gun on himself, something that his family and descendants have disputed vehemently ever since. So, could there be a more sinister explanation for his demise along with that of Captain Smith? Down the years, suicide has always been a very convenient cover story for many a silencing murder and in addition it is perhaps significant that none of the "three stooges", (Guggenheim, Straus, and Astor) survived to tell their stories either.

How easy would it have been under the circumstances and in the post-collision mayhem and confusion, for a paid assassin to dispose of Messrs Smith, Murdoch, Guggenheim, Straus, and Astor, in order to make absolutely certain that none of them escaped their planned fates against all the odds?

Thus, these wealthy men, who opposed the formation of the execrable Federal Reserve System (granted, due to their own conflicting financial interests and not out of any great concern for the plight of the masses) were disposed of, along with the "collateral damage" of fifteen hundred other innocents. This effectively eliminated the major opposition, who due to their own large, personal fortunes (amounting to hundreds of billions of dollars at today's values) and great influence, could not have been "bought" or unduly influenced in the same way that the politicians of Congress were.

But would these banksters murder so many innocents in cold blood simply to eradicate three opponents, for financial gain? Unfortunately, this is just one small example among many, many others. These multi-generational mass murderers routinely kill and even commit genocide to maintain their own status, wealth and positions of power and promote their own agenda. Any group capable of sacrificing billions of people's health, wealth and prosperity for generations to come, in a scheme to gain financial control of the world for themselves, would stop at nothing at all to achieve their own selfish ends. Murdering a ship full of innocent passengers including women and children simply for financial gain makes these monsters in human form more

than capable of sinking the same ship of people just to dispose of three powerful enemies who stand in the way of their nefarious ambitions. To them it is nothing personal, just "business". Where have we heard that before? The presence of both motives, the insurance pay-out calculated to save Morgan's business interests and the elimination of their opponents in one simple manoeuvre, makes the scenario doubly plausible.

And thus it duly came to pass that in December 1913, the Federal Reserve System came into being without serious opposition in the United States. Very shortly afterwards, the banksters had accrued sufficient funding through the despicable methods of the Federal Reserve Bank to move to the next phase of their plan and commence their plans for next coup upon humanity and begin World War I...

About the Author:

John Hamer lives in North Yorkshire, England and spent most of his working life as a corporate slave to the IT industry, before "seeing the light", and finally escaping corporatocracy over twenty years ago. Since then Hamer has been a full-time professional, geopolitical researcher, analyst, public speaker, and author, having written and has published eight books to date, including one as co-author with his very good friend and writing partner, Shannon Rowan. His first, *The Falsification of History* (2012) was, and continues to be, a great success. Hamer has also extensively researched the *Titanic* myths and legends and has published two books on the topic: *RMS Olympic* (2013) and *Titanic's Last Secret* (2014) (a novel based on the factual RMS *Olympic* book), both of which propound the theory, backed up with plenty of evidence, that it was not RMS *Titanic* that sank on that cold April night in 1912, but her identical twin sister, RMS *Olympic*—and outlines in great detail the reasons for the gross deception, and how the hoax was facilitated and subsequently covered-up. In May 2016, Hamer published *Behind the Curtain*; a huge two-volume, 600,000+ word exposé of the fraudulent worldwide monetary and banking systems. His next work was a new take on the JFK assassination, *JFK—A Very British Coup*, (2019) which names and shames the British Crown as prime movers in the plot. This was followed by *The Falsification of Science* (2021), which is a sister volume to *The Falsification of History*. *Welcome to the Masquerade* was written jointly by Hamer and Rowan and was published in April 2022. This a thorough and comprehensive exposé of the events of 2020–21. For more, visit Hamer's website at http://falsificationofhistory.co.uk.

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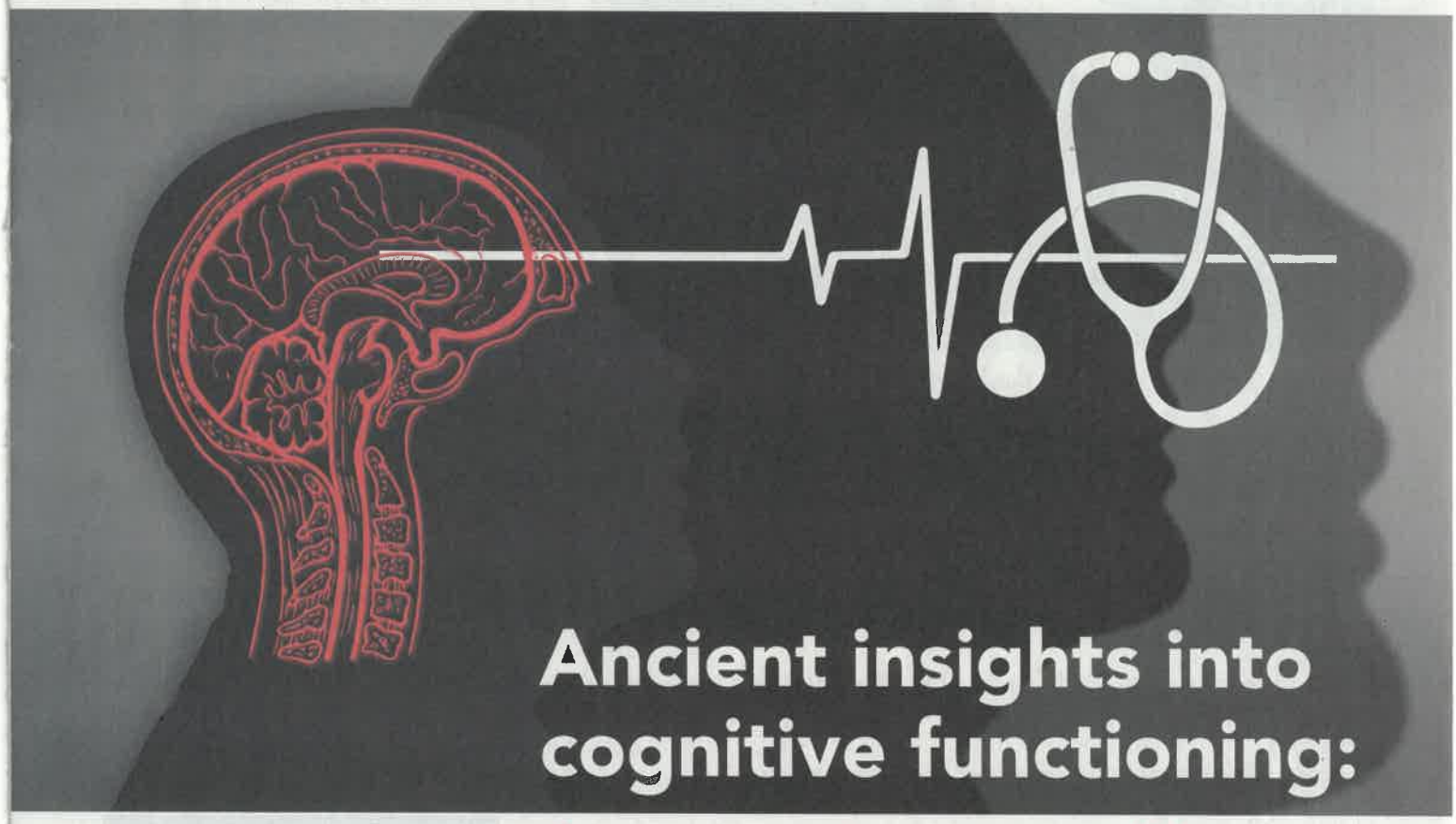


Ancient insights into cognitive functioning:

Are neuroscientists walking a well trodden path?

Paul S. Lloyd, PhD © 2022

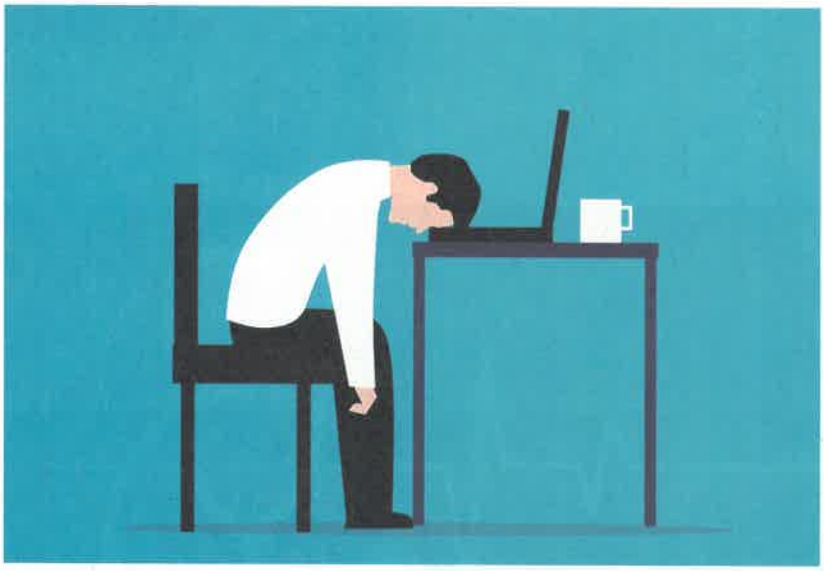
"But whoever, rejecting and despising all these [old medicine familiarities], attempts to pursue another course and form of enquiry, and says he has discovered anything, is deceived himself and deceives others."

– Hippocrates, 400 BCE[1]

Abstract

Recent publication of neuroscientific research illuminates some interesting and important findings on factors affecting the functioning conditions of the human brain. However, in this paper I show that medical experts in antiquity were well aware of much of this "new" information, if not its finer points and, because in at least one respect they even expressed apparent knowledge that seems to reach beyond science's current understanding, to some medical historians there is little in recent revelations to surprise us.

Following the discovery by scientists in October 2013, which proudly announced that a good night's sleep clears out toxins accumulated in the brain following exhaustive mental work, the public has now been informed about recent scientific research on toxins and their effect on cognitive



functions. Intensive mental activity, such as prolonged reading or in-depth studying, we were told as recently as August 2022, generates the build-up of dangerous toxins in the brain that causes the organ to curtail one's concentration in order to facilitate self-preservation. These scientific revelations undoubtedly are both intriguing to inquisitive members of the public, engaging to medical students, and potentially useful in the field of healthcare; but to what extent are these discoveries actually new?

Here I expose the fact that knowledge of the accumulation of toxins in the brain, the reasons for such a build-up, the consequences of this to health, and even how to prevent and/or cure the problem, are anything but new. I provide evidence to show that all of this was well known to physicians and medical writers not only in early modern times, but also to experts in the early medieval period. Indeed I present documentation to prove that this, likewise, was perfectly familiar to perspicacious medical specialists way back in antiquity. But first, for those who might have missed the comprehensive media coverage of these "modern" scientific findings, I equip my readers with an overview containing links to further reading.

Academic research funded by The National Institute of Health led to the disclosure in the prestigious scientific journal *Science* on 18 October 2013 that the brain may flush out toxins during the time when a person is sleeping or is anaesthetised.[2] The BBC's health and science reporter James Gallagher described this discovery using layperson's language on the day before it appeared in *Science*. The American team of scientists, the BBC revealed, believes that the removal of neurotoxic waste products, or the "waste removal system" is one of the reasons for sleep. Further, the scientists suggest that toxic proteins left behind "may play a role in brain disorders". Gallagher quoted an expert on sleep saying "...it shows sleep may contribute to the restoration of brain cell function and may have protective effects".[3]

The more recent investigative research, undertaken by neuroscientist Antonius Wiehler and his team at the prestigious Motivation, Brain and Behavior Lab at the Paris Brain Institute, was published in the scientific journal *Current Biology*, volume 32, number 16, on 11 August 2022.[4] An overview of the results of this scientific investigation was presented, in simple plain English, in a variety of publications during the following seven days. These include *Science Daily*, *The Independent*, *The Guardian*, *The Irish Times*, *The Glasgow Times*, *The Jerusalem Post*, *US News*, and *The Strathallan Times* to name but a few.[5] However, another readily understandable but more comprehensive account can be found in a 20 August article in news.yahoo.com. Columnist Cassidy Ward explains that science now has the answer to the question of why immoderate mental activity causes fatigue.[6]

Scientists who wanted to find out why the brain seems to regulate its activity according to its workload conducted fatigue response tests. It appeared from the neuroscientists' results that toxic material accumulates in the lateral prefrontal cortex more when mental activity is greater than that which might be deemed to be reasonable. In response to the build-up of dangerous toxins, the brain downregulates in order to help prevent further potentially harmful glutamate contamination. In other words, while strenuous studying, excessive reading or overthinking may generate toxins in the brain, rest may well dissipate insalubrious substances and keep the mind working as it should. To Yahoo columnist Ward it seems clear from this research that being in better spirits the next day is likely to mean that "sleep plays a part in wiping your brain slate clean".[7]

Here I expose the fact that knowledge of the accumulation of toxins in the brain, the reasons for such a build-up, the consequences of this to health, and even how to prevent and/or cure the problem, are anything but new.

Are we reinventing the wheel? What was known about the brain, about toxins, and about the effects of neurotoxic waste products on cognitive functions—including efficiency of thought and the blurring of memory—in pre-modern and ancient times? As the terms toxic, toxicity, and their Latin-derived root word toxin

were not commonly used prior to the late nineteenth century, upon broadening my search I found other descriptions of the same deleterious matter. These poisonous substances are variously described by ancient, medieval, and sixteenth- and seventeenth-century physicians, surgeons, apothecaries, horticulturalists, writers of regimen guidebooks, dietaries and medical treatises as gross vapours, noxious fluids, crude or filthy juices, corrupt humours, distempered blood, poisons, impurities, or as evil, tainted, diseased, hurtful or putrid excrements or superfluities.

That these toxic superfluities, or phlegmatic humours, rise up to the head—dulling the senses, slowing the wit and negatively affecting memory following strenuous mental activity—seems to have been common knowledge among seventeenth-century physicians. The problem they saw was that the toxic material generated in the head or transferred to the brain following excessive concentration of the mind dissipated that organ's natural heat. This, they noted, is comparable to the occurrence when an immoderate amount of alcohol is consumed. On the latter, Doctor of physic Tobias Venner, for example, reminded his readers that in respect of their health, they should not drink strong beer. Further, he gave a warning to "common ale-pot drunkards" that the overuse of alcohol leads to "the utter ruine of the braine and understanding" because of the "fumes and vapors that ascend to the head".[8] Similarly, the displacement of natural heat following excessive concentration cools the brain, which in itself is bad enough for effective cognitive functioning; but this is only half of the story. The "crudities" also corrupt the organ's natural moisture, and in so doing it creates an unnatural noxious fluid—i.e. toxins—that they called excessive black bile. This, doctors of old agreed, turns an undesirable phlegmatic constitution into an even worse melancholic one. Not only does this adversely affect the workings of the brain, it could be, they noted, potentially life threatening. For this reason, "immoderate musing of the minde" was something that medical writer Thomas Cogan warned against.[9] This writer's conviction is important to us because Cogan, who hailed from Somerset, England, and lived from 1546 to 1607, was primarily concerned with the wellbeing of studious people. Thus, his book, *The Haven of Health*, had more to say on mental health issues than did some other medical works.

Upon reading neuroscientist Wiehler's advice in Yahoo News, in which he explained the findings of his research into mental activity and tiredness, and concluded by saying "if you have important choices to do, don't do them in the evening or at least be aware that your choices will be affected by the work you've been doing throughout the day", I was immediately struck by a feeling of déjà vu. Wondering where I had read this before, I waded through my medical history research notes and came across this piece of mental health wisdom written by Cogan 438 years before Wiehler's new cutting-edge findings were published. He insisted that "nothing is more hurtfull than studying in the night". Late morning and early afternoon, he maintained, are the best times to undertake diligent studying, such as reading or meditation, for one hour or maybe two—preferably with a meal break in between. But, he added:

"Alwayes remembred that every houre once at the least wee remit a little while the earnest consideration of the minde; neither should we meditate any longer than we have pleasure therin; for all wearinesse is hurtfull to health; wearinesse of the body is evill, but wearinesse of the minde is worse, and wearinesse of both worst of all: For contrary motions draweth as it were a man in sunder and destroyeth life".[10]

Cogan went on to warn his student readers that "if they waxe pale with overmuch study, it is no reproach but a very commendable signe of a good student. Yet would I have none to study so much, that thereby they should fall into sicknesse, or become melancholick".[11] He was by no means alone in highlighting the dangers associated with the lack of mental rest and its adverse effect on cognitive functioning. William Ramesey, a doctor from Westminster who had graduated in medicine at Montpellier, France, and was a member of the London College of Physicians, wrote in 1668 that rest from overwork is essential for anyone wishing to avoid "filling such mens Heads with dullness, and their Brains with moisture". Rest to Dr Ramesey has to be taken at appropriate times, without eating and drinking excessively, as this too "fills the Brain with many Fumes" and "corrupts the memory".[12]

A mid-seventeenth-century medical professor at the University of Montpellier and specialist in pharmacology, Lazare Rivière, had made a similar point thirteen years earlier, but had phrased it more poetically. He said on recognising and treating "cold distempers of the brain" that "Many Vapors flying into the Brain may be the cause of a sleepy disease: for if the vapors be many and gross, that they burden the animal Spirits, and darken them as with a mist, even as the clouds in the greater world darken and obscure the beams of the Sun". Rivière explained in 1655 that gross watery humours (toxins) "putrifying in the brain" cause that organ to become weak and faint in its functions and performances.[13] According to many sixteenth- and seventeenth-century doctors and other medical experts, toxic vapours can rise to the head during illness, after eating inappropriate foods, or by drinking alcohol or smoking tobacco. The latter two were noted by Dr James Primerose in his work *Popular errours*.[14] Temperance, he believed, is key to a healthy mind, whether it be in overexertion of thought or eating large meals; indeed the latter had been highlighted by Dr Thomas Moffett using the same analogous language that Rivière had used—but half a century earlier. Moffett's sixteenth-century book, *Healths improvement*, edited later by Dr Christopher Bennet, was published posthumously fifty-five years after Moffett's death.[15]

As both yesteryear's physician and today's neuroscientists have found, overexertion of the mind, without taking the rest that clears the brain, can, in Cogan's words, make one "slothful" and "slow witted".[16] But to medical experts four centuries ago, all was not necessarily lost any more than it is today. They knew that there are diverse ways in which studious people can keep cognitive functions sharp, and they were fully aware of how one could repair run-down mental agility and impaired memory. Thomas Cogan, for example, knew that a mind wearied by excessive concentration, and especially when the brain had lost its natural heat and had become melancholic "as the most part of learned men are", there is nothing that revives the spirit more than music. But he also knew that any old music would not do. He said it needs to be a "sweet" harmonious melody, such as that produced by a harp.[17]

Another method of dissipating the build-up of gross humours (toxic matter) in the body, and of course in the brain, early modern physicians knew, is to exercise. Cogan discussed several workout methods that would increase natural heat and dry out superfluous moisture by expelling it, thereby facilitating mental agility. He understood that jogging and raising and lowering the arms is good. The moderate lifting of weights and exercising the back was, to him, also beneficial to phlegmatic or melancholic constitutions, as this dries and warms the body and brain. Singing and otherwise exercising the lungs, he knew, is profitable to the mind,

as is riding a horse or rowing a boat. But in his opinion, the finest exercise for sedentary people is to play tennis, for this game exercises the body and at once sharpens the eyesight and mind.[18]

At least one seventeenth-century physician thought that the mental faculties can be helped by keeping the head warm and dry in a simpler, less exhaustive way. Dr William Trigg, in the mid-1600s, believed that phlegmatic fluid and, even worse, putrid melancholic matter that rises to and settles in the head, can be prevented from getting there and causing damage by keeping cold and dampness away from the brain in the first place. This can be achieved, at least in part he theorised, by inhaling through the nose rather than through the mouth.[19]

Both exercising and breathing correctly was known to help; but, apart from this and resting the brain in order to prevent the build-up of, or dissipate, toxic matter, the answer to keeping cognitive functioning in fine fettle centuries ago was to adjust one's diet. While this does not appear to figure prominently in the popular reporting of current neuroscientific breakthroughs, certain foods were known by medieval and early modern physicians and dietary writers to add to the problem of dullness of the mind. Other foods, they realised with absolute certainty, can be used to sharpen mental agility—in fact doctors of old prioritised the dietary aspect of intellective health. Much depends also on the timing of the last meal of the day. Sir Thomas Elyot for example, although not a

physician himself, understood from reading medieval regimen guidebooks, that going to bed before the last meal's food and any subsequent beverages have been fully digested, is insalubrious to say the least.[20] Sleep, we will recall, is of great concern to neuroscience—as modern research has recently (re)discovered.

The sorts of foods that quicken the wit and improve recall tend to be what physicians of yesteryear called "humorally warming". These include many spices; a few dried fruits (but not nuts); some herbs; one or two well-chosen heat-generating vegetables, as some sorts were seen as cooling; and the flesh of certain animals, but by no means all reared livestock. Yesteryear's physicians agreed that humorally neutral foods like butter, milk, chicken, bread and eggs are, generally speaking, fine for many people who undertake either mentally tiring or physical work; but there are, they believed, certain types of food that are best avoided by sedentary folk who need to use their brains for their own livelihoods, and for the livelihoods of others. These pernicious foods include beef; pork; goat's flesh; saltwater fish; offal, such as liver or kidney; anything that is viscose or clammy; old cheese; cucumber; garlic; cabbage or broccoli; and, according to Dr William Bullein (1595) and Thomas Cogan, eating an excessive quantity of dates.[21]

Many medical/dietary writers of old agreed with this; while physician Nicholas Culpepper stated in 1652 that rosemary and sage "helpeth the memory", Henry Butts back in 1599 had also thought that sage "comforteth the head, braine, senses, and memorie".[22] He also noted that other herbs, like mint, consume phlegm. This was deemed important for two reasons: firstly because it removes gross vapours before they have the chance to rise to the head, and secondly because this dampness, if allowed to enter the brain, would corrupt natural black bile turning it into an even more dangerous noxious matter—unnatural black bile. This crudity, they believed, is characterised by its greenish colour. Although garlic, and to a lesser extent other members of the allium family, does the same job, it is so heat-generating and drying that, according to most experts like writer Butts and physician Cogan, it can cause different head-related problems.[23] The use of herbs to restore cognitive functioning like memory was known well beyond people who had received official training in medicine. Horticulturists John Gerarde (1633) and John Pechey (1694) both extolled the virtues of sage, mint and tea in this respect.[24]

Spices that were deemed to be humorally heating and drying, and therefore potentially beneficial to the cognitive functions of scholars and other thinkers, include pepper, cinnamon, nutmeg, ginger, cloves, mustard and sugar. While sugar—considered a spice in bygone years—is warming and moistening, and therefore a producer of sanguinity, the others are drying to a greater or lesser extent. The argument of sixteenth- and seventeenth-century medical experts goes that when added in moderation to meals, these spices cut through conceivably damaging vapours that would otherwise harm mental processing. Cogan said of cinnamon, for example, that it "resists poysons, strengthens the braine ... comforteth the sight: preserves from putrifaction".[25] This resisting of "poysons" (or toxins if you prefer), along with strengthening the brain by ingesting heating and drying foods, was known to enhance one's judgement,

Sir Thomas Elyot for example, although not a physician himself, understood from reading medieval regimen guidebooks, that going to bed before the last meal's food and any subsequent beverages have been fully digested, is insalubrious to say the least.

speed up responses, and at once improve one's memory. While Dr James Hart noted in 1633 that marjoram is "good against all cold diseases of the brain", writers on the properties of plants Wyllyam Copland (1552) and Floridus Macer (1543) revealed that head-warming spices, mace and mustard, cleanse the brain of superfluous matter.[26]

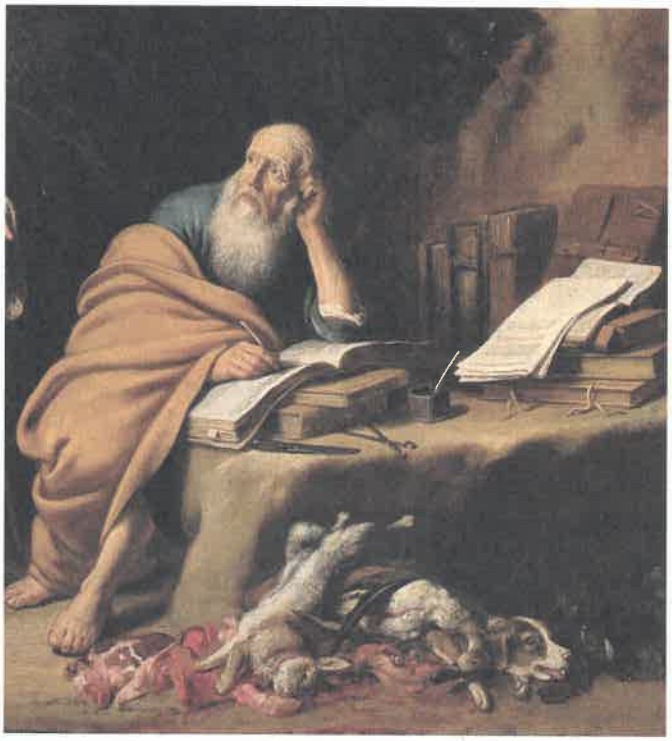
According to the Italian doctor Guglielmo Gratarolo who lived in Basel, Switzerland from 1516 to 1568, there are two principle causes of memory loss: "coldnes and moystnes", especially when these two properties are joined together in the head. Asserting that "coldenes hurtethe more then moystenes", he added that "forgetfulnes is the doughter of coldenes". As if anticipating neuroscientific research 460 years into the future, this physician then went on to explain that sleep, or the lack of it, affects memory, and that "they that have

greate Moystenes of the brayne are verye desyrous of muche sleepe".[27] An overly moist brain, Gratarolo's contemporaries agreed, is engendered by, amongst other things, consuming moistening foods; and drying foods like Cogan's spices, and also foods like fennel, parsley, sage and rice, have the power to dissipate corrupting fluids.

That cognitive functioning is affected by noxious fluids (toxins to you and me), and that sleep is material in removing this superfluous matter, thus restoring brain power, was well known four and a half centuries ago, we may ask how far back in time this medical knowledge can be traced. Happily, sixteenth-century physicians and surgeons provide us with a partial yet astounding answer. Numerous works of the 1500s and 1600s tell us that they arrived at their medical knowledge by reading the medical works of Galen. In fact physician Nicholas Culpeper edited *Galen's art of physic*, and quoted the latter as saying, "The Brain afflicted with cold and moist distempers, moves a man to an inexpugnable desire of sleep, and when he is awake, his Brain is so muddy, and his Sences so dull, that he can do nothing that will get him honour here...".[28] Galen was a Greek physician, originally from Pergamon in modern day Türkiye, who lived from 129 CE to 216 CE, and his insights into matters of health have been cited in numerous works right up to modern times.

But almost all sixteenth-century medical writers, including Thomas Cogan, insisted that their knowledge, and indeed Galen's knowledge, stemmed from a staggeringly much earlier source—that of Hippocrates, known these days as "the father of medicine". The aforementioned Dr James Primerose, for example, noted many times in *Popular errours* that Hippocrates is to thank for passing down his medical wisdom.[29] Hippocrates, who wrote such medical works as *Aphorisms*, *Of the Epidemics*, and *Airs, Waters and Places* was active circa 400 BCE. He clearly expressed two and a half millennia ago that cognitive functions are connected to "moisture" and sleep.[30] We can only speculate as to the even earlier source of Hippocrates' medical knowledge, but we do know for a fact that there was one. The "father of medicine" himself stated categorically in circa 400 BCE that his wisdom was received from a medical authority that, even in his time, was already "ancient".[31]

Undoubtedly it will be claimed today by some intellectuals who are disconcerted by this revelation, that scholars back in ancient times happened upon the right answer for the wrong reasons; and other nonplussed individuals will protest that even if venerable elders of olden days did expound such views, then they must have been lucky guesses. On the other hand, it will be argued by yet others that savants living in the distant past—now largely obscured by the dim mists of time—knew more, were wiser, and were more tuned-in than some rattled present-day commentators allow them credit for. Either way, the point is you get the point. Just as medical specialists in antiquity were aware of the makeup of blood, immunity and how to build up resistance to



disease, which I revealed in a previous NEXUS article,[32] they also knew about the infectious nature of toxins on the brain, how they got there, how sleep dissipates them, and what else can be done to preserve and restore mental health. Another lucky guess?

This revelation of ancient knowledge by no means invalidates today's very important neuroscientific research, nor does accurate and impressive ancient medical knowledge diminish the findings of essential and admirable modern inquiry. On the contrary, today's investigations are to be warmly welcomed as their findings potentially serve many useful purposes. One of these uses, however unwittingly, is the corroboration of ancient wisdom as we continue to painstakingly amble along an already well trodden path.

About the Author:

Paul Lloyd, PhD who lives in a coastal village in Lincolnshire, UK, is a retired university lecturer, author of books and numerous papers and is a researcher into sixteenth- and seventeenth-century medical history with an emphasis on dietary health. His two-part article, "When 'Alternative' Medicine Was Mainstream" was published in NEXUS volume 22, numbers 3 and 4 (April–May 2015 and June–July 2015) and "Ancient Knowledge of Leukocytes" in NEXUS volume 23, number 4 (June–July 2016).

Continued on page 75

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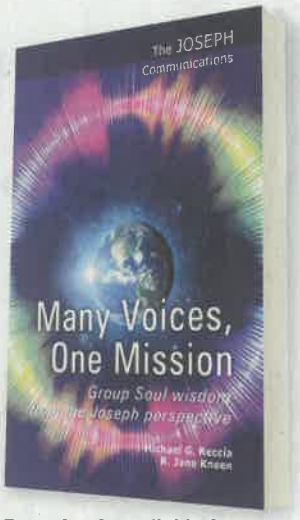

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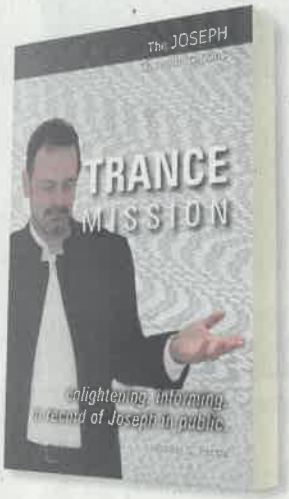

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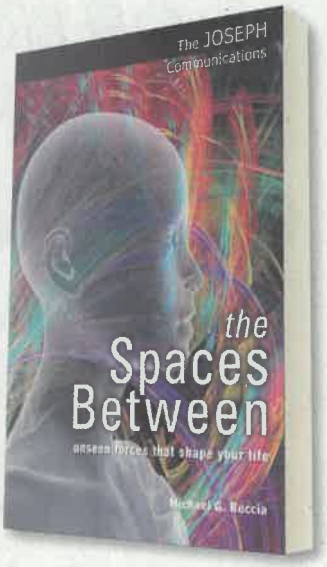

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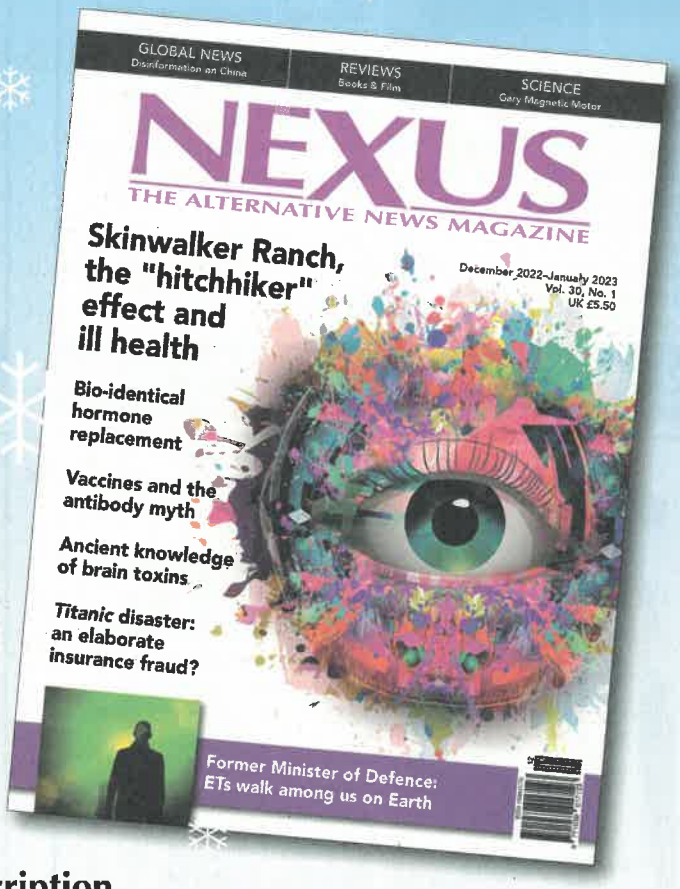

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Bio-Identical Hormone Replacement (BHRT) Origins

BHRT was initiated in the United States (and Canada) at Tahoma Clinic in the early 1980s, but was actually originated in China as early as 1025 AD, and perhaps even before then. On pages 326 and 327 of the book cited at the end of this article are listed various human urinary steroid sex-hormone preparation methods (titled in Chinese) first used in 1025 and from then until 1833 AD. No explanation is readily findable in this book concerning why these (and any other) methods of BHRT preparation appear not to have been done after that year. Yes, it was actually what is now called BHRT used for hundreds of years! For all the details, see the book cited below; here's a much-abbreviated summary: The Chinese emperor decreed that all the young women and young men at the court should urinate into many long troughs built into separate buildings; one group of troughs for the young men, another separate group of troughs for the young women.

When each trough was full of gender-specific urine, it was allowed to evaporate, leaving at the bottom of the almost empty trough a residue which was then collected by the court physicians. As likely you've guessed, the young female urine residue (after evaporation) was given to older women at the court, and the young male urine residue was given to the court's older men, including the Emperor. This was used—along with updates and modernisation—over the centuries until the ending (unexplained by the book) in 1833.

How did Joseph Needham and his wife Lu Gwei Djen

(the authors of this book published by Cambridge University Press in the United Kingdom in 1983) know all this in the 20th century? Professor Needham was described by many of his contemporaries as a flaming communist and his wife was Chinese, both of which were attractive to Mao Zedong, the Communist leader and dictator of China from 1949 until his death in 1976 at approximately age 83.

During much of that time (1927–1976), professor Needham and his wife were not only allowed but encouraged by Mao Zedong to visit China many, many times, where they spent much of their time in libraries, seminaries, Chinese universities, and government archives (as well as elsewhere) whence they gathered all the facts in their books and details about those facts, many of which were ultimately published in volume 5 (the source of the facts about the world's first original BHRT) in 1983.

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Bio-Identical Hormone Replacement ("BHRT") Revival

In the early years of the 1980s, a woman came to Tahoma Clinic specifically to ask about hormonal therapy. She reported that since menopause she hadn't felt as young and energetic as before; she'd done considerable reading and study and thought that this might be due to her ovaries shutting down, no longer bio-synthesising nearly as much (if any) oestrogen, progesterone, or testosterone as they did prior to menopause. Since (due to America's medical dictatorship enhanced in 1938) she was not able to obtain any of these natural steroid hormones over the counter, she asked for a prescription.

After some discussion, a physical exam, and review, we agreed and prescriptions were written for oestrogen, progesterone and a smaller quantity of testosterone. After reading the prescriptions she emphasised that as she was a human woman and not a female horse, she was hoping to receive a prescription for identical-to-human oestrogens, not horse oestrogen. At that time (and to this day) the only approved (and readily available) oestrogen was Premarin which she knew from her studies was oestrogen originating from horse ovaries. Sadly, there was no bio-identical form of human oestrogen.

She was of course disappointed, and asked if potentially some bio-identical (to human) oestrogens could be located for her; she requested a telephone call in the next month advising her whether that was possible or not. As she was quite correct about Premarin being bio-identical for horses, not humans, making this effort was worthwhile not only for her but potentially for many other post-menopausal women.

After three weeks of phone calls (in the 1980s the internet was barely getting started), Ed Thorpe, PhD (pharmacist in charge at Kripps Pharmacy, located then and now in Vancouver, British Columbia, Canada) agreed to try to make BHRT available for Tahoma Clinic patients (at that time shipping of prescription hormones into the United States from Canada was allowed). Within another two weeks, he had done so, and shipped the prescriptions for this woman to her home in Washington State.

After one month of using these three hormones, she came back to Tahoma Clinic having done the 24-hour urine collection test, the best way to check not only for the best quantities of hormones for each individual, but also for other aspects of bio-identical hormone treatment. She told me (and everyone else) how much better she was feeling her health was! She had also told her friends, many of whom came to Tahoma Clinic for their own BHRT treatment. Her husband (who was a few years older) also made an appointment for himself, reporting (among many other things) that he wanted to keep up with her.

He brought along a request from his wife to check him for the adrenal steroid hormone, DHEA (dehydroepiandrosterone, a steroid hormone secreted by the adrenal glands), as her own 24-hour urine test had shown her DHEA to be declining already. (She had already requested her own DHEA prescription.) He later advised us that he was also feeling significantly healthier; from then on, many more Tahoma Clinic patients were (among many other things) requesting BHRT treatment.

BHRT Testing and Treatment

Paracelsus (still known by that name by some of us today) was a Swiss–Austrian physician born in 1493 who was (among very many other things) a physician, theologian, and philosopher. One of his famous statements was: "The physician is only the servant of Nature, not her master. Therefore it behooves medicine to follow the will of nature."

In contemporary medical therapeutics, "copy nature" is a dictum less often honored than ignored. The

outcomes of the Women's Health Initiative (USA) and the Million Women Study (UK) in the past demonstrated that replacing human molecular substances with inexact molecular copies (such as horse oestrogen) has undesirable consequences. If human hormones are to be replaced during perimenopause and post-menopause, it is entirely logical to copy nature, replacing human hormones with exact molecular copies. It is also entirely logical to copy nature in every other parameter possible, including quantities of bio-identical hormones given, routes of administration, and timing of administration of bio-identical hormones.

Use of inexact molecular copies of human hormones also led to inexcusable sloppiness of medical practice. For decades, women were given dosages of powerful steroid hormone-mimetic substances such as Premarin and Provera with no follow-up testing at all to determine appropriate dosage. The use of non-human pseudo-hormones automatically precluded the normal practice of post-treatment testing for treatment evaluation, since (for example) there are no normal levels of equilin (the major molecular species in Premarin) or medroxyprogesterone (Provera) to be found in human women of any age for use as guidelines to correct dosage of these substances.

By contrast, dosing with thyroxine and/or triiodothyronine is almost always followed at intervals with serum testing of thyroid hormones to ensure correct dosage and patient safety. This article will briefly review practice and research concerning: 1) types of oestrogens used in bio-identical hormone replacement; 2) quantities (dose) of bio-identical oestrogens used; and 3) route of administration of bio-identical oestrogens. This article will also discuss two problems in bio-identical oestrogen replacement therapy and their correction with elements from nature: 4) incomplete metabolisation of oestrone and oestradiol towards oestriol; and 5) hyperexcretion of oestrogens.

Although the focus of this article is on practice and clinical research concerning bio-identical oestrogens, in daily practice these bio-identical oestrogen replacements are routinely combined with bio-identical progesterone, testosterone, dehydroepiandrosterone (DHEA), thyroid, oxytocin, and melatonin, mimicking physiologic quantities, timing, and route of administration as closely as possible.

Oestradiol and Oestriol (A Major Anti-Carcinogenic Oestrogen)

There is great importance of the appropriate dose of oestradiol and oestriol and potential metabolism to oestrone (a pro-carcinogenic oestrogen). A deliberate effort is made to copy nature by not exceeding physiologic quantities of any of the bio-identical hormones administered. Follow-up testing is always done to ascertain whether this goal has been achieved. Some few practitioners deliberately target hormone levels slightly above the "normal" menopausal range, overlapping into the low physiologic range found in young, healthy, cycling women.

In the United States, when a single bio-identical oestrogen is recommended instead of an inexact molecular copy, the large majority of academic and affiliated practitioners have given oestradiol alone. (Practitioners recommending triple oestrogen or bi-oestrogen are usually community-based.) Doses given by academic and affiliated practitioners have in the past routinely been in the 1–2 milligram per day range, with no follow-up testing done to examine whether these doses compare to physiologic quantities. Unfortunately, a very widely read book written by a woman undergoing treatment for breast cancer also tells us about this approach. She tells about taking (by mouth) two milligrams of oestradiol daily, and reports no follow-up testing at all.

Photo: Towfiqu barbhuiya, unsplash.com

The following illustrates the hazards of this approach. Twenty-four-hour urinary steroid hormone profiles, including the measurement of oestrone, oestradiol, and oestriol, were conducted for 35 post-menopausal women receiving oral oestradiol at doses from 0.025-2.0 mg/day. Urinary excretion of oestradiol exceeded normal pre-menopausal values in women taking oestradiol at doses greater than 0.5 mg/day. Urinary oestrone excretion exceeded normal pre-menopausal values in women taking oestradiol doses of 0.25 mg/day or higher.

These results show that frequently recommended oral doses of oestradiol (1–2 mg/day) result in urinary excretion of oestrone at values 5–10 times the upper limit of normal in pre-menopausal women. Based on these measurements, an initial dose ceiling for initial oral

oestradiol replacement therapy appears to be 0.25 mg/day. (Retrospective studies associating oral oestradiol with increased risk of breast cancer may sometimes reflect overdose conditions.)

Under most (but not all) circumstances serum and urinary oestrogens correlate well. However, Meridian Valley Laboratory (yes, I am Medical Director there) measures serum levels of oestrogens less frequently than urinary levels, as we have found 24-hour urine testing significantly more useful.

We compared serum oestrone measured in women at various phases of the menstrual cycle and pregnancy by another group, with serum oestrone levels in women taking oestradiol 1.0 milligrams daily orally. Oestradiol at 1.0 milligrams orally often results in supra-physiologic serum levels, which are very likely unnecessarily hazardous. Oestradiol and oestriol (this combination has been termed "Bi-oest" by compounding pharmacists) doses have often contained 0.25 milligrams oestradiol, and either 2.0 or 2.25 milligrams oestriol, with of course more of the anti-carcinogen (oestriol), and less of the oestradiol, which can be either pro-carcinogenic or anti-carcinogenic or both. Follow-up measurement of hormone levels in women given these doses routinely finds both blood and urine doses within the physiologic range noted above: slightly above menopausal, overlapping into the low range of these hormones as found in young, healthy, cycling women. Uncommon exceptions are found among women who appear to be oestrogen hyper-excreters as described below.

Influence of the Route of Administration on Oestrogen Bio-Availability

Nature introduces oestrogens and other ovarian steroids into the circulation via the pelvic plexus of veins, whence they're carried to the heart and circulated through the lungs, then back to the heart again, thence to be carried to all parts of the body, including the liver, which is thought to be the major organ of steroid hormone metabolism and detoxification. It is fairly obvious that Nature does not introduce ovarian steroids into the intestinal tract where they may be absorbed into the plexus of veins leading to the portal vein, thence taken directly to the liver. To more closely copy Nature, the large majority of physicians prescribing bioidentical oestrogens prescribe transdermal preparations, usually rubbed into areas of thin skin (inner thighs, wrists) on a monthly cyclic basis. While this practice is closer to the natural route described above, it is not as close as possible and practical.

Intra-vaginal administration of the transdermal preparation is the closest possible approximation of the "natural route" of ovarian hormones, introducing them first into the pelvic venous plexus. Experience has shown that this is not just a theoretical consideration. At Tahoma Clinic we ask women using bio-identical replacement

therapy to monitor their urinary oestrogen levels (representing free and conjugated, but not sex-hormone globulin bound oestrogens) at regular intervals to make certain that doses used are within the physiological target range.

Over several years' time, most women using the exact same transdermal oestrogen preparations have progressively lower urinary oestrogens. Sometimes these lower levels are reflected in symptoms, but sometimes (particularly in women who've used bio-identical hormone replacement for longer periods of time) there are no symptoms of these lower oestrogen levels. When the route of administration is then switched to intra-vaginal, with no change in dosage, the urinary levels rise once again to the target range, and any symptoms present of low oestrogens disappear. We've termed this phenomenon of gradually decreasing absorption of hormones through the skin as "dermal absorption fatigue". With continuous application of hormone creams to the skin, dermal absorption fatigue almost always occurs, so we've switched our routine recommendation for site of bio-identical hormone administration to the intra-vaginal route. Effective alternatives to vaginal application are other mucous membrane surfaces that also maintain steady absorption, the inner and outer surfaces of the inner labia, the inner surfaces of the outer labia, but not the outer surface as this area is covered with skin which can also in time cease absorbing as well.

Direct comparisons report serum total oestriol concentrations are in fact much higher in the woman who took 1 milligram orally than in the woman who took 2 milligrams transdermally, in agreement with the urinary excretion data. Admittedly, the data presented are very small. However, clinical experience is in accordance with this laboratory data. It appears reasonable to hypothesise that the route of bio-identical hormone administration closest to Nature's route is preferable over the long term.

What About BHRT for Men?

BHRT was introduced in the year 1025 by the Emperor of China and his court physicians (all men). As noted, it was made available to many women also.

Although BHRT was started at Tahoma Clinic at a woman's request, BHRT has become very popular amongst men, also. As men and women are anatomically different (despite the efforts of transgender ideologues), the application of gender-specific hormones also differs.

Men have much less mucosal surface than women. While women have many more choices for consistent BHRT absorption, the only male mucosal surface that's always effective for men is the peri-anal mucosa.

Bio-Identical Oestrogen Treatment Failure and Oestrogen Hyper-Excretion: Correction with Physiologic-Dose Cobalt

Practitioners who've prescribed bio-identical hormones for menopausal or post-menopausal women for any period of time have experienced occasional treatment failures. In this small percentage of women, despite carefully escalating doses of bio-identical oestrogens (and other accompanying steroid hormones), hot flashes and other symptoms of menopause aren't relieved, or are relieved only minimally. In many cases, these treatment failures occur in menopausal or post-menopausal women who've previously taken Premarin or other non-bio-identical hormone replacement. In frustration, some of these women may return to taking Premarin or other riskier pseudo-hormones, since "at least they take care of my symptoms".

Over the years, it's become obvious that almost all treatment failures with bio-identical hormone replacement have a common biochemical signature. When given an average effective treatment dose of bio-identical oestrogens, women who have experienced treatment failures hyperexcrete oestrogens with urination as compared with women who respond to treatment.

The Mineral Cobalt Eliminates Oestrogen (and Other Steroid) Hyperexcretion

Because of its safety in quantities ordinarily found in dietary surveys, cobalt was chosen as a possibility for down-regulating possibly overactive cytochrome p450 enzymes. The results in three typical cases follow.

Case 1:

The data in this first case were collected by my Tahoma Clinic colleague, Davis Lamson, ND, and his patient RW. RW was a 49-year-old white woman with a prior history of chronic fatigue syndrome. In December 1997, she saw Dr Lamson concerning menopausal symptoms, including moderately severe hot flashes, insomnia, and anxiety. She collected a 24-hour urine specimen, upon which a comprehensive steroid determination was performed, with results reported in January 1998. She was started on "triple oestrogen" (oestrone, oestradiol, oestriol), rather than "bi-oest" (oestriol and oestradiol) which almost always has more oestriol than oestradiol to maintain anti-carcinogenic action.

The total initial dose was 1.25 milligrams daily with no ensuing symptom relief. The same oestrogens were doubled to 2.5 milligrams daily. Symptoms continued unabated. While still using the 2.5 milligram daily dosage of oestrogens, she collected another 24-hour urine specimen, upon which the same steroid determinations were performed. This time results were considerably higher. Along with continuing triple oestrogen, RW then started cobalt supplementation 400–500 micrograms daily.

Two weeks later, she reported her hot flashes and other menopausal symptoms ceased for the first time. However, she also reported that if she skipped a daily dose of cobalt, her hot flashes promptly returned, only to disappear with resumption of the cobalt. Slightly over a month after starting the cobalt, she reported that on another skipped dose occasion, she not only had return of hot flashes, but spotting. The spotting continued at a low level for two weeks, even though the hot flashes ceased as before with resumption of cobalt. As she continued cobalt (along with the triple oestrogen at 2.5 milligrams daily, taken on a 25/28-day cyclic basis) she had no further hot flashes. She omitted occasional cobalt dosages without recurrence of hot flashes. After 10 weeks of supplemental cobalt along with the continuing triple oestrogen, her 24-hour steroid analysis reported her oestrogen total within the anticipated range for postmenopausal women supplemented with 2.5 milligrams of triple oestrogen daily.

Cases 2 and 3:

The data in this and the next case were collected by my former Tahoma Clinic colleague Joni Olehausen, ND, and her patients JS and JK. JS was a 63-year-old woman. She had been on bio-identical hormone replacement therapy for approximately three years. She was still having night sweats and difficulty sleeping, as well as difficulty with memory and concentration. Twenty-four-hour urinary

oestrogens were high. She was continued on triple oestrogen 2.5 milligrams daily (cyclic basis), and advised to start cobalt 500 micrograms daily. Eleven weeks later, her oestrogens were within the expected range, and her menopause symptoms were relieved.

JK was a 52-year-old woman with symptoms of hypothyroidism and menopause, the latter including night sweats, vaginal dryness, anxiety, irritability, and mood swings. Her last menstrual period was four months previously. She was already taking bi-oestrogen (oestriol 1 milligram, oestradiol 250 micrograms) twice daily on a cyclic basis with a "progestin". Six months later, her sex hormones were evaluated with the 24-hour urine specimen test and reported to be higher than expected. Menopausal symptoms continued. On a return visit six months later she was advised to start on cobalt, 500 micrograms daily, while continuing her bio-identical oestrogens. Her menopausal symptoms lessened considerably. Although her total oestrogens had not yet diminished to a more expected range, except for continuing sleeping difficulty, her menopausal symptoms were improved. Possibly because these symptoms disappeared, she did not follow up with another 24-hour urine test.

Although many individuals need only 500 micrograms cobalt daily to help normalise symptoms of menopause and reduce apparent oestrogen hyper-excretion, some have needed up to 1,120 micrograms daily. In nearly all cases, cobalt supplementation has been discontinued without need for resumption once oestrogen excretion has declined to normal.

In both Case 2 and Case 3, although total oestrogen excretion declined dramatically following the ingestion of cobalt, the relative proportion of oestriol as a fraction of total excreted oestrogens also declined dramatically. This is addressed in the next section.

Apparent Stimulation of the Oestradiol–Oestrone–Oestriol Pathway by Iodine and Iodide: Case Reports

While oestrone and oestradiol are both physiologic oestrogens, they're generally conceded to be slightly pro-carcinogenic. Oestriol has been long considered as either "neutral" or "anti-carcinogenic". Accumulating research shows that in the presence of more pro-carcinogenic oestrogens, oestriol becomes anti-carcinogenic. The most prominent proponent of the oestriol hypothesis of anti-carcinogenesis, gynaecologic oncologist Henry Lemon, MD, argued that the relative proportions of oestrone, oestradiol, and oestriol were at least as important as the absolute quantities of each hormone.

Professor Lemon developed and named the "oestrogen quotient" (EQ), the quantity of oestriol divided by the sum of oestrone and oestradiol [EQ = E3/(E1 + E2)]. He argued that a higher oestrogen quotient means lower cancer risk and a better chance of recovery from cancer should it occur. The following is one of the best examples available of the iodine–oestrogen interaction, specifically the effect of iodine and iodide in stimulating the oestradiol, oestrone, oestriol pathway towards oestriol, and thus a higher oestrogen quotient (EQ). The case histories below are taken directly from chart notes and laboratory tests compiled between 1980 and 1992.

Photo: National Cancer Institute, unsplash.com

Case 1:

23 April 1980. Initial visit for fibrocystic breast disease. Prior to this visit, she had detected three breast lumps herself. She stopped caffeine and the lumps disappeared. However, her breasts were still uncomfortable, so she decided to visit anyway. She reported that her menstrual periods are regular, but lighter than before. Her last menstrual period was on 13 April. She took thyroid medication five years ago, now supplementing kelp for the iodine/iodide content. Her examination disclosed minimal but tender fibrocystic breast disease.

2 May 1980: Following 24-hour urinary test, she was asked to start an iodo-niacin tablet (135 milligrams iodide, 15 milligrams niacin (no longer available for sale) once daily, along with other supplementation.

30 May 1980: Her breast tenderness was much improved; she was advised to continue iodo-niacin.

22 December 1980: No further fibrocystic problems unless she eats beef, then her breasts become a little tender. Recommended she check a comprehensive food allergy panel as it's very unlikely for any allergic person to have only one food allergy.

20 August 1981: Her fibrocystic disease remains

abated. Asked to do a blood test for thyroid hormones, total and free fractions of T3, T4, TSH as iodine is to be continued and possible iodine overdose should be checked.

22 September 1982: Fibrocystic disease remains improved. Can only use iodo-niacin three times weekly or her nose drips. To recheck her thyroid function tests to make sure there's no overdose suppression. Thyroid function test normal. Advised to continue same program, including iodo-niacin three times weekly.

Summer 1983: Reported stopping iodo-niacin at this time as her breasts were better.

7 March 1984: She has a small nodule in her left breast, probably fibrocystic. To schedule a mammogram. Her thyroid function test remains normal. Since iodo-niacin had become unavailable, recommended Lugol's iodine solution six drops (~37.5 milligrams iodide and iodine) daily.

17 December 1984: Mammogram "benign". Her breasts are much softer again since resumption of iodine (Lugol's).

5 May 1987: Doing very well. No interim problem with fibrocystic breast symptoms. Continue as is.

Sometime in 1988: as her fibrocystic breast disease symptoms had been gone since 1984, she cut back the Lugol's iodine to one drop daily.

12 October 1989: Based on this follow-up lab test which found the oestrogen quotient low, re-emphasised and re-recommended Lugol's iodine, six drops daily. Repeat thyroid function tests.

9 January 1991: Thyroid function tests normal. She had made a switch in 1990 from Lugol's iodine six drops daily to SSKI six drops daily; did not realise that Lugol's solution contains iodine and potassium iodide, while SSKI is a saturated solution of potassium iodide only. First re-appearance of hot flashes and other menopausal symptoms.

22 April 1992. No changes. No longer interested in bio-identical hormones for symptoms of menopause.

Case 2:

26 August 1985: Initial visit for pelvic exam, pap smear, which tested normally. Is post-menopausal, no symptoms. Since she has a family history of oestrogen-related cancer, recommended 24-hour urinary oestrogen testing.

28 August 1985: 24-hour urinary oestrogens: oestrogen quotient 0.4 (low; as researched by Dr Lemon, extra risk of oestrogen-related cancer).

29 October 1985: Because of very low oestrogen quotient, have recommended she start Lugol's iodine drops. Make sure to check blood test for thyroid function before next visit.

31 December 1985: oestrogen quotient 1.55 much improved. (If above 1.0, less risk of oestrogen-related cancer.) Continue Lugol's iodine 2 drops daily, recheck this and oestrogen quotient before next visit.

Case 3:

February 1993: Initial visit. General health check, pelvic exam, Pap smear. Post-menopausal, no symptoms of menopause. Since a family history of oestrogen-related cancer, recommended testing 24-hour urinary oestrogens.

2 March 1993: 24-hour urinary hormone test recommended. Oestrogen quotient 1.0.

19 April 1993: Follow-up concerning lab tests. Recommended Lugol's iodine two drops daily.

28 September 1993: 24-hour urinary oestrogens: oestriol 14 mcg/24 hours, oestradiol 1 mcg/24 hours, oestrone 8 mcg/24 hours, oestrogen quotient 1.39.

Case 4:

The following case illustrates that large quantities of iodine are sometimes needed to change the oestrogen quotient. Of course, thyroid function should be monitored.

31 January 1984: Initial visit for fibrocystic breast disease. She had one breast cyst drained. She is taking 800 IU Vitamin E daily and thinks it helps a little. Mammogram in November 1983 was "negative". Breast exam disclosed 2+ fibrocystic changes bi-laterally. Recommended she start with Myers (John Myers MD) iodine treatment for fibrocystic breast disease, as this treatment had been found to be nearly 100 per cent effective at Tahoma Clinic since we learned it from Dr Meyers in the 1970s.

1 May 1984: Her breasts are better with Myers treatment, but are improving more slowly than usual. However, there's sufficient improvement to switch to iodo-niacin, one tablet daily.

9 October 1984: Breasts generally better, but recent small tender lump, right breast. Examination discloses a small tender lump in the right breast, however, her overall fibrocystic problem is significantly less than in January. To do a mammogram as a precaution. Continue iodo-niacin.

7 April 1985: 24-hour urinary oestrogens, her EQ is no better @ 0.67; to increase iodo-niacin to two tablets, three times daily. Make sure to monitor thyroid function tests.

16 November 1986: EQ 1.94, results of thyroid function tests within normal limits.

Discussion

Since 1982, I have reviewed several thousand 24-hour urinary steroid analysis reports (which always include oestrone, oestradiol, and oestriol), both from individuals in my own practice and from other practitioners who've had specimens sent to Meridian Valley Laboratory. While a majority of women have a favourable oestrogen quotient (EQ), a significant minority have relatively low estriol (and a low EQ), with the majority of these having higher oestrone than oestradiol. When supplemented for symptoms of menopause with oestradiol alone, most women whose preliminary tests show low oestriol fractions continue to have lower oestriol fractions, with relatively greater increases in oestrone and oestradiol.

Japan has the highest average daily dietary iodine and iodide intake worldwide. It's likely not a coincidence that Japanese women following traditional Japanese diets have both the highest average serum oestriol levels worldwide, and also the world's lowest rate of breast cancer. It would likely be prudent to copy nature in her 3,000+ year Japanese dietary iodine experiment and include at least Japanese quantities of iodine in our recommendations to women who want to reduce their risk of cancer, especially women with low oestrogen quotients.

Conclusion

Most of the data above was gathered from decades of bio-identical hormone replacement therapy and clinical laboratory testing of this therapy, contained in a background of (by now) nearly 50 years of medical practice using natural substances and energies. Certainly, such data is not a substitute for large-scale, controlled studies, but can possibly be used to provide some direction and clues for future research. Until such research studies are done, these few data appear to confirm the observations of Paracelsus and many, many other less famous physicians who've noted that copying nature as closely as possible is the best and safest practice of medicine.

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About the Author:

Jonathan V. Wright established Tahoma Clinic in 1973 in Washington State to offer nutritional and other natural therapies for common health conditions instead of patent medications. A long-time researcher, author, speaker, and clinician, he has educated physicians in his techniques since 1983. Dubbed the "Father of Bio-Identical Hormones" by his peers, Dr Wright was the first physician in the United States to prescribe comprehensive hormone replacement therapy (in the early 1980s) with hormones identical to those found in nature. This therapy (shortened to BHRT) is now used nationwide by millions.

Dr Wright has authored or co-authored 13 books, selling over 1.5 million copies. Since 1994 he has written a popular monthly newsletter emphasising nutritional and naturally based medicine with a wide-reaching distribution. His articles, "The Origin of D-Mannose", "Xylitol: Effective in Preventing and Even Reversing Tooth Decay", "Introducing Gastropause", "Iodine for the Prevention and Treatment of Breast Cancer", "A Cure for Gestational Diabetes", and "Niacinamide for Osteoarthritis Pain" appeared in NEXUS 29/05, 27/05, 27/01, 26/04, 24/05 and 24/04 respectively. This article originally appeared in the June 2021 issue of Green Medicine. For more information, see www.GreenMedicineNewsletter.com.

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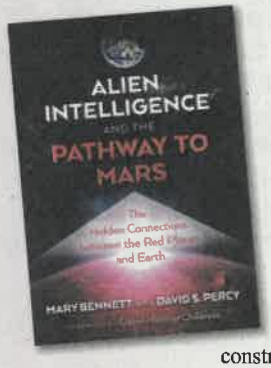
ALIEN INTELLIGENCE AND THE PATHWAY TO MARS



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Science News

WESLEY W. GARY, MAGNETIC MOTOR

From *Harper's New Monthly Magazine*, March 1879, pp. 601–605

With an ordinary horseshoe magnet, a bit of soft iron, and a common shingle nail, a practical inventor, who for years has been pondering over the power lying dormant in the magnet, now demonstrates as his discovery a fact of the utmost importance in magnetic science, which has hitherto escaped the observation of both scientists and practical electricians, namely, the existence of a neutral line in the magnetic field—a line where the polarity of an induced magnet ceases, and beyond which it changes. With equally simple appliances he shows the practical utilisation of his discovery in such a way as to produce a magnetic motor, thus opening up a bewildering prospect of the possibilities before us in revolutionising the present methods of motive power through the substitution of a wonderfully cheap and safe agent. By his achievement Mr Wesley W. Gary has quite upset the theories of magnetic philosophy hitherto prevailing, and lifted magnetism out from among the static forces where science has placed it, to the position of a dynamic power.

The Gary Magnetic Motor, the result of Mr Gary's long years of study, in a word, a simple contrivance which furnishes its own power, and will run until worn out by the force of friction, coming dangerously near to that awful bugbear, perpetual motion.

The old way of looking at magnetism has been to regard it as a force like that of gravity, the expenditure of an amount of energy equal to its attraction being required to overcome it; consequently its power could not be availed of.

Accepting this theory, it would be as idle to attempt to make use of the permanent magnet as a motive power as to try to lift oneself by one's bootstraps. But Mr Gary, ignoring theories, toiled away at his experiments with extraordinary patience and perseverance, and at last made the discovery which seems to necessitate reconstruction of the accepted philosophy.

To understand the operation of the Gary Magnetic Motor, it is necessary first to comprehend thoroughly the principle underlying it—the existence of the neutral line and the change in polarity, which Mr Gary demonstrates by his horseshoe magnet, his bit of soft iron, and his common shingle nail.

This is illustrated in Figure 1. The letter A represents a compound magnet; B, a piece of soft iron made fast to a lever with a pivoted joint in the centre, the iron becoming a magnet by induction when in the magnetic field of the permanent magnet; C, a small nail that drops off when the iron, or induced magnet, is on the neutral line. By pressing the finger on the lever at D, the iron is raised above the neutral line. Now let the nail be applied to the end of the induced magnet at E; it clings to it, and the point is turned inward toward the pole of the magnet directly below it, thus indicating that the induced magnet is of opposite polarity from the permanent one. Now let the iron be gradually lowered toward the magnet; the nail drops off at the neutral line, and now its point is turned outward, or away from the magnetic pole below. In this way Mr Gary proves that the polarity of an induced magnet is changed by passing over the neutral line without coming into contact. In the experiment, strips of paper are placed under the soft iron, or

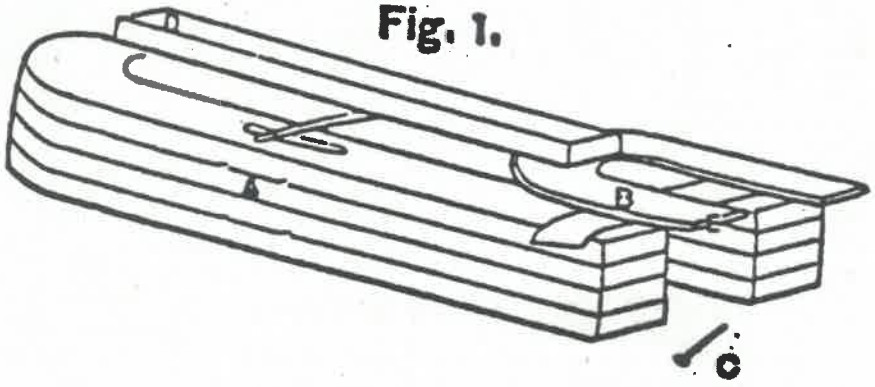


Fig. 1.

induced magnet, as shown in the figure, to prevent contact.

The neutral line is shown to extend completely around the magnet; and a piece of soft iron placed on this line will entirely cut off the attraction of the magnet from anything beyond.

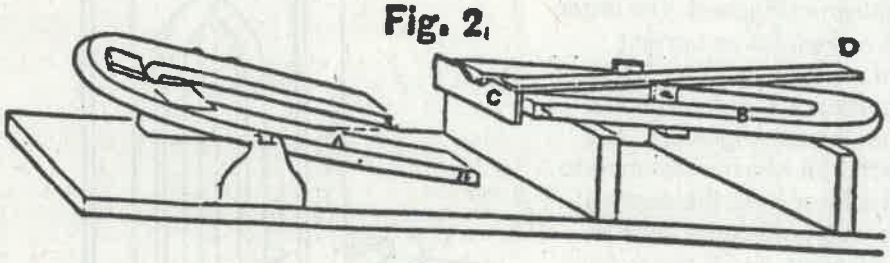
The action of this cutting off is illustrated in Figure 2. The letters A and B represent a balanced magnet and a stationary magnet respectively. The magnet A is balanced on a joint, and the two magnets are placed with opposite poles facing each other. The letter C is a piece of thin or sheet iron, as the case may be, made fast to a lever with a joint in the centre, and so adjusted that the iron will move on the neutral line in front of the poles of the stationary magnet. By pressing the finger on the lever at D the iron is raised, thus withdrawing the cut-off so that the magnet A is attracted and drawn upward by the magnet B. Remove the finger, and the cut-off drops between the poles, and in consequence, the magnet A drops again.

The same movement of magnets can be obtained by placing a piece of iron across the poles of the magnet B after the magnet A has been drawn near to it. The magnet A will thereupon immediately fall away; but the iron can only be balanced, and the balance not disturbed, by the action of the magnets upon each other when the iron is on the neutral line, and does not move nearer or father away from the magnet B.

It may not be found easy to demonstrate these principles at the first trials. But it should be borne in mind that it took the inventor himself four years after he had discovered the principle to adjust the delicate balance so as to get a machine which would go.

Now, however, that he has thought out the entire problem, and frankly tells the world how he has solved it. Any person at all skilful and patient, and with a little knowledge of mechanics, may soon succeed in demonstrating it for himself.

Fig. 2.



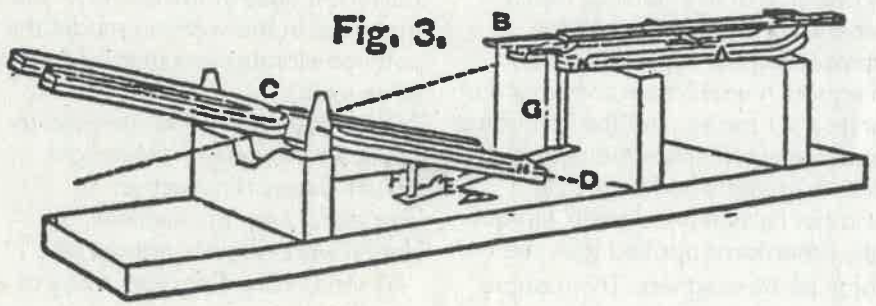
The principle underlying the motor and the method by which a motion is obtained now being explained, let us examine the inventor's working models.

The beam movement is the simplest, and by it, it is claimed, the most power can be obtained from the magnets. This is illustrated in Figure 3. The letter A represents a stationary magnet, and B the soft iron, or induced magnet, fastened to a lever with a joint in the centre, and so balanced that the stationary magnet will not quite draw it over the neutral line. The letter C represents a beam constructed of a double magnet, clamped together in the centre and balanced on a joint.

One end is set opposite the stationary magnet, with like poles separating each other. The beam is so balanced that when the soft iron B on the magnet A is below the neutral line, it (the beam) is repelled down to the lower dotted line indicated by the letter D. The beam strikes the lever E with the pin F attached, and drives it (the lever) against the pin G, which is attached to the soft iron B, which is thus driven above the neutral line, where its polarity changes. The soft iron now attracts the beam magnet C to the upper dotted line, whereupon it (the soft iron) is again drawn down over the neutral line, and its polarity again changing, the beam magnet C is again repelled to the lower line, continuing so to move until it is stopped or worn out. This simply illustrates the beam movement. To gain a large amount of power the inventor would place groups of compound stationary magnets above and below the beam at each side, and the soft iron magnets, in this case four in number, connected by rods passing down between the poles of the stationary magnets. A "Pitman" connecting the beam with a flywheel to change the reciprocating into a rotary motion would be the means of transmitting the power. With magnets of great size an enormous power, he claims, could be obtained in this way.

One of the daintiest and prettiest of Mr Gary's models is that illustrating the action of a rotary motor. There is a peculiar fascination in watching the action of

Fig. 3.



this neat little contrivance. It is shown in Figure 4. The letter A represents an upright magnet hung on a perpendicular shaft; B, the horizontal magnets; C, the soft iron which is fastened to the lever D; E, the pivoted joint on which the lever is balanced; and F, the thumb-screw for adjusting the movement of the soft iron. This soft iron is so balanced that as the north pole of the upright magnet A swings around opposite and above the south pole of the horizontal magnets B, it drops below the neutral line and changes its polarity. As the magnet A turns around until its north pole is opposite and above the north pole of the magnets B, the soft iron is drawn upward and over the neutral line, so that its polarity is changed again. At this point the polarity in the soft iron C is like that of the permanent magnets A and B. To start the engine the magnet A is turned around to the last-named position, the poles opposite like poles of the magnet B; then one pole of the magnet A is pushed a little forward and over the soft iron. This rotary magnet is repelled by the magnets B, and also by the soft iron; it turns around until the unlike poles of the permanent magnets become opposite; as they attract each other the soft iron drops below the neutral line, the polarity changes and becomes opposite to that of the magnets B and like that of the magnet A; the momentum gained carries the pole of A a little forward of B and over the soft iron, which, now being of like polarity, repels it around to the starting point, completing the revolution. The magnets A and B now compound or unite their forces, and the soft iron is again drawn up over the neutral line; its polarity is changed, and another revolution is made without any other force applied than the force of the magnets. The motion

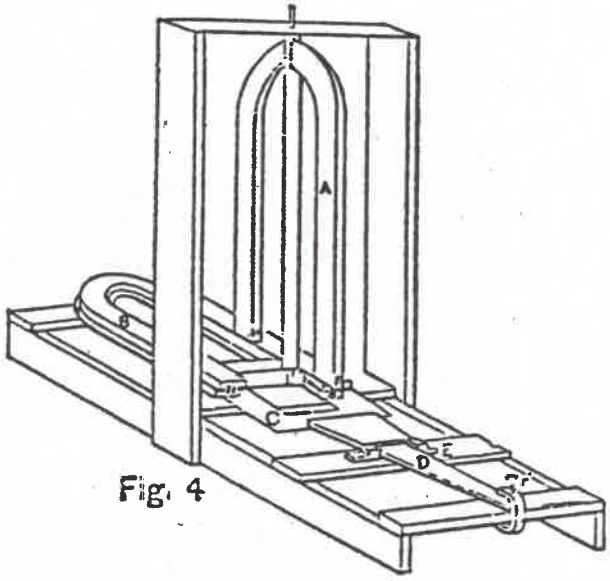


Fig. 4

will continue until some outside force is applied to stop it, or until the machine is worn out.

The result is the same as would be obtained were the magnets B removed and the soft iron coiled with wire, and battery force applied sufficient to give it the same power that it gets from the magnets B, and a current changer applied to change the polarity. The power required to work the current changer in this case would be in excess of the power demanded to move the soft iron over the neutral line, since no power is required from the revolving magnet under these circumstances, it being moved by the magnets compounding when like poles are opposite each other, three magnets thus attracting the iron. When opposite poles are near together, they attract each other and let the iron drop below the line. The soft iron, with its lever, is finely balanced at the joint, and has small springs applied and adjusted so as to balance it against the power of the magnets. In this working model the soft iron vibrates less than a fiftieth of an inch.

This rotary motion is intended for use in small engines where light power is required, such as propelling sewing machines, for dental work, show windows, etc.

When Wesley Gary was a boy of nine years, the electric telegraph was in its infancy and the marvel of the day; and his father, who was a clergyman in Cortland County, New York, used to take up matters of general interest and make them the subject of an occasional lecture, among other things, giving much attention to the explanation of this new invention. To illustrate his remarks on the subject he employed an electromagnetic machine. This and his father's talk naturally excited the boy's curiosity, and he used to ponder much on the relations of electricity and magnetism, until he formed a shadowy idea that somehow they must become a great power in the world. He never lost his interest in the subject, though his rude experiments were interrupted for a while by the work of his young manhood. When the choice of a

This rotary motion is intended for use in small engines where light power is required, such as propelling sewing machines, for dental work, show windows, etc.

calling was demanded, he at first had a vague feeling that he would like to be an artist. "But", he says, "my friends would have thought that almost as useless and unpractical as to seek for perpetual motion." At last he went into the woods a-lumbering, and took contracts to clear large tracts of woodland in Western and Central New York, floating the timber down

the canals to Troy. He followed this business for several years, when he was forced to abandon it by a serious attack of inflammatory rheumatism, brought about through exposure in the woods. And this, unfortunate as it must have seemed at the time, proved the turning point in his life. His family physicians insisted that he must look for some other means of livelihood than lumbering. To the query, "What shall I do?", it was suggested that he might take to preaching, following in the footsteps of his father, and of a brother who had adopted the profession. But this he said he could never do; he would do his best to practice, but he couldn't preach. "Invent something, then," said the doctor. "There is no doubt in my mind that you were meant for an inventor." This was said in all seriousness, and Mr Gary was at length persuaded that the doctor knew him better than he did himself. His thoughts naturally recurring to the experiments and dreams of his youth, he determined to devote all his energies to the problem. He felt more and more confident, as he dwelt on the matter, that a great force lay imprisoned within the magnet; that some time it must be unlocked, and set to doing the world's work; that the key was hidden somewhere, and that he might find it as well as someone else.

At Huntington, Pennsylvania, Mr Gary made his first practical demonstration, and allowed his discovery to be examined and the fact published. He has long been satisfied, from his experiments, that if he could devise a "cut-off", the means of neutralising the attractive power of a stationary magnet on another raised above it and adjusted on a pivot, unlike poles opposite, and so arrange this cut-off as to work automatically, he could produce motion in a balanced magnet. To this end he persistently experimented, and it was only about four years ago that he made the discovery, the key to his problem, which is the basis of his present motor, and upsets our philosophy.

In experimenting one day with a piece of soft iron upon a magnet he made the discovery of the neutral line and the change of polarity. At first he gave little attention to the discovery of the change of polarity, not then recognising its significance, being absorbed entirely by the possibilities the discovery of the neutral line opened up to him. Here was the point for his cut-off. For a while he experimented entirely with batteries, but in September, 1874, he succeeded in obtaining a movement independent of the battery. This was done on the principle illustrated in Figure 2. The balanced magnet, with opposite poles to the stationary magnet, was weighted so that the poles would fall down when not attracted by the stationary magnet. When it was attracted up to the stationary magnet, a spring was touched by the movement, and thus the lever with the soft iron was made to descend between the two magnets on the neutral line, and so cutting off the mutual attraction. Then the balanced magnet, responding to the force of gravitation, descended, and, when down, struck another spring, by means of which the cut-off was lifted back to its original position, and consequently the force of attraction between the magnets was again brought into play.

In June, the following year, Mr Gary exhibited this continuous movement to a number of gentlemen, protecting himself by covering the cut-off with copper, so as to disguise the real material used, and prevent anyone from robbing him of his discovery. The publication in the local newspaper of the performance of the little machine, which was copied far and wide, excited much interest. But the inventor was by no means satisfied. He had succeeded in securing a continuous motion, but not in a practical motor. He had invented a unique plaything, but not a machine that would do a man's work. So he made further experiments in one direction and another, using for a long time the battery; and it was not until some time after he moved to Boston (which was about two years ago) that he was convinced that the point in the change of polarity, with which he was so little impressed when he first hit upon them along with his discovery of the neutral line, were the true ones to work upon. Thereafter his progress was most rapid, and in a little while he had constructed working models, not only to his own satisfaction, but to that of those experts who had the fairness to give them a critical and thorough examination, clearly demonstrating his ability to secure motion and power, as they had never before been secured, from self-feeding and self-acting machines. His claim, as he formally puts it, is this: "I have discovered that a straight piece of iron placed across the poles of a magnet, and near to their end, changes its polarity while in the magnetic field and before it comes in contact with the magnet, the fact being, however, that actual contact is guarded against. The conditions are that the thickness of the iron magnet must be proportioned to the power of the magnet, and that the neutral line, or line of change in the polarity of the iron, is nearer or more distant from the magnet according to the power of the latter and the thickness of the former. My whole discovery is based upon this change of polarity in the iron, with or without a battery." Power can be increased to any extent, or diminished, by the addition or withdrawal of magnets.

(Source: Harper's New Monthly Magazine, March 1879, pp. 601-605; www.rexresearch.com /gary/gary1.htm)

In September 2008 the Defense Intelligence Agency (DIA) initiated a $22 million, two-year contract with Bigelow Aerospace Advanced Studies (BAASS) to scientifically study UFOs and their effects on humans. And so began one of the most controversial programs in the history of the United States Government. The program was named Advanced Aerospace Weapon System Applications Program (AAWSAP) and was kept secret from the public until *The New York Times* broke the story in December 2017 (Cooper, Blumenthal & Kean, 2017). DIA senior analyst James T. Lacatski was the primary creator of AAWSAP.

Within five months of the AAWSAP start date in 2008, a team of 50 PhD and Masters level scientists, technicians, engineers, analysts, military intelligence professionals, program managers, and security officers had been recruited, hired, and were being assigned security clearances. During the program's 24 month duration plus a three month no-cost extension, BAASS delivered over one hundred technical reports on different aspects of UFO performance, as well as reports describing medical, psychological, and physiological effects of UFOs and associated phenomena.

Skinwalker Ranch

One area of investigation initiated by AAWSAP involved the (in)famous Skinwalker Ranch where multiple UFO sightings had taken place over decades as well as a plethora of anomalies that included cattle mutilations, sightings of orbs of different colours, discarnate entities, and poltergeist activity (Kelleher and Knapp, 2005). Shortly after the AAWSAP investigations began, the DIA

deployed several military personnel on site visits to Skinwalker Ranch to corroborate and evaluate earlier reports of anomalous phenomena. Lacatski himself had experienced a profound anomaly on the ranch in 2007; this experience, in fact, was a significant instigation for the formation of the AAWSAP/BAASS program.

All five DIA personnel deployed to the ranch experienced profound anomalies while on the property, and more importantly, all five "brought something home" with them. The leader of these five military personnel was a Naval Intelligence officer whom we gave the pseudonym Jonathan Axelrod in our book (Lacatski, Kelleher & Knapp, 2021). Axelrod was an accomplished engineer who would eventually be promoted to the rank of two-star admiral within Naval Intelligence and who possessed Top Secret/Sensitive Compartmented Information (TS SCI) clearances at the time of his ranch visit in July 2009.

The Pentagon's Secret UFO Program, the Hitchhiker Effect, and Models of Contagion

Axelrod, accompanied by Jim Costigan and David Wilson, encountered an anomaly on the ranch that caused a lot of fear in all three men. But little did he know that this incident was only the beginning of his troubles. Within a month of arriving back home in Virginia, a plethora of paranormal phenomena suddenly erupted in Axelrod's home.

For several years following his July 2009 and subsequent trips to the Ranch, Axelrod's wife and teenage children were subjected to nightmarish "dogmen" appearing in their backyard; to blue, red, yellow, and white orbs routinely floating through the home and in the yard; to black shadow people standing over their beds when they awoke; and to a relentless barrage of loud, unexplained footsteps walking up and down the stairs of their house.

The Axelrod teenagers endured some very scary episodes in their bedrooms; Paul, the younger teenager, claims to have been attacked by blue and red orbs in his bedroom on the night of February 7, 2011. But they kept quiet about their strange experiences. So imagine Paul's shock when he was approached by one of his high school friends in 2011 who told him that on the previous night, he had looked out his bedroom window and had witnessed a large wolf-like creature standing outside his bedroom looking in at him. A few weeks later another friend told Paul of seeing strange blue lights flying around his backyard. These revelations by the two friends came without prompting from Paul. In other words, they cannot be dismissed as "me too" phenomena. The experiences by Paul's school friends suggests that the perception of bizarre creatures and blue orbs was transferable beyond the Axelrod family home and out into the neighbourhood. It's unlikely that these events could be explained as a series of improbable coincidences. Likewise, since the Axelrod children were

very reticent in discussing these experiences outside their immediate family, the incidents with their school friends cannot be dismissed as peer mimicry.

The Axelrod family also suffered health effects with the wife suffering flare-ups of systemic lupus erythematosus (lupus) and Raynaud's disease. Both Axelrod teenagers also endured intense flu-like symptoms at different times following anomalies in their home, with the most serious medical symptoms occurring in the younger teenager.

What was once a normal middle-class home in suburban Virginia became an inferno of unexplained phenomena. And Axelrod and his family were certain that the trigger for this transformation was his first trip to Skinwalker Ranch. Axelrod and his family can be considered the "poster children" for the eruption of anomalies in the home following trips to Skinwalker Ranch.

The entrance of Skinwalker Ranch

Health Effects

The Axelrods were far from alone. During the AAWSAP/BAASS program, the phenomenon of ranch visitors bringing something home with them became the rule rather than the exception. Even ranch owner and BAASS founder Robert Bigelow reported numerous anomalies and unusual activity in his home in the months and years after visiting Skinwalker Ranch. Journalist George Knapp made several visits to Skinwalker Ranch before and after the AAWSAP/BAASS investigations on Skinwalker Ranch, some lasting overnight. Subsequent to the trips, Knapp reported that his wife experienced multiple apparitions in their home, including sightings of blue orbs outside the window of their place in Las Vegas.

Jim Costigan, a Marine who had accompanied Axelrod on that first visit to the ranch, and his wife experienced a very close encounter with a blue orb in their quiet Maryland neighbourhood in September 2009. Her upper arm was briefly grazed by a low flying blue orb as it flew past her and disappeared into the neighbourhood. Almost immediately she became ill and experienced a constellation of unusual symptoms before being eventually diagnosed with Hashimoto's thyroiditis, an autoimmune disease in which the immune system attacks the thyroid gland.

A number of other people who became "infected" at Skinwalker Ranch also began to experience autoimmune disease in one or more family or household members. These autoimmune diseases included Graves' Disease (thyroid), Sjögren's syndrome (salivary and tear glands), Hashimoto thyroiditis (thyroid), rheumatoid arthritis (joints), and lupus (heart, lung, muscle). Blood dyscrasias, connective tissue and dermatological abnormalities, including those of systemic sclerosis, were also diagnosed in this group of experiencers. It is important to note that all of the medical diagnoses were made by at least three MDs and all brain scans and other clinical findings were reviewed independently by more than one board-certified specialist physician.

George Knapp and I have separately interviewed more than 10 security officers who had spent two-week tours of duty on the ranch as a part of the AAWSAP/BAASS program, and each security officer confirmed that they had brought a paranormal infection from Skinwalker Ranch with them. The officers confirmed that they or their partners had experienced poltergeist and other paranormal activity in their homes following their tours on the ranch.

A number of other people who became "infected" at Skinwalker Ranch also began to experience autoimmune disease in one or more family or household members.

Lacatski himself and his wife experienced a few, but not many, anomalies in their home in the years following his Skinwalker Ranch experience. But DIA official Susanna Ash, who was hired at the Defense Warning Office in January 2011 and sat in the office cubicle at DIA next to Jim Lacatski between February and June 2011, reported that on the night of February 6, 2011, Eddie Ash, Susanna's brother who previously had no experience whatsoever with anomalies, had an escalating series of close encounters with UAPs in rural Mocksville, North Carolina, that continued for months afterwards. Eddie's quiet country home suddenly had large orange UAPs

hovering outside at night. Aerial photos of his house were sent to his mobile phone from unknown numbers. And his pet dog once disappeared (through multiple locked doors) while Eddie slept, only to be found in the morning whimpering outside.

After Robert Bigelow sold the Skinwalker Ranch to Utah real estate mogul Brandon Fugal in April 2016, Fugal installed a multidisciplinary team of scientific talent and instrumentation on the property to continue the scientific investigations of the ranch anomalies. Brandon Fugal's team corroborated many of the anomalies experienced by AAWSAP and by National Institute for Discovery Science (NIDS) personnel. In 2020 the History Channel began airing TV documentary episodes entitled *The Secret of Skinwalker Ranch*. Many anecdotal reports began emerging regarding individuals on Skinwalker Ranch "bringing something home" with them in the past few years.

The Hitchhiker Effect

This feeling of "bringing something home" and the subsequent person-to-person transmissibility of paranormal phenomena, some of which can last for years, has been named the "Hitchhiker Effect". In an April 2022 interview, Skinwalker Ranch research team member Dr Jim Segala addressed the Hitchhiker phenomenon:

> "Over the past five years, it has been our experience that when people interact with the phenomena and do not treat the phenomena with respect, that's when we see a higher rate of the Hitchhiker Syndrome. Symptoms experienced by people range from acute neurological injuries to chronic blood disease. Those who have told us that they have brought home a souvenir often have some type of illness as well as family members. The data again comes from years of tracking and collecting data from those who have come forward." (Sinclair, 2022)

Segala's description mirrors many of the Hitchhiker symptoms experienced by victims and documented during the AAWSAP program and provides additional details on the medical sequelae of the Hitchhiker Effect.

But the Hitchhiker Effect is not unique to Skinwalker Ranch. The AAWSAP research team found that even close encounters with UFOs in locations unrelated to Skinwalker Ranch produced a version of the Hitchhiker Effect. This was not always the case but did occur especially when the experiencers were followed and regularly interviewed by the AAWSAP team over long periods of time.

For example, biotechnologist Ron Becker and his daughter were travelling outside Bend, Oregon in May 2005 when his daughter noticed three blue-coloured objects moving randomly in a field close to the highway. The objects quickly flew towards the vehicle, one went in front, one went through the car and flew across the dashboard, and the third entered Ron Becker's shoulder, manoeuvred through his thoracic area and exited his shoulder as his horrified daughter watched. Ron Becker subsequently came down with a constellation of medical symptoms.

Becker's daughter, although shocked and disturbed by the incident, was not medically injured. When she returned to the home in Connecticut that she shared with her three college roommates, a paranormal frenzy seemed to erupt in the home with her friends waking up to find dark shadowy humanoid figures crouching over their beds and extensive poltergeist activity in the home, especially heavy footsteps traipsing up and down the stairs at night. Becker or her college friends had never experienced any activity in that home prior to her close encounter with the blue orbs.

Poltergeists and Contagion

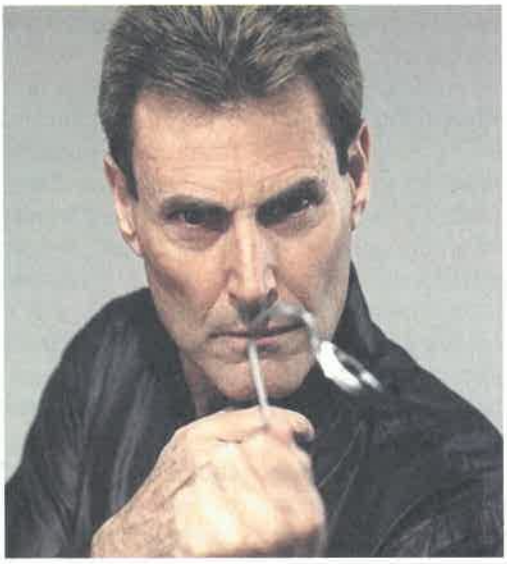
Darren W. Ritson's recent thought-provoking book on poltergeists and contagion (Ritson, 2021) depicts evidence for a transmissibility phenomenon that occurred with the infamous South Shields, UK poltergeist case of 2006 and aftermath. The book described in great detail the disturbing effects of a poltergeist that "infested" a

home in South Shields, a small town in northeast England during 2006 and 2007. Ritson and his colleague/co-investigator Michael Hallowell recounted many anomalous events, the majority of which overlapped with phenomena that had been reported on Skinwalker Ranch, including:

> "...windows opening and shutting repeatedly, appearances of anomalous black shapes, sounds of footsteps in the loft, banging and thumping noises in

the bedrooms, people being pushed violently from behind, discarnate voices, objects being moved around."

Ritson goes on to describe "a process whereby the bizarre antics of the poltergeist spread outwards from the home of the principal witnesses and start to affect others around them; extended family members, friends, colleagues and investigators who choose to, or accidentally wander into, the arena of metaphysical conflict. Like a communicable disease, the poltergeist phenomenon can attach itself to others." Ritson's words echo the experiences of the AAWSAP investigators on the Skinwalker Ranch in detail. Through delineating multiple additional cases, Darren Ritson provides further evidence that poltergeist contagion is possibly quite common and underreported.



Uri Geller

Previous Evidence of Transmissibility

In 1973, when noted illusionist and psychokinetic practitioner Uri Geller was undergoing a series of tests of his psychic abilities at the prestigious Lawrence Livermore National Laboratory (LLNL), a series of bizarre events began to unfold both in the lab itself and at the homes of the scientists who were conducting the studies. As with Skinwalker Ranch visitors, many of the researchers involved had the highest level of security clearances, including Special Access Program (SAP) clearances that necessitated polygraph testing as well as frequent personality evaluations.

Author Jim Schnabel, in his engaging history of American psychic spies (Schnabel, 1997), recounts the bizarre series of events that unfolded at the lab when scientists began to "measure" Uri Geller's alleged psychic abilities. Writes Schnabel:

"Peter Crane and some of the others in the Livermore group quickly found themselves involved in more strangeness than they could handle. In the days and weeks that followed, they began to feel that they were collectively possessed by some kind of tormenting, teasing, hallucination-inducing spirit. They all would be in a laboratory together, setting up some experiment, or one of the fellows and his wife and children would be at home, just sitting around, when suddenly there in the middle of the room would be a weird, hovering, almost comically stereotypical image of a flying saucer... On the other hand, the flying saucer wasn't the only form the Livermore visions took. There were sometimes animals—fantastic animals from the ecstatic lore of shamans—such as the large raven-like birds that were seen traipsing through the yards of several members of the group. One of them appeared briefly to a physicist named Mike Russo and his terrified wife. The two were lying around one morning when suddenly there was this giant bird staring at them from the foot of their bed. After a few weeks of this, Russo and some of the others began seriously to wonder if they were losing their sanity."

Other scientists and their families saw orbs and black shadowy forms in their homes.

There are some interesting overlaps between the events at Lawrence Livermore in 1973 and those that occurred at the Axelrod's residence and at the homes of other Skinwalker Ranch visitors some 37 years later. In both, the central "victims" were individuals with highest level clearances and are/were working in senior position levels in several government agencies. In both, an initial "psychic" trigger (Uri Geller to Livermore and Axelrod's or Costigan's visit to the ranch) plunged multiple people, and their families, into a netherworld where high strangeness events unfolded. In both, balls of light presented unexpectedly to family members. In both, bizarre, archetypal, mythological animals and birds manifested. In both, multiple poltergeist-like phenomena affected families. In both, the experiences appeared to be centred near bedrooms, hallways, and backyards of homes involved. In both, black rectangles (Axelrod, Witt)

or black cubes (Livermore scientists) were involved. Intriguingly, physicist Hal Puthoff was a central player in both the Lawrence Livermore and, as an AAWSAP BAASS consultant and contractor, in the Axelrod and other post Skinwalker Ranch incidents.

Infectious Agent Model

During 2020 and 2021 everyone in the world became familiar with the jargon of coronavirus infectious disease modelling. After thousands of newspaper, TV, and digital media reports detailed the first COVID-19 index cases in Washington state, Wuhan, California, and New York, the concept of an index case for an infectious disease became familiar to everyone. Just as the Wuhan Institute of Virology or the wet markets in China may have been the source of the COVID-19 outbreak, could Skinwalker Ranch be the source of an infectious agent of some kind?

The experiences of Axelrod and others have led me to consider an infectious disease model to try to shed some light on the phenomena, as they bore a striking resemblance to the transmission of an infectious agent between individuals. The "symptoms" of the "infection" comprised the eruption of poltergeist and other paranormal events in the immediate environment of the newly infected individual.

Utilising this terminology, Axelrod was the index case who was first "infected" on Skinwalker Ranch and carried the infectious agent 2,000 miles home to Virginia with him. Within a few days or weeks, the agent had spread from Axelrod to his wife and both his teenage sons, and all three began experiencing a bewildering diversity of anomalies in their home. Within a few more weeks the infectious agent had spread to the neighbourhood and infected two teenage friends, probably at school, who lived within a couple of miles of the Axelrod home. It should be noted that the symptoms of infection from Skinwalker Ranch are not respiratory distress or death, as with COVID-19, but rather profoundly altered perceptual environments.

In standard infectious disease parlance, the basic reproduction number (denoted by R0) is a measure of how transmissible a disease is. It is the average number of people that a single infectious person will infect over the course of their infection. In the "Axelrod outbreak," the basic reproduction number R0 could be denoted as 3. Therefore, any study of the putative transmission of the Skinwalker Ranch infectious entity would be very amenable to standard infectious disease modelling. The tools of infectious disease modelling are well established.

It goes without saying that the number of people involved in these observations are too few to draw any firm conclusions, but the metaphor of an infectious disease could be a useful one for future research on the Hitchhiker Effect.

Obviously, in order to drill down into this infectious disease possibility, a much larger epidemiological modelling effort would have to be initiated, one in which every individual and their family members who spent time on Skinwalker Ranch could be followed closely and interviewed every few months over a several year period.

Social Contagion Model

An interesting paper by Ben Green, Thibaut Horel, and Andrew V. Papachristos published in the *Journal of the American Medical Association* in 2017 showed that gunshot violence follows an epidemic-like process of social contagion that is transmitted through networks of people by social interactions. The objective of the study was to evaluate the extent to which the people who will become subjects of gun violence in Chicago can be

predicted by modelling gun violence as an epidemic that is transmitted between individuals through social interactions. According to the results, "social contagion" accounted for 63.1 per cent of the 11,123 gunshot violence episodes in Chicago; subjects of gun violence were shot on average 125 days after contact with their "infector", the person most responsible for exposing the subject to gunshot violence. Some subjects of gun violence were shot more than once.

The authors write: "Our findings suggest that the diffusion of violence follows an epidemic-like process of social contagion that is transmitted through networks by social interactions." In other words, the transmission of violence, although not an infectious entity, follows a predictable social contagion model that is amenable to analysis and, subsequently, to intervention.

Regardless of the epidemiological model utilised (infectious agent or social contagion), the central point is that the AAWSAP program on Skinwalker Ranch was the first to unmask a transmission-like phenomenon that was occurring in individuals who visited the ranch, and that

this transmission is probably amenable to analysis utilising standard infectious disease or social contagion modelling. Further, in some cases, the transmission into some households was correlated with the emergence of autoimmune disease in family members. Hence in these post-Skinwalker Ranch contagions, if social contagion is the appropriate modelling template, then social contagion in these cases has biological consequences.

Other Models of Social Contagion

A number of authors have sought to develop or challenge the simple network model of social contagion. Those seeking to develop this model have suggested that a more satisfying model of contagious social behaviour requires a more layered account of the nature of social contact (Thompson, T., Personal Communication). Harvard University's Damon Centola and Cornell University's Michael Macy (2007) distinguished between "simple" and "complex" social contagions, arguing that the latter requires contact with more than one infected carrier.

British mathematician Iacopo Iacopini and colleagues developed a model that combines stochastic processes of simple contagion and of complex contagion occurring through group interactions in which an individual is simultaneously exposed to multiple sources of contagion (Iacopini et al., 2019). These authors created simulations from contact data from four separate real-world situations: a workplace, a conference, a hospital, and a high school. These higher order interactions of social contagion might eventually be applied to model data from hitchhiker attachments.

Future Research

Following the June 25, 2021, announcement by the Office of the Director of National Intelligence (ODNI) that UFOs are real and may constitute an air safety threat and even a national security problem, much public interest has been focused on what a future program investigating both UFO performance and UFO effects on human beings might look like. During such a study, if additional examples of a Hitchhiker Effect were discovered, several paths for future research could be explored.

An epidemiological infectious agent model could be adopted. Provided the number of cases was sufficiently large in a new study, formally measuring the basic reproduction number (R0) of the hitchhiker "infections" would be feasible. Such a study could utilise some of the most useful epidemiological parameters defined for COVID-19 (Gallo et al 2020). For example, measurement of time between infection and onset of symptoms (aka incubation period) will be possible. The definition of the contagion's transmissibility period, the time during which an infected person transmits the infectious entity to other people, would also be achievable. Definition of any illnesses in families, school friends, or neighbours associated with hitchhiker transference would add to the research picture of the transmissibility phenomenon.

The links between biological and social contagion could be explored. Social contagion is similar to biological contagion—both spread through a replication process that is heedless of the consequences for the individual, and if each person transmits to more than one person, the rapid pace of exponential growth creates an epidemic (Bauch and Galvani, 2013). In the Skinwalker Ranch cases cited above, the development of autoimmune disease in several of the families suffering the Hitchhiker Effect was observed by AAWSAP researchers. Whether autoimmune disease development in these families was caused by "hitchhikers" is unknown, although links between stress-related disorders and autoimmune disease are well known (Song et al., 2018).

Future research could also allow us to test various hypotheses on the mechanism involved in the Hitchhiker Effect. The common denominator with people who experience the effects of bringing something home is not respiratory distress, haemorrhagic fever, or other symptoms of viral infection. Alterations in a person's perceptual environment appears to be the most common manifestation. Symptoms include waking up with black shadow humanoids standing over their beds; various types of poltergeist activity; coloured orbs flying through people's bedrooms and homes at night; apparitions of dead children or adults; unexplained loud noises around the house; and much more.

The Role of Consciousness

Alterations in human perception as a result of being "infected" suggest that some of the new models of human consciousness proposed by luminaries such as philosopher–computer scientist Bernardo Kastrup (Kastrup, 2019), University of California Irvine professor Donald Hoffman (Hoffman, 2020), Rice University professor Jeffrey Kripal (Kripal, 2019), microchip inventor Federico Faggin (Faggin, 2021), University of Virginia professor Edward Kelly (Kelly et al., 2015), and stem cell biologist Robert Lanza (Lanza et al., 2020) may be relevant. The proposal that consciousness is "prime" and actually undergirds physical reality and is not emergent from neurochemical trafficking in the brain is fundamental to this new viewpoint.

One implication of the new perspective on human consciousness is that the brain may act as a "filter" of consciousness, as proposed by Aldous Huxley (Huxley, 1954). Bernardo Kastrup emphasises that psychedelics decrease brain activity while the individual paradoxically undergoes extremely intense perceptual activity (Kastrup, 2021). He writes:

> "...in all cases, the physiological effect of the psychedelic is to reduce brain activity, particularly in the so-called 'default mode network,' which is correlated with our ego or sense of individual identity.

The phenomenological effect, on the other hand, is one of the richest and most intense experiences a human being can possibly have. If one's brain is effectively going to sleep during those experiences, where are the experiences then coming from?"

Kastrup's question is a good one, and measurable brain alterations, including quiescence, may be one investigative readout for looking at Hitchhiker Effects on the human brain as a part of a future UFO program.

Once the hitchhiker "attaches" to, or infects a new victim, can it play a role in manipulating or inhibiting the normal mode of the brain in filtering out reality in much the same way as psychedelics allegedly reduce the brain's screening capability? (Luke, 2022; Swanson, 2018)

In a future research program, assuming a sufficiently large number of cases with adequate statistical power, researchers could test and measure the effects of a hitchhiker infection on victims. The brain imaging studies on experiencers and family members conducted as a part of the AAWSAP 2008–2010 program could be significantly expanded to specifically test whether experiencers and family members showed unusual brain activity or structure when compared to controls. Issues of looking at brain biomarkers have been ongoing, and a number of papers have already been submitted for peer reviewed publication (Green, C.C., Personal communication).

The Pentagon's secret AAWSAP program pioneered a dual track approach of investigating UFO performance and technical characteristics while simultaneously researching effects of UFOs on humans and thus successfully created a new innovative template for future US Government UFO programs. Whether this template is capable of being utilised again remains to be seen.

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About the Author:

Colm A. Kelleher, PhD, is a biochemist with a long research career in cell and molecular biology. Following his PhD in biochemistry from the University of Dublin, Trinity College, Kelleher worked at the Ontario Cancer Institute, the Terry Fox Cancer Research Laboratory, the National Jewish Center for Immunology and Respiratory Medicine, and Prosetta Biosciences in San Francisco. Between 1996 and 2004, he led the research program at the National Institute of Discovery Science, using forensic science methodology to unravel scientific anomalies. He then served as the Deputy Administrator running the US Government's UFO program at Bigelow Aerospace Advanced Space Studies. Between 2013 and 2020, he was Vice President & Chief Scientist of Environmental Control & Life Support Systems at Bigelow Aerospace. Kelleher has authored and coauthored 40 peer-reviewed research papers in virology, biochemistry, and immunology, as well as three books.

Editor's Note:

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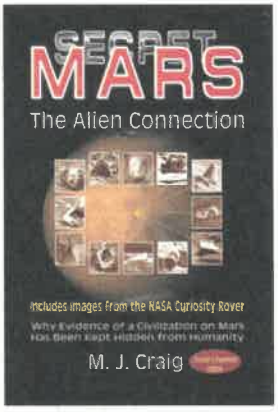

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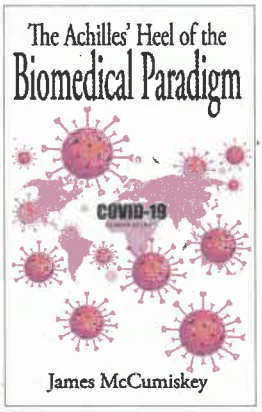

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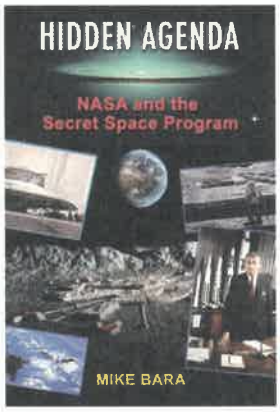

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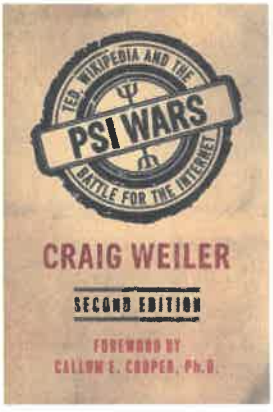

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UFOS, CABALS, GLOBAL WARMING, AND THE DANGERS OF CYBER CURRENCY

A Candid Interview with The Honourable Paul T. Hellyer

Stan Mallow © 2021

The Honourable Paul Hellyer, former Canadian Minister of National Defence made headlines across the globe when he became the first person of cabinet rank in the G8 group of countries to state unequivocally, "UFOs are as real as the airplanes flying overhead".

I had the opportunity to interview him in 2021, shortly before his passing at the age of 97. We discussed a wide range of topics. This included UFOs, ETs, cabals, global warming, the dangers of cyber currency, and his book, *Liberation!: The Economics of Hope*. The text of my interview with him follows:

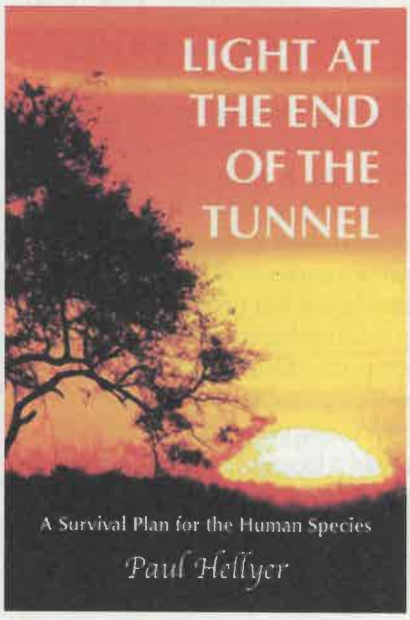
Stan Mallow (SM): You said that *Liberation!: The Economics of Hope* is your final and most important book. What are your reasons for saying that?

Paul Hellyer (PH): Actually, I am sure that it's my final book because I don't think my wife would let me write another one, but I'm not sure it's my most important book. I have written four books in a series, starting with *Light at the End of the Tunnel: A Survival Plan for the Human Species*. That was written 11 years ago. When I wrote it, I thought it was my final book because it contained just about everything I knew at the time, had some suggestions for the planet and things that had to be done, such as we had 10 years to do something about global warming.

It's now 11 years since it was written and basically, we've done practically nothing. And that is a very important issue that has to be looked at squarely in the face, or this planet will not be habitable for our young people and our grandchildren.

Then, four years later, I had learned a lot more about what goes on in the Universe and some of the things that were happening on Earth. I decided I've got to write this. I always say that what we're doing here is fighting a spiritual battle and that's the way I wind up. I'd learned from the creator how and why the cosmos was created and the fact that we are all made of the same material and that we are all brothers and sisters, regardless of the colour of our skin.

And so, I wanted to put that into



writing. And I didn't have quite enough material for a book. And this one I think is very important because I'm very much interested in the financial system, the banking systems. I have been for 70 years. That was the reason I went into politics in the first place, and I haven't managed to get it changed yet.

We had this terrible depression, and I was a child of the depression and I saw this poverty in its rawest form. And so, at university, I asked my professors if we needed recessions and depressions. And they said, "Well, that's part of the system, they keep happening." That wasn't my question. My question is if they're necessary and, in my opinion, they are not.

There has never been a recession or depression that was necessary. They're all monetary phenomena and none of them needed to happen. So, I've been working away at this, off and on for a lifetime—a rather long lifetime—and still am.

When the pandemic came along, I knew at once that the system was going to crash and that thousands and thousands of people were gonna lose their jobs and others were gonna lose their houses and so on and be out in the street and that somebody had to do something about it. This was an opportune time to try and do what we have failed to do before; and that's to change the system.

I've been pushing the hot button that the Fed has got to go, that the Fed has to be nationalised and that the governments have to create—I'm suggesting 34 per cent of the new money created every year,

which is enough to balance their budgets at the federal level, the state level and the municipal level with taxes somewhat lower, a little bit lower than before. Not the magic bullet that some of my friends say, you know, do this and you never have to tax anybody anymore. That is absolute rubbish and should be known for that because you still have to collect a lot of money through taxation, but you don't have to have austerity economics all the time, or most of the time and start important things like building hospitals and building bridges and providing support for the people who are desperate and doing the things that human beings should be doing if they really believe that the people are important.

Other people are important, and they should pay some attention to them. So that was the motivation and I decided to do something I've never done before and that's instead of writing an introduction to the book to put in a section called "Disclosure" and it really relates to the five plagues, as I call them, that the cabal, that I and others describe as running the show in the United States and elsewhere have subjected us to and they include important things like global warming and the financial system and electronic fields and all sorts of things that are bad that have to be addressed and then said, these are the things that we have to look at right away and do something about it, or it's gonna be too late and we won't have a liveable planet. We'll have a planet that's just going to be half the size that we require for the people who are inhabiting it. So that's sort of where I'm coming from and it's been a long road, an interesting road and one that apparently isn't quite over yet. And so, I'm going to keep moving along and doing what I can to get people involved.

I recently sent 280 books to members of Congress, the Senate,

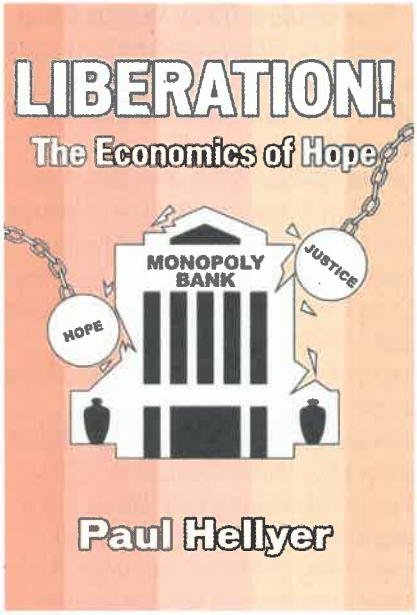
the administration in the US with a personal letter. And they may resent it, I don't know. It doesn't keep me awake at night because I'm not running for anything and so I don't have to worry what they think about me, but I wanted them to know what I think about what they have to do, which they haven't been doing because they didn't know what they had to do, and nobody was telling them.

And so, this is the approach. So that's a good point to put in my best line from my first one of the four books, which was "I didn't know how much I didn't know, because I didn't know how much there was to know". That's as true today as the day I wrote it because it's just like a scroll, not one that opens and then closes when you put it away. But one that keeps opening up in both directions to infinity. It's a never-ending learning process of finding out what's going on because the cosmos is a fantastic place and so full of life, of different sorts, different kinds and different appearances that it's just, it's absolutely delightful but you've gotta know about it and you have to accommodate yourself to it and say, well we want to live not only peacefully here on Earth, which we haven't been very successful at, but we want to work with the good guys in the rest of the cosmos as friends and neighbours and see if we can help each other in some ways and that's certainly a very real possibility.

Liberation From the Elite

SM: The first word in the title of your book, *Liberation!: The Economics of Hope* is obviously liberation. It is also quite telling and raises numerous questions. To cut to the chase, what must we be liberated from?

PH: We have to be liberated from the control of the rich elite who think they should run our lives for us. And they're right into it again now. They're talking about a reset in the system, not to fix up one that's worthwhile for the people but a reset, which is just another way that they'll have of taking away the value of the goods and services produced



by working people. In other words, it's just another way of cheating, another way of skimming the cream off the milk. They're very ingenious, you know. They talk about cyber currencies as if it's just something that's a wonderful thing that's gonna happen to the world.

Well, it's just like somebody coming along and picking your pockets, so if that's wonderful, I'm not really for pickpockets myself. I'd like to see the pockets open, and the contents made available to the people who are starving and who have lost their jobs in the pandemic and whose rent is two or three months behind and so on.

On the Reality of UFOs

SM: Paul, you made headlines internationally in 2005 when you became the first person of cabinet rank in the G8 group of countries to state unequivocally "UFOs are as real as the airplanes flying overhead." What led you to that conclusion?

PH: Well, it's an interesting story. When I was minister, I had seen sighting reports and about 80 per cent of the sightings were natural phenomena; Venus or a meteor or something. About 20 per cent were not. They were unidentified flying objects. And so, I didn't pay much attention because I was unifying the armed forces at the time and it was a very difficult job, took all my energy to do, what Bob McNamara and others said was more or less impossible but something every minister would wanna do if they had the guts to do it. So, I did it and I didn't pay much attention to the subject afterward until about, well, it's about 17 years ago now, when a young man from Ottawa, Pierre Juneau, started sending me stuff about the UFOs and asking me if I would take an interest and I told him I didn't have time to read it, which was the truth. He said, "We'll just put it on a shelf for a rainy day" and I said, "Well, I'll agree to that." Then he asked me to watch a two-hour special, the ABC network in the US, Peter Jennings, not a war producer, put together. And here were all these former United States Air Force pilots and former civil pilots and air traffic controllers and policemen who had all seen UFOs. And I said to myself, why would they lie?

Would anybody pay them to lie, get up and lie and say, "I've seen a UFO." I don't think so. So, I tucked it way in the back of my head and then Pierre sent me a book called *The Day After Roswell*, by Colonel Philip Corso and I said to myself, this will make interesting reading at the lodge this next summer. And so, I put it away and when summer came, I looked for it and couldn't find it. So, I took the *Life of Pi*, which was entertaining, but I didn't realise for sure until near the end that it was fiction, unlike that of Corso's book, which I recognised as being legitimate because I recognised the names of the generals, and the air force bases and so on.

While I was reading it, my nephew came along and asked me about it. I told him. He said, "Well, I'm a sceptic." And I said, "Well, you're entitled to be a sceptic. It's still a free country, more or less." He went home and two days later he phoned me and said, "I was talking to the general. And he said, 'Every word is true and more'."

I had been invited to this show in Toronto by Victor Viggiani and Mike Bird who were two genuine ufologists, but I had no intention of going because I was not a ufologist then. I am not now. I never will be. I'm just a politician who now has a fair amount of savvy about this subject and that's all I claim. I realised when I read it, you know the United States Air Force could get us into a galactic war because they have a policy of shooting first and asking questions after, and I don't think American people know what's going on and I think they have a right to know because they're taxpayers, they're paying for this stuff and they should know what's going on and so should we because everything that happens in the United States affects us one way or another.

I had come to the conclusion that I had a moral responsibility to say my piece and get it out into the public domain. But before I did that, I wanted to talk to the general personally and I got Philip to give him a heads up and I phoned him. Even before I could say, hello, how are you? He said, "Every word is true and more", and then for 20 minutes he spent telling me more; as much as he could without

violating his oath too much. And the most important thing was he said that United States officials have had face-to-face meetings with sentient beings from other star systems, period.

Well, they didn't get here on rowboats, and they didn't get here on balloons, or anything else I could think of. I knew 100 per cent that UFOs were real and that this was my responsibility, with my background in defence, to get that out into the public domain. And so, I phoned either Victor or Mike, I can't remember which, and said, "I'm coming".

One of my sins is procrastination and I hadn't told them that I wasn't coming but it worked out fine in that particular case and they were delighted, absolutely delighted. I left that line right till the end and when I said it, Mike Bird said it made him the happiest he'd been in his whole life to hear somebody of my background come out and say without hesitation that UFOs were as real as the airplanes flying overhead, and they are. The only difference now is that you never know whether they're American or from some other place.

Alien Species Visiting Earth

SM: Some people say there are over 50 species of alien, and they have been visiting Earth for thousands of years. Do you know where they come from, what they look like, and the reasons for them visiting our planet?

PH: First of all, I doubt they've been coming for thousands of years. One of the cases best known in ufology is about a flotilla of 50 flying saucers that came south, over central Europe in the early 1960s. I think it was '62. It was a close call as Lemnitzer was the commander in chief of the NATO forces there and he was just about ready to push the button and get us another war and the 50 turned around and went right back over the North Pole.

He was convinced they weren't Russian, that they had to be from elsewhere. So, he ordered a study, and it took three or four years to do. It involved, I think, two or three countries and they all did their part. The name of the book I think was just one word and its conclusion was that there had been at least four species visiting Earth for thousands of years. This became known because of a book given by the Colonel to a former Vietnam veteran with a top rating for the highest level of secrecy. He read it and it changed his life forever.

After he got out, he started going around the world talking about it. The reason I think that the number of species increased so fast—at least the ones that were identified—had a lot to do with the fact that we had developed atomic power and the cosmos is a unity. Whatever we do affects other parts of the cosmos. These people from outside, I think they said the children are playing with matches and they're likely to blow themselves up and their planet with them and make it unliveable. We better go down and take a look.

That's when the traffic looked like weekend traffic because the different species came. I don't know how many there are. I don't think anybody does but I know, and I've talked to somebody who was in the retrieval business who had a United States Army manual that listed 54 species. That was a tremendous increase from my early days, when Apollo astronaut, Edgar Mitchell and I had agreed to somewhere between two and 12. We were both a way off because we just didn't know that there were so many and maybe at that stage, there weren't so many, but they came later.

They look different. I think that the common conception is of the Greys who are shorter people—long, skinny arms and great big black eyes and so on. A slit for a nose. Most of the ones in our galaxy look like us. We're probably cousins. There have been visitors who could walk down a street and you would never know that you're looking at an alien. The Tall Whites were a bit like that. They weren't exactly the same, maybe as the Venusians or someone, but the Venusians and the Pleiadeans I think could get away with just walking down the street.

The Tall Whites—women dressed up as nuns—went to Las Vegas shopping and nobody could tell that they weren't just ordinary shoppers. So, they're different in looks, they're different in what they want. The big division is really between those species that are loyal to the creator, and most of those are represented by the Galactic Federation of Light and it's an organisation where they're very spiritual, very much behind the creator of the cosmos, and they have four or five different words for him. The one and the forever and the source. The others who are allied to Draco, reptilians, the Dracos who are on the other side with Lucifer. Some people call him the evil one, Satan. They have been squaring off for a long, long period of time, thousands of years, and it wouldn't be surprising if they had to square off again.

Mother Ships Around Earth

There are a lot of mother ships around us at the present time. I saw a picture that was taken, which showed a whole group of mother ships between us and the Sun. And there was a case on the 21st of February [2021], and this shows, I think, mostly how much we're still not telling the truth and showing what's going on. One of the men in the International Space Station was out walking in space to make some repairs to the station. A mother ship about eight miles long came and did 180 degrees turn around deliberately to them so they could be photographed and then went back off.

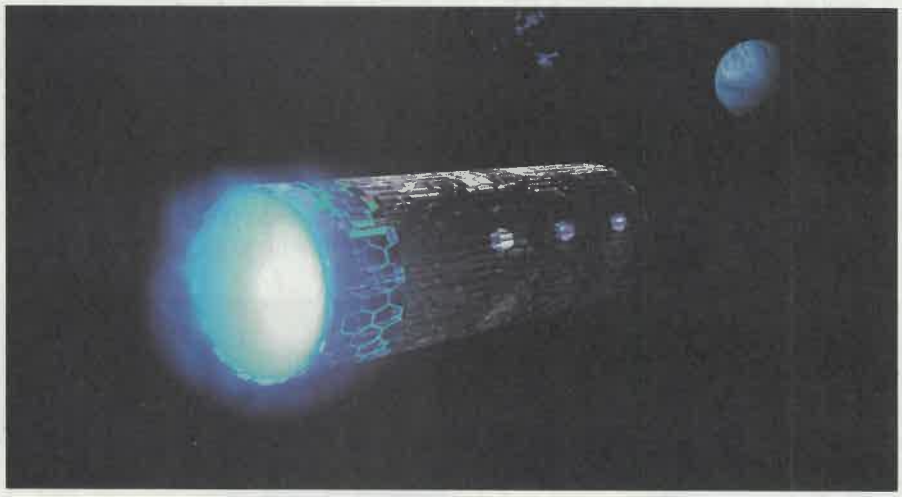
One of my friends sent me an email with a picture. I saw this guy working outside and then I looked down on the corner and here was this thing that looked like a huge sausage just coming in from the left-hand side. Just about then, the screen goes black and says this part has been removed due to copyright. Whose copyright? Who had time to copyright it? And the next time I looked, the black thing was gone. Two or three days later, even the initial email was gone from my inbox. No sign of it.

Alien Invasion Fallacy

SM: Quite a few years ago, renowned astrophysicist, Stephen Hawking warned of an alien invasion. That prompted you to voice a vigorous response wherein you defended extraterrestrials. What do you think made Stephen Hawking so fearful of aliens and why did you feel obligated to defend them?

PH: I think he just didn't know that they were around. I mean, he knew more about his things than anybody, but I think he hadn't seen one—he hadn't spent time with Steven Greer or Steve Bassett or myself or Paola Harris or a thousand others; a lot of other people studying this—and was unaware that they were here and peaceful and most of them wanted to do business with us in a nice way.

I thought, and especially with his high standing in the scientific world, for him to create a fear mode in respect of them was not helpful. So, in effect, I said, that is a wrong assumption. You have to assume that they could have taken us over anytime that they wanted to. And that most of them at least are benign, which they are. So, it was just again, a feeling that we needed more of the truth than just this conjecture that they might treat us as mice or rats or whatever, you know, normally what some animals would do if they came across some food somewhere.



Extraterrestrial Disclosure

SM: Do you think the time will come when extraterrestrials make their presence here on Earth known in a big way and they'll reveal themselves to all of humankind instead of just a few select individuals, which seems to be what they have been doing?

PH: I think that's the 64 trillion-dollar question and I don't know the answer and I don't think anybody knows the answer. I don't think the answer is yet knowable but having said all that, I think it may not be as long in the future as some of us might even hope for. It could happen reasonably soon because I don't think all those mother ships are out there for nothing and I know that the cabal's getting the Nazi aspects of things, and are getting very itchy about taking over the world and making it into one of their liking. The possibility of a clash in the foreseeable future is, I think, a greater reality than any of us would have said maybe even five years ago.

SM: While your book lists the concerns you have about the sad state of our world, you have given detailed solutions for resolving them. When do you think this will start to happen and who or what will be the catalyst that starts the ball rolling?

PH: I'm looking for someone. I'm too old to be the one, but I'm looking for someone who not only is far-seeing but who says to vested interests, "Look, I'm tired of hearing you say just give us another 20 or 30 years to get the oil out the ground, as we've got a trillion dollars tied up down there and wanna get it out. I'm tired of taking the short view and the view that is detrimental to the public interest." And to say instead, "We want to do the right thing for the planet and for the people—and they're tied together." And the sooner we get it, the better, and we may be able to salvage the situation.

If we don't do something soon it will just keep getting worse. One article after another talks about it. I recently read about the fact that the

fish were not capable of developing fast enough—evolving I guess is the right word—evolving fast enough to keep up with the rising temperatures in the water. The food chain's gonna be all out of kilter. You get the food chain out of kilter, a lot of people are gonna starve. And these things, these are not mysteries. All you need to do is take a little time to study what the scientists are saying and then do something about it. It sounds easy, and theoretically it's easy, but then you get politicians who, for some reason, prefer to take their orders from people who already have too much to eat, too much to drink and too many yachts and extra houses and so on. I'm thinking about the people whose lives are going to be endangered by the lack of our leaders' attention.

SM: Do you have any final words you want to say?

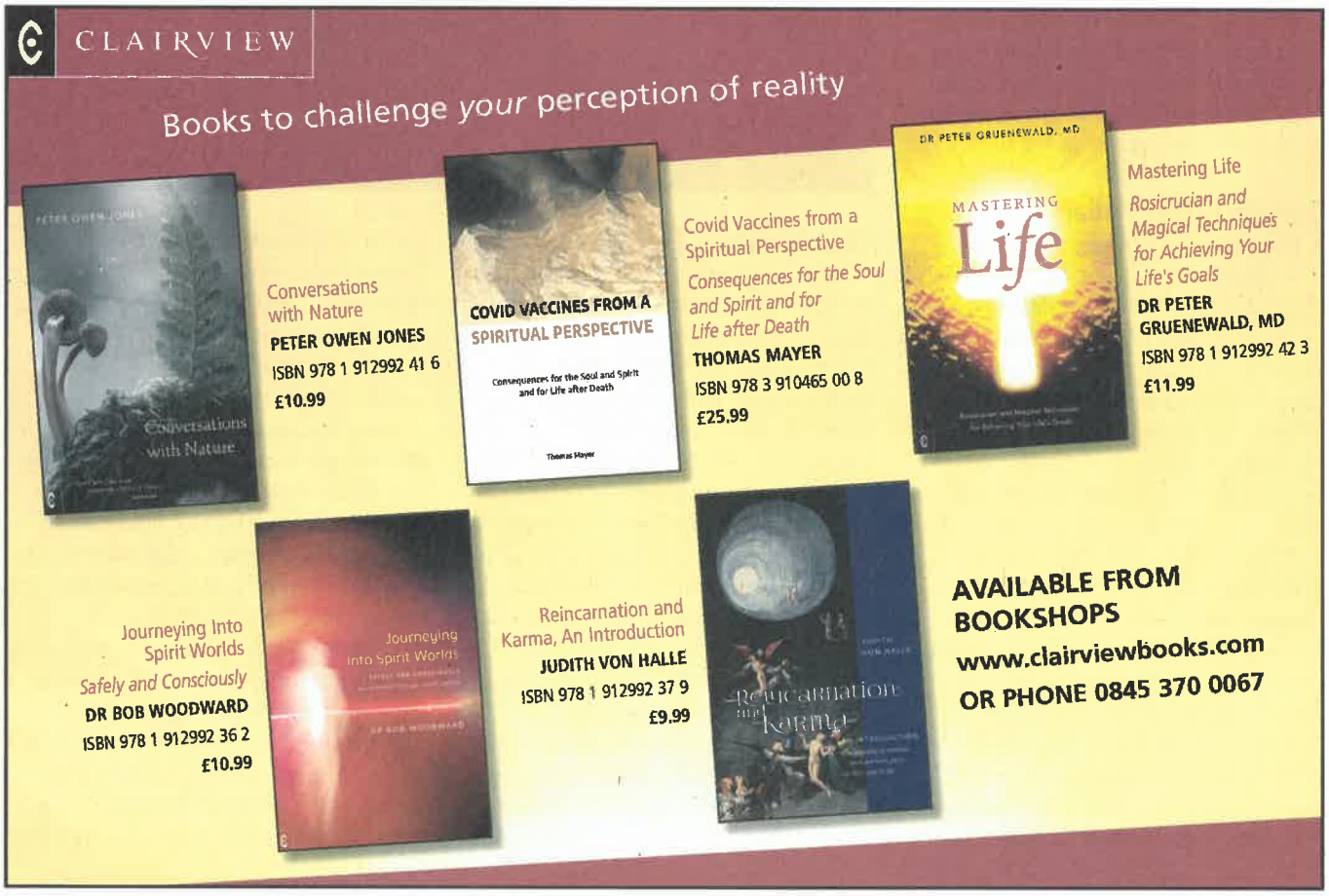
PH: Yes. We all have to remember that we're fighting a spiritual battle and people have to opt for the light if we want to set the world right.

About the Author:

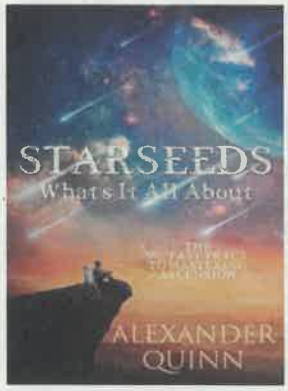
For seven seasons Stan Mallow was the host of *The Paranormal Show*. It aired weekly on TV Cogeco in Canada. Amongst the hundreds of guests who came on the show to promote their books, movies, workshops, tours, organisations, services, and other endeavours were several heavyweights in the paranormal world. For the past three years he has been the host of *Paranormal Yakker*, a free YouTube series that has gained a loyal international following. Each weekly episode finds him interviewing a different person of note in their respective field. This includes authors of books that are on the Amazon and *New York Times* best seller lists. If it's connected to the weird, the unexplained, the mysterious, the bizarre, the macabre, you'll find it on *Paranormal Yakker*. Contact Mallow via stanmallow@gmail.com. For a free subscription to his YouTube channel, go to ParanormalYakker.com and click the "Subscribe" button.

About Paul Hellyer:

Paul Hellyer, PC (August 6, 1923 – August 8, 2021) was a Canadian engineer, politician, writer, and commentator. He was the longest serving member of the Queen's Privy Council for Canada at the time of his death. Hellyer studied aeronautical engineering and graduated in 1941, obtaining a private pilot's licence while studying. After graduation he was employed making training aircraft for the Royal Canadian Air Force for WW2. From 1939–1946 he served in the Canadian Army as a Gunner in the Royal Canadian Artillery. From 1963 to 1967 he served as Minister of National Defence, and then as Minister of Transport from 1967–1969.



STARSEEDS
by Alexander Quinn
Ozark Mountain Publishing, 2022
ISBN: 978-1-95060-851-5 (312pp)
https://ozarkmt.com



In the 1960s, legendary hypnotherapist Dolores Cannon began working with patients who had smoking and eating issues. When taken deep into their subconscious, a surprising thing happened. No matter their class, creed, or religion, clients from all over the world kept saying the same thing: "I came here to raise Earth's vibration." Upon returning to full consciousness this was something of a confusion to people at the time, especially prior to crossing the great marker in 2012 when Earth moved into a much higher photonic area of the cosmos, changing the magnetics and many other elements that trigger our DNA and consciousness.

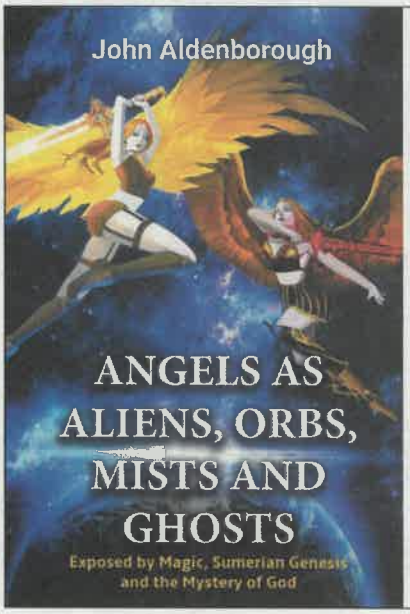
A 360-degree dot connector, this book provides a beginner-to-master-level explanation of the Starseed phenomenon, which is currently exploding globally, and also its development. It links together various information and insights spiritually, metaphysically, and scientifically so that the phenomenon can be broken down into disparate parts and understood from a unique vantage point as a connected whole.

Alexander Quinn offers the why, who, how, when, and where. For a very long time humanity has been kept in the dark about its spiritual and cosmic inheritance. Who would do such a thing and what would they gain from such an endeavour? In an age of lies, everything has become a conspiracy theory and the truth is far stranger than fiction. We are not having a global awakening, but a remembrance of who we really are, a return to our true selves. We are from the stars, and we are not alone.

NOTHING ON RADAR
by George Simpson
Self-Published, 2022
ISBN: 979-8-82681-731-5 (134pp)
www.amazon.com

This is the story of a young pilot, Frederick Valentich, who flew from Melbourne toward King Island in Bass Strait early one evening in October 1978 and vanished right after reporting his Cessna aircraft was being chased by a UFO. The pilot and his aircraft were never seen again in spite of a thorough air and sea search lasting almost a full week. Newspapers, radio and television covered the story which began as a missing aircraft but ended up detailing the young pilot's unusual encounter and description of a very fast-moving object which defied description, and flew outside the bounds of known aeronautical physics.

George Simpson has put together an extensive account of the event as it unfolded, from news reports, his interviews with witnesses, members of the missing pilot's family, a meeting with an ex-NASA scientist who wrote about the case, and from UFO researchers who studied the case as it happened.

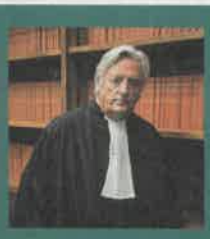


This book exposes aliens, orbs of light, mists, ghosts, shadow people, ghouls and Big Foot as Satan's beautiful, sexual evil angels (Rev. 12:7).

It also builds upon the revelatory work of Zecharia Sitchin to explain the covering of the Cherub (Ez. 28:14) and more.

Available on Amazon

ACTION AGAINST 5G



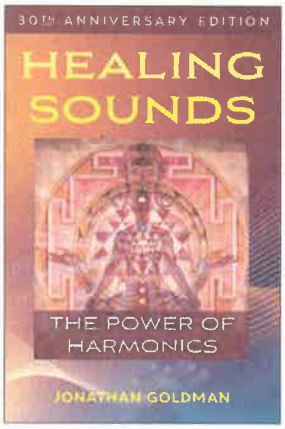
The Court of Appeal has granted permission for our case to proceed.

UK Secretaries of State are being challenged on the failure to inform the public about the risks of 5G, and to explain the absence of a process for the investigation of adverse health effects, and on the failure to meet the requirements of transparency and openness required of a public body.

The full court hearing takes place on 13th December. Please support us as generously as you can and see more information at:

actionagainst5g.org

HEALING SOUNDS
by Jonathan Goldman
Healing Arts Press, 2022
30th Anniversary Edition
ISBN: 978-1-64411-582-4 (240pp)
www.innertraditions.com



In this 30th anniversary edition of the classic guidebook on sound healing, internationally recognised master teacher Jonathan Goldman presents a step-by-step process of vibrational activation using sacred and healing sounds.

Sharing many easy-to-follow sound healing exercises, Goldman explains in detail how to perform vocal harmonics—a form of overtone chanting—and experience their transformative and healing powers. He shows how harmonics can be used as sonic yoga for meditation and deep relaxation as well as to enhance energy and resonate the chakras. Exploring the vibrational principles that underlie the framework of the Universe, including frequency and resonance, Goldman explains how harmonics represent the colours of sound and affect us on all levels. He explores mantra and chakra chanting, sacred vowels, vocal toning, conscious listening, cymatics, sonic shamanism, magical incantations, and many other vibrational and sound healing techniques.

Providing the basis for how and why sound can heal and transform, this new 30th anniversary edition of *Healing Sounds* also offers more than 100 minutes of exclusive audio downloads featuring recordings of sound healing exercises, guided meditations, and sonic excerpts to help you experience and embody the power of harmonics.

PROOF OF SPIRITUAL PHENOMENA
by Mona Sobhani, PhD
Park Street Press, 2022
ISBN: 978-1-64411-499-5 (256pp)
www.innertraditions.com

Neuroscientist Mona Sobhani, PhD details her transformation from diehard materialist to open-minded spiritual seeker and shares the extensive research she discovered on past lives, karma, and the complex interactions of mind and matter. She reveals her conversations about spirituality, consciousness, and anomalous occurrences with scientific colleagues as well as high-level experts and government officials, as she searched for proof of a meaningful cosmos. She discovered that psi research has been conducted on a grand scale for more than a century—by hundreds of scientists with hundreds of thousands of participants—and that there exists substantial evidence for the reality of psi. She examines meta-analyses of these experiments, such as that of the Ganzfeld tests, which showed the odds against chance of 12 billion to 1—throwing our current scientific materialist paradigm into question.

Providing a deep dive into the literature of psychology, quantum physics, neuroscience, philosophy, and esoteric texts, Sobhani also explores the relationship between psi phenomena, the transcendence of space and time, and spirituality. This illuminating book shows that the mysteries of human experience go far beyond what the present scientific paradigm can comprehend and leaves open the possibility of a participatory, meaningful Universe.

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If you don't want to miss an issue...

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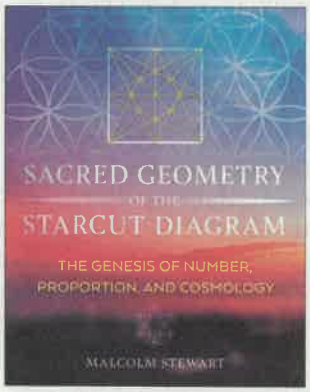
SACRED GEOMETRY OF THE STARCUT DIAGRAM
by Malcolm Stewart
Inner Traditions, 2022
ISBN: 978-1-64411-430-8 (320pp)
www.innertraditions.com



As Malcolm Stewart reveals in this lavishly illustrated study, the simple square figure of the Starcut diagram—created only with circles—has extraordinary geometric properties. It allows you to make mathematically exact measurements and build perfectly true, level structures without a computer, calculator, slide rule, plumb bob, or laser level. Sharing his extensive research along with hundreds of detailed diagrams and technical illustrations, the author shows how the diagram was the key to the building of the first cities and how it underlies many significant patterns and proportions of the world.

Stewart explains how to create the Starcut diagram and shows how this shape was at the foundation of ancient building and design, illustrating the numerous connections between the diagram and the creation of mandalas and yantras, stained glass windows, architectural ground plans, temples and other sacred buildings, and surveying methods. He also shows how the Starcut diagram reveals ancient geometric knowledge of pi, Pythagorean shapes and seals, the Fibonacci sequence, the golden ratio, the power of 108 and other sacred numbers, and magic squares.

Exploring the Starcut diagram's cosmological and theological implications, Stewart explains how it contains knowledge of the Tree of Life and the Kabbalah, and examines how it relates to Pythagoras.

Demonstrating the ancient relationships existing between number, geometry, cosmology, and musical harmony, the author shows how the simple shape of the Starcut diagram unifies the many threads of sacred geometry into one beautiful mathematical tapestry.

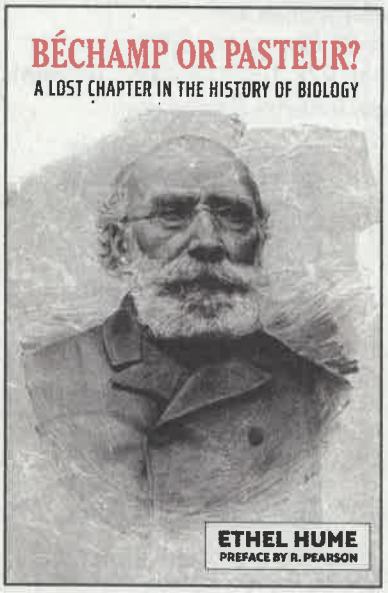
THE MAP AND THE MANUSCRIPT
by Simon M. Miles
Ignotum Press, 2022
ISBN: 978-1-73973-470-1 (500pp)
www.amazon.com

The Affair of Rennes is a nest of enigmas that has baffled and enthralled readers in equal measure for more than fifty years. From a minor riddle of local history about a tiny village in the south of France, it has become a global phenomenon, inspiring countless articles, books, documentaries and even movies. Yet the core questions at the heart of the story have remained unsolved—until now. In this book, Simon M. Miles retraces his steps on a twenty-year investigation into the affair and describes a series of breakthroughs which have broken the seals on this intriguing puzzle. For the first time, knowledge that has been carefully hidden from view for decades, and even longer, is revealed.

The anonymous author of a strange surrealist poem is unmasked, and his identity proves to be the key to unlocking the riddles which have remained resolutely sealed. From the mysterious parchments to the enigmatic book written by a local priest in the nineteenth century, to the persistent claims of alignments between significant sites in the landscape, the Affair of Rennes gives up its secrets in this book.

Richly illustrated with 140 maps, charts, photographs and diagrams, *The Map and the Manuscript* marks a new era in understanding one of the great unsolved, mysteries of the twentieth century.

A DISTANT MIRROR



Everything we have been taught about the germ theory and virology is wrong.

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by Tuula E. Tuormaa

The author qualified as a nutritional therapist in 1984 but her main interest has always been research and writing. She published many research articles on Clinical Ecology and Nutritional Medicine, some of which have been recognised by international research awards. Published in 2001, the remaining copies of this little book were saved during a clear out from being thrown away and lost to posterity. They are offered now at reduced cost in the hope that something of value may continue to be found within.

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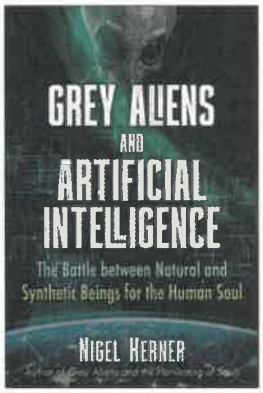
GREY ALIENS AND ARTIFICIAL INTELLIGENCE

by Nigel Kerner
Bear & Company, 2022
ISBN: 978-1-59143-449-8 (496pp)
www.innertraditions.com



Humanity's biggest existential threat is our headlong rush to a technologically advanced future. Already we increasingly rely on smart devices to the point that they are becoming extensions of our bodies. We are at a turning point for our species in which our natural humanity is gradually being converted into an artificial format that will lead to the loss of our souls. And, as Nigel Kerner reveals in astonishing detail, the blueprints for this future already exist.

Kerner explains how there are civilisations in our Universe that have developed advanced technologies to become entirely artificial. The Grey alien entities, reported in tens of thousands of abductions, appear to be biomachines; synthetic beings sent out as AI probes to gather information about something they lack that humans and other natural beings possess: a soul. Examining scientific, historical, cultural, and religious evidence for Grey alien visitations as far back as 40,000 years ago, the author reveals that the Greys themselves set us on this path toward artificial intelligence millennia ago. Kerner shows how our natural consciousness and DNA have been hacked, and an artificial construct has been superimposed at the very foundation of our thinking processes. He says our rush toward a technologically advanced, artificially intelligent future was seeded and precipitated by the Greys in order to control us to fit in with their agenda.

Revealing the secret alien hives on our planet, their connections to governments, and their ultimate endgame to harvest our souls and alter our DNA, Kerner also shows how, by developing yourself on a soul level, by recognising your individual connection to divinity, you can protect your soul field and your consciousness from the Greys' terrible manipulations.

JIN SHIN FOR CATS AND DOGS

by Tina Stümpfig
Findhorn Press, 2022
ISBN: 978-1-64411-459-9 (240pp)
www.innertraditions.com

A soft touch method for harmonising energy flow, Jin Shin Jyutsu is an excellent hands-on healing tool to support your animal companion's overall health and alleviate common ailments and injuries. By calmly placing your hands on certain energy points on your pet's body, you can release energetic blockages, strengthen the immune system, and stimulate their body's self-healing response.

Easy step-by-step illustrations and body maps for both cats and dogs show how to use this simple system of two-point touch healing. From ear mites and conjunctivitis to kidney infection, splinters, and anxiety, just by holding certain points on the body of your cat or dog you can quickly relieve a symptom or trigger the start of a comprehensive healing process.

Jin Shin Jyutsu not only improves their health and well-being but also offers an enjoyable moment of energetic exchange between you and your four-legged friend throughout all phases of life.

THE GIANTS OF STONEHENGE AND ANCIENT BRITAIN

by Hugh Newman & Jim Vieira

Did giants really exist in the British Isles? Do the legends of them building megalithic sites hold any reality? Why does the establishment deny they ever existed? The authors take a deep dive into hundreds of sources going back over a 4,000-year period to uncover the truth. Over 250 accounts of the remains of giant human skeletons have been found, often measured and commented on by famous scientists, scholars and writers at the time. A wealth of folklore talks about sophisticated cultures of giants with supernatural powers and advanced technology who had control over thunder and lightning. The authors take a close look at these age-old stories and the remarkable skeletal discoveries to reveal for the first time an important lost chapter of British history.

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REAL HONEST MONEY
by James McCumiskey
Independently Published, 2022
ISBN: 979-8-83618-297-7 (260pp)
www.amazon.co.uk

Today, commercial banks create over 95 per cent of our money supply. This is the fundamental reason why our monetary system is corrupt. The consequence of this system of money creation is that we, the little people, pay significantly more taxes.

The worldwide monetary system is collapsing under the weight of all the debt it created, which cannot be repaid.

The Great Reset is the proposal to replace the failing monetary system with a new monetary system, which would be disastrous for most of humanity.

Real Honest Money is the antithesis of the Great Reset.

Here author James McCumiskey explains why our monetary system is corrupt and how to transform it into a fair monetary system for the benefit of all.

KING SOLOMON THE MAGUS
by Claude Lecouteux
Inner Traditions, 2022
ISBN: 978-1-64411-243-4 (288pp)
www.innertraditions.com

Looking at the Solomonic magical tradition and Solomon's profound influence on esoteric traditions around the world, Claude Lecouteux reveals King Solomon not only as one of the great kings of prehistory but also as the ancient world's foremost magician and magus.

Examining the primary sources on Solomon, such as the Bible, the Koran, and the writings of Flavius Josephus, the author explores Solomon's judgments, his explorations, his literary and scientific works (including an herbal), and his constructions beyond the eponymous temple, such as the copper city in Andalus built by the djinns and the baths of Sulayman. He also looks at Solomon's magical possessions, such as his famous ring and the Philosopher's Stone. The author examines the supernatural powers granted to Solomon by his ring, which he received from the angel Gabriel, including command over animals, weather, and demons, and explores in detail Solomon's power over genies and djinns.

Following the esoteric threads hidden within the primary sources on Solomon, Lecouteux reveals the work of Solomon the Magician, exploring his amulets, remedies, exorcisms, charms, and his influence on Arab and Western magic.

Providing illustrations of sigils, talismans, and other magic symbols related to Solomon, the author examines the schools of Solomonic folklore magic and works such as The Greater and Lesser Keys of Solomon the King and The Hygromancy of Solomon. He then looks at the extensive presence of Solomon in folklore worldwide, including in Armenia, Israel, Malaysia, Eastern Europe, Russia, Morocco, India, Mongolia, and among the Abyssinians of Ethiopia and the Copts in Egypt. He also looks at Solomon's role within the Bulgarian tradition from which the Cathars derived.

Painting an in-depth portrait of Solomon the Magician-King, Lecouteux reveals how this legendary magus left a deep impression upon the occult, magical traditions, and philosophies of the ancient world that can still be felt to this day.

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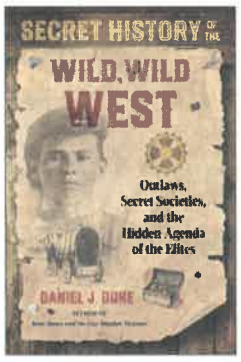
SECRET HISTORY OF THE WILD, WILD WEST
by Daniel J. Duke
Destiny Books, 2022
ISBN 978-1-64411-229-8 (208pp)
www.innertraditions.com



Drawing on great-great-grandfather Jesse James' secret diaries, Daniel Duke unravels the hidden history of the Wild West to expose the outlaws, politicians, and secret societies who were pulling strings behind the scenes and the ties that continue today. He examines Jesse James's connections with other notorious outlaws, such as Johnny Ringo, Jesse Evans, and Billy the Kid, and demonstrates not only how Jesse James faked his own death and lived out his life under an alias, but how Billy the Kid did the same. He also details how Jesse James and Billy the Kid continued their work for the nameless organisation after their faked deaths.

Exploring how Jesse James was related, by blood or marriage, to powerful people in law enforcement and politics, Duke details Jesse's connections to elite families who were instrumental in founding and leading the Copperheads and the Knights of the Golden Circle organisations before, during, and after the Civil War. The author shows how Jesse James was connected to former US presidents Lyndon Baines Johnson and Harry S. Truman as well as President Johnsons's man in the shadows, Texas mob figure Billie Sol Estes.

Exposing the secret agenda behind the outlaw gangs of the Wild West, Duke also reveals the stealthy war between the secret organisation and its opposition that has been waged in the shadows for centuries.

UNCERTAIN PLACES
by Mitch Horowitz
Inner Traditions, 2022
ISBN 978-1-64411-592-3 (304pp)
www.innertraditions.com

Today's leading voice of esotericism and the occult, Mitch Horowitz explores topics that evoke widespread misunderstanding, including the real history of secret societies, the wisdom of the Satanic, the relevance of Gnosticism, and the slender but authentic connection between today's spiritual culture and antiquity. He demonstrates the occult roots of wide-ranging facets of modern culture, including politics, abstract art, mind–body healing, self-help, and breakthrough scientific fields such as quantum physics and neuroplasticity. He looks at the influence of the founding lights of modern occultism, including mystic Neville Goddard, occult scholar Manly P. Hall, and surrealist filmmaker David Lynch, and provides a magnificent take-down of famous debunkers and pseudo-sceptics such as the Amazing Randi. He explores magickal practices, including Anarchic Magick, mind metaphysics, the Law of Attraction, and the history of Ouija boards and questions time-honored spiritual values like forgiveness. Horowitz also examines the contemporary war on witches around the world and what it is like to be blacklisted.

Offering a thought-provoking investigation of the spiritual, the occult, the magickal, and the extra-physical, Horowitz lays the groundwork for readers to continue their own journeys into these esoteric streams of consciousness.

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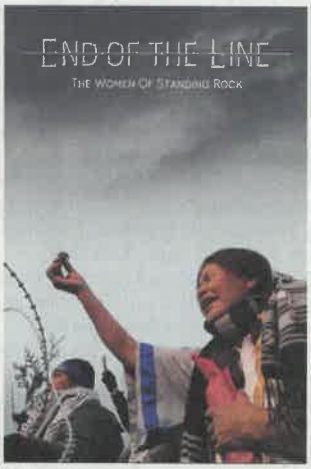
COMPILED BY RICHARD GILES

END OF THE LINE: THE WOMEN OF STANDING ROCK
directed by Shannon Kring
Red Queen Media, Solar Films and more, 2021 (87 mins)
www.endofthelinefilm.com



This story documents the action taken by Indigenous women in 2016 and 2017 to prevent the Dakota Access oil pipeline from crossing through Lakota Indian lands in the USA. These women united to stop the pipeline threatening their land, their water and their very existence. The film exposes the excessive violence used against protestors, and their inspiring resilience as they kept their heads high, despite all of the authoritarian obstacles.

This is not an easy film to watch. You will be shocked by what happened at Standing Rock. The filmmakers have beautifully captured this vast event of bravery that left its mark on America as this group of women risk their lives to stop the pipeline construction desecrating their ancient burial and prayer sites and threatening their land and their freedom. It shows them facing the personal costs in taking leadership, even as their own lives and identities are transformed, and places their courage in true historic perspective.

The film gets to the essence of this astonishing and history-making event. The winner of three awards and five further nominations, this is one of the early 21st century's great native rights campaigns.

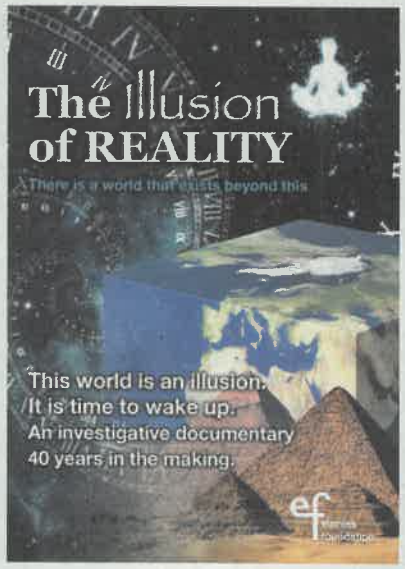
UNDER THE SKIN
directed by Bert Ehgartner
Epoch Cinema, 2022 (94 min)
https://tinyurl.com/2p9c57mf

This film looks at a very current topic with the advent of mRNA vaccines—the safety of all vaccinations. No medical procedure today interferes more seriously with the mechanisms of our immune systems. At the same time, we live in an era when nearly half of the population suffers from allergies, autoimmune diseases, or other disorders of the immune system.

Bert Ehgartner is specifically interested in the role of aluminium compounds, which are used as adjuvants in two-thirds of vaccinations. In this documentary, he asks why this toxic metal compound is needed and who checks that people vaccinated are as healthy after the jab as they were before? The medical authorities care little about this, as the film shows with the example of the market launch of a new type of vaccine. Instead of the safety of the population, it has become about the expansion of the corporations for profit—and about their image.

Bert Ehgartner is a multi-award-winning filmmaker and author of non-fiction books, in which he takes a critical look at medical issues. His investigative documentary, *Age of Aluminum* has triggered a broad discussion about the danger of using toxic aluminium compounds in sensitive areas of life (in deodorants, medicines, and drinking water).

Check out this vital film for yourself.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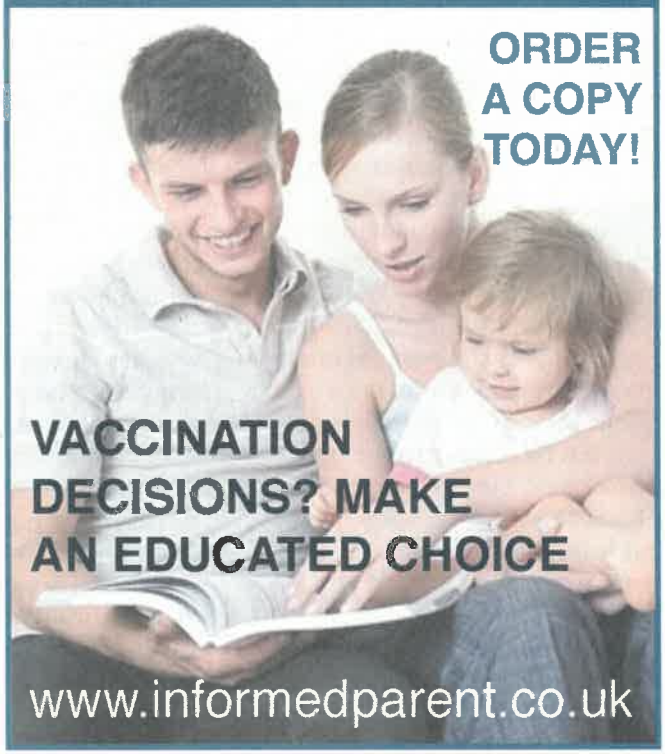

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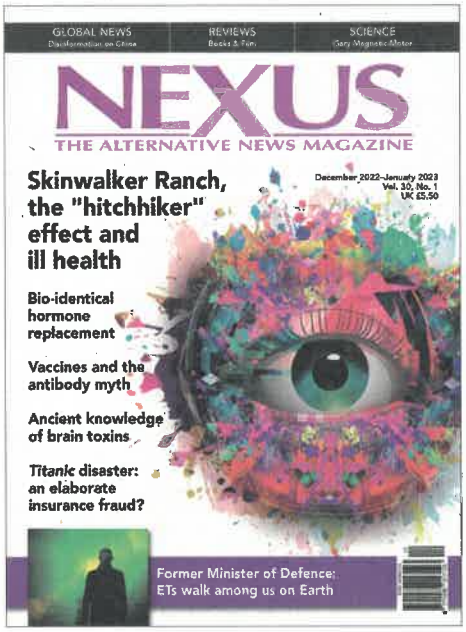
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In the period 1968 to 1972 NASA claims to have sent nine missions to the Moon of which six allegedly landed astronauts on the lunar surface. This narrative has stood the test of time and is now almost universally recognised as being true. The truth is that no astronauts ever trod on the lunar surface or ventured outside the Earth's protective magnetosphere. It is a detective story of epic proportions but the evidence is there to prove this without any ambiguity. Finding that evidence has been a long painstaking effort by many dedicated researchers over the past fifty years. This book is a result of all the work put in by many of these researchers and brings together in one handy reference all the irrefutable evidence that exposes the deceit. It cuts through the nefarious propaganda and disinformation from the pro-NASA lobby that has for years clouded the real issue. Marcus Allen and Trevor Weaver are respected Apollo researchers with many years of experience in the investigation of the Project Apollo record.

219 pages, pb • Code **AMH**
£17 UK, £20 EU, £23 RoW

SIGNED

CONSPIRACIES
The facts • The theories • The evidence *by Andy Thomas*
• Fully updated & revised edition

Since the political intrigues of the Roman Empire, nearly every significant event of the last 2,000 years has sparked off a conspiracy theory. Author of *The Truth Agenda* (see below) Andy Thomas sifts through the evidence of more than 30 major conspiracies and sets them against the social and psychological factors that have prompted them to spread. Thematically arranged, the accounts are stripped of unfounded opinion and presented factually but accessibly, dramatically highlighting the core issues. After establishing the fundamentals of conspiracy thinking, Andy goes on to explore an often missing element: the evidence itself. This edition is fully updated to include fake news, post-truth issues, pro- and anti-Donald Trump theories, Snowden's surveillance revelations, plus much more, containing roughly a third new and revised material since the first edition in 2013.

321 pages, pb • Code **CON**
£16.50 UK, £18 EU, £21 RoW

DARK MISSION
The secret history of NASA
by Richard C. Hoagland & Mike Bara

Few people are aware that NASA was formed as a U.S. national defense agency adjunct empowered to keep information classified and secret from the public at large. Even fewer people are aware of the hard evidence that secret brotherhoods quietly dominate NASA, with policies far more aligned with ancient religious and occult mystery schools than the facade of rational science the government agency has successfully promoted to the world for almost fifty years. Former NASA consultant and CBS News advisor Richard C. Hoagland and Boeing engineer Mike Bara document these seemingly wild assertions.

616 pages, pb • Code **DMISS**
£25 UK, £28.50 EU, £36 RoW

DARK MOON
Apollo and the whistle-blowers
by Mary Bennett & David S. Percy

Were the Apollo moon landings the greatest sting in history? Why did the Soviets not blow the whistle? An exhaustively researched book documenting: the photographs with added lighting, the lethal radiation of space which seems to have no effect on man or machine, and the discrepancies between the stills and the film images. Tracing the history of space exploration the common factor linking both 'sides' seems to be the presence, after WWII, of NAZI rocket scientists in the USA and the USSR. After reading the compelling evidence presented here you may think NASA have many questions to answer. You would be right. At the very least we have been misled; at worst...

572 pages, pb • Code **DM**
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LOCK DOWN
The virus was not the cause
by Michael Morris

In 2019 a great reset of the monetary, eco-

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nomic and political system was long overdue. The tension could be felt everywhere. The elite, the 'Secret World Government' finally wanted to implement their 'New World Order'. They were tired of the delusion of free elections, individual rights and self-realization. As long as we were needed as work force they played along, but now that robots and AI are better and faster than us we became dispensable. However, neither those responsible for the old system nor their puppets in politics and the media were willing to take the blame for a major system crash. What they needed was a scapegoat, something or someone to be held responsible for the great reset. And then the Chinese presented the perfect way out of their dilemma: an enemy that nobody can see or fight or even understand—SARS-CoV-2.

323 pages, pb • Code **LD**
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THE NEW HERETICS
Understanding the conspiracy theories polarizing the world *by Andy Thomas*

Conspiracy theorists are now being branded the new heretics, threatening the fabric of modern society. Yet they call themselves "truth seekers" and see the mainstream establishment as the real enemy, its harsh censorship directly validating their views. Many ordinary people have lost trust in politicians and the media, as nuanced debate is crushed and information overload and manipulation breed uncertainty, civil unrest and mental health issues. What will free speech mean in a technocratic future? Using his extensive experience of negotiating disputes between cynics and truth seekers, Andy Thomas explores the conspiracy mindset, peeling back unhelpful layers of bias on all sides to find constructive ways to bridge the polarized divides.

431 pages, pb • Code **NEWH**
£18.50 UK, £20.50 EU, £24.50 RoW

PSI WARS
TED, Wikipedia and the battle for the internet *by Craig Weiler*
• ***Second edition***

When TED, the global media platform, took down scientist Rupert Sheldrake's lecture 'The Science Delusion' deeming it not scientific, it ignited a fierce discussion around the globe. Bloggers, commenters, distinguished scientists, internet trolls and even a Nobel Prize winning physicist all contributed to this once-in-a-lifetime debate. The subject? The most controversial question of all time: what is the nature of reality? In this book Craig Weiler demonstrates how science, the accepted arbiter of truth, is constantly being manipulated and propagandised in an effort to uphold prejudices and beliefs in the scientific community.

252 pages, pb • Code **PSIW**
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SECRET MARS
The alien connection *by M. J. Craig*
• ***Revised & expanded edition***

Do you want to know what has really been discovered by the orbiters and rovers on the planet Mars? While scientists spend billions of dollars confirming that microbes live in the Martian soil, people sitting at home on their computers studying the Mars images are making far more astounding discoveries. They have found the possible archaeological remains of an extraterrestrial civilization. Hard to believe? Well, this challenging book invites you to take a look at the pictures yourself and make up your own mind. *Secret Mars* presents over 160 incredible images taken by American and European spacecraft that reveal possible evidence of a civilization that once lived, and may still live, on the planet Mars. Powerful evidence that scientists are ignoring. A visual and fascinating book.

332 pages, pb • Code **SEC**
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THE SECRET SPACE AGE
Secret space programs, breakaway civilizations, Nazi UFOs, SDI and Alternative Three *by Olav Phillips*

In 1977 in the quiet English countryside a film was aired. It was so shocking that for more than 30 years it has been discussed and analysed: what if *Alternative Three* is in fact real? Is it the blueprint for surviving the end of the world? How does it connect to the Secret Space Program, Nazi UFOs, SDI and even Chemtrails? Are there bases on the Moon? For the first time shocking details about the Secret Space Program and *Alternative Three* are exposed, and the connections between some of the greatest conspiracies of all time and a secret government program to move to Mars to survive the coming apocalypse, are explored.

190 pages, pb • Code **SSA**
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THE TRUTH AGENDA
Making sense of unexplained mysteries, global cover-ups & visions for a new era *by Andy Thomas*
• ***Expanded & updated 3rd edition***

The Truth Agenda explores some of the most famous unexplained mysteries and global cover-ups of recent history. What is the truth about UFOs, pyramids, psychic phenomena, visions of the future and ancient prophecies? What is their connection to famous conspiracy theories concerning the Moon landings, 9/11, the New World Order and claims that the world is covertly run by a powerful ruling elite? Leading mysteries researcher Andy Thomas pulls these many threads together in a refreshingly accessible and stimulating overview, addressing the issues in a credible analysis which suggests the world we live in may be very different to the manipulated picture presented by governments and the mainstream media.

400 pages, pb • Code **TA**
£18.50 UK, £22.50 EU, £31 RoW

CROP CIRCLES

THE ENERGIES OF CROP CIRCLES
The science and power of a mysterious intelligence
by Lucy Pringle with James Lyons

In 1990 while studying the energies of a crop circle, Lucy Pringle experienced a miraculous healing of a severe shoulder injury. Inspired, she expanded her research to investigate the physical, psychological, and energetic effects of these mysterious formations on people as well as on animals. In this book, alongside her stunning full-colour aerial photographs of crop circles, Pringle shares the results of her research, including anecdotes from an 800-person questionnaire study, in combination with detailed scientific explanations by aerospace engineer and fellow crop circle researcher James Lyons. With the first recorded appearance of a crop circle formation more than 4,000 years ago, crop circles are an ancient part of Earth's and humanity's intertwined history that we are only beginning to understand.

240 pages, pb • Code **ECC**
£25.50 UK, £29 EU, £34.50 RoW

NEW•NEW•NEW•NEW

CLASSIC CROP CIRCLES 2023 CALENDAR
by Lucy Pringle

This A4 calendar (opens to A3) contains the major crop circles of 2022 plus a selection of side images, graphics and monthly quotations. Date boxes are large enough to make notes and appointments. High quality gloss with ring binding. Lucy has been producing these wonderful calendars since 2000 and they continue to make the perfect gift for friends and loved ones.

Code **CCC23**
£16.50 UK, £19.50 EU, £21 RoW

CROP CIRCLES LIGHTS & ORBS
Excursions into the other realities of thin places *by Gareth J. Owen*

Much of the discord over crop circles, strange lights, and orbs, is that if even some of them are real then our mainstream world view is rendered rather less than adequate. Braving the rain, wind and cold of British summers, the author endured endless nights of great discomfort in the muddy fields of Wiltshire to find out what was going on—which turned out to be much stranger than anything he had imagined. In the fields near the ancient stone circle of Avebury; on the billion-year-old rocks on the island of Iona; and in front of the abbey at Tintern in the early morning rain; it became increasingly clear that we have lost our connection to a reality which has always been right under our noses...

220 pages, pb • Code **CCLO**
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AS REALITY DISSOLVES
Crop circles reveal the infinite field
by Gareth J. Owen

Just when we thought it was safe to go back in the fields, along comes the sequel to *Crop Circles Lights & Orbs*, where anomalies pile up like clumps of mud on old boots. A computer security entrepreneur with science and psychology degrees, Gareth Owen has travelled to exotic places and to the home of crop circles, having phenomenal experiences along the way. He educates and amuses with his insights as he shows that the veil between the physical and non-physical worlds can sometimes be very thin indeed.

224 pages, pb • Code **ARD**
£15.50 UK, £18 EU, £21 RoW

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CROP CIRCLE YEAR BOOK 2020
A pictorial tour of crop circles and their landscapes
by Steve & Karen Alexander

This is the twenty-second in a series of year books by Steve Alexander (photographer) and Karen Alexander (writer) portraying the beautiful and mysterious crop circle phenomenon within the UK. It combines stunning photography with incisive commentary text and is full-colour, fine-art-reproduction throughout. These are the only annually published books on the subject and provide an invaluable window into the fields of southern England.

36 pages, A4 pb • Code **CCYB20**
£20 UK, £22.50 EU, £24 RoW

ENVIRONMENT

THE INVISIBLE RAINBOW
A history of electricity and life
by Arthur Firstenberg

Over the last couple of centuries society has evolved a universal belief that electricity is 'safe' for humanity and the planet. Scientist and journalist Arthur Firstenberg disrupts this conviction by telling the story of electricity in a way it has never been told before—from an environmental point of view—by detailing the effects that this fundamental societal building block has had on our health and our planet. He traces the history of electricity from the early eighteenth century to the present, making a compelling case that many environmental problems, as well as the major diseases of industrialised civilisation—heart disease, diabetes, and cancer—are related to electrical pollution. Includes extensive notes, bibliography and index.

564 pages, pb • Code **RAIN**
£26.50 UK, £30 EU, £37.50 RoW

FUTURE SCIENCE

THE FANTASTIC INVENTIONS OF NIKOLA TESLA
by Nikola Tesla with additional material by David Hatcher Childress

The amazing inventions of this little-known genius described by himself • In his own words, how Tesla planned to electrify the world with free energy • The transmission of electricity through the Earth's atmosphere • Tesla & Marconi's advanced concepts for anti-gravity, flying discs, and time travel • Tesla's vision of anti-gravity airships drawing power from his towers • How unlimited electricity could be distributed and utilized anywhere on Earth • Tesla's most unusual inventions: thought machines, ozone generators, electric submarines and more • Includes Supreme Court documents on the dismantling of his famous Wardenclyffe Tower

351 pages, pb • Code **FINT**
£18 UK, £21 EU, £25.50 RoW

HIDDEN ENERGY
Tesla-inspired inventors and a mindful path to energy abundance
by Jeane Manning & Susan Manewich

Inspired by seeing their connection to nature and the cosmos, scientists and inventors are making breakthroughs. But this book is as much about human values, ethics and the Big Picture as it is about new energy technologies. Game-changing breakthroughs in physics and engineering are only part of the picture—the social mindset needs to catch up with the technology. Manning and Manewich bring you up to speed on the next leap for humankind and why a consciousness shift is beginning. The book is divided into five sections: Paradigms; Hidden energy; It's raining innovations; Body, mind & spirit; and Bringing it into our world. You help decide who benefits—amoral corporations or your family, communities and the environment.

261 pages, pb • Code **HE**
£25 UK, £28 EU, £31.50 RoW

THE ALCHEMY OF STONES
Co-creating with crystals, minerals, and gemstones for healing and transformation *by Robert Simmons*

This book presents the inspired breakthrough in Robert Simmons' 35 year

career of exploring and revealing the spiritual qualities and potentials of minerals, crystals, and gemstones. Engaging readers step-by-step, Simmons provides guidance on discovering and harnessing the three human powers of intention, attention, and imagination, and initiates readers into an alchemical worldview that leads to spiritual healing, transformation, and transcendence. Offering an illustrated dictionary of the spiritual qualities of more than 375 different minerals, crystals, and gemstones, Simmons also explores in depth what he calls the four cornerstones of the alchemy of stones: moldavite, phenacite, azeztulite, and rosophia. He discusses the stages of alchemical transformation and provides meditative practices with specific stones to go with each stage. Lavishly illustrated, *The Alchemy of Stones* is an invitation to a journey of enlightenment, transformation, and spiritual metamorphosis aligned with the path of our living, conscious Earth.

471 pages, pb • Code **AOS**
£26.50 UK, £31.50 EU, £43 RoW

NEW•NEW•NEW•NEW

A NEW SCIENCE OF HEAVEN

by Robert Temple

The study of plasma is mostly unknown to the general public despite the fact that many Nobel prize winners, senior academics and major research centres around the world have been devoted to it. Plasma is the fourth state of matter and the other three: gas, liquid and solids emerge out of it. Robert Temple has been following the study of plasma for decades and was personally acquainted with several of the senior scientists at its forefront, including Paul Dirac, David Bohm, Peter Mitchell and Chandra Wickramasinghe (who has co-written an academic paper with Temple). This book reveals how over 99 per cent of the Universe is made of plasma, and how there are two gigantic clouds of plasma, called the Kordylewski Clouds, hovering between the Earth and the Moon. Other revelations include the evidence that in certain circumstances plasma exhibits features that suggest they may be in some sense alive: clouds of plasma have evolved double helixes, banks of cells and crystals, filaments and junctions which could control the flow of electric currents. We may, in fact, have been looking for signs of extraterrestrial life in the wrong place.

400 pages, hb • Code **NSOH**
£26.50 UK, £29 EU, £34.50 RoW

ONE-EYE IN THE LAND OF THE BLIND

The rediscovery of aether • Based on the life of Viktor Schauberger

by Reinout Guépin

This is the incredible yet true story of Viktor Schauberger, an Austrian forest ranger, who discovered a free energy source in the 1920s by quietly observing water in its natural environment. He briefly acquired world fame through his revolutionary inventions but suffered slander from envious scientists and the attempted theft of his patents by greedy industrialists. Forced by the Americans after the Second World War to build the world's most powerful hydrogen bomb using his technology, he wisely kept the final secrets to himself. Fortunately, however, his legacy contains enough clear pointers that a morally mature humanity of the future could safely develop this sustainable, natural 'implosion technology'. A must-read for anyone interested in free energy and a serious eye-opener for those who believe modern science to be on the right track.

415 pages, pb • Code **EYE**
£24.50 UK, £27.50 EU, £33.50 RoW

HEALTH

THE AGE OF ALUMINUM

The dark side of the shiny metal

by Bert Ehgartner

A hundred years ago hardly anyone was aware of this mineral that's so easy to find within the earth's crust, yet today aluminum is everywhere. It's an ideal material for making aeroplanes, computers, pens and much else besides, but is also popular in the cosmetics and pharmaceutical industries. However the accumulation of aluminum in the body can have devastating consequences. In antiperspirants it reacts with the cells to such an extent that they no longer produce sweat. Medicines for heartburn often contain a high proportion of aluminum. It is used as an ingredient in sunscreens and is included as an active amplifier in two-thirds of all vaccines. The findings of science testify conclusively against the heedless use of aluminum in these most sensitive areas of life and publication of this book comes not a moment too soon in adding to the growing number of alarms going off for our urgent attention.

260 pages, pb • Code **AOA**
£20.50 UK, £23.50 EU, £27 RoW

A CAT IN HELL'S CHANCE

Written by the campaigners; Edited by Anny Malle

Written almost entirely from contributions by campaigners, this book tells the story of a crusade started by a political novice which gathered momentum over ten years, became a mass movement, and after battles with Oxfordshire police, many arrests, court appearances and jailings, finally shut down Hill Grove cat farm. It also traces the development and the coming to consciousness of a retired Queens Nursing Sister who cast off her more respectable life to commit herself utterly to the cause of anti-vivisection. Cynthia O'Neill was tried and arrested on a number of occasions and spent frequent periods in police custody. Published in 2002, *A Cat in Hell's Chance* gives us all hope that even the most difficult battles, if they are approached with determination and resolve, can be won. It provides a detailed map of the journey which is ultimately necessary for those who want to counter injustice and make radical changes.

219 pages, pb • Code **CAT**
£7 UK, £10 EU, £12.50 RoW

DISSOLVING ILLUSIONS

Disease, vaccines, and the forgotten history *by Suzanne Humphries, MD & Roman Bystrianyk*

Not too long ago lethal infections were feared in the Western world. Since then many countries have undergone a transformation from disease cesspools to much safer, healthier habitats. From the mid-1800s there was a steady drop in deaths from all infectious diseases, decreasing to relatively minor levels by the early 1900s. The history of that transformation involves famine, poverty, filth, lost cures, eugenicist doctrine, individual freedoms versus state might, protests and arrests over vaccine refusal, and much more. Today we are told that medical interventions increased our lifespan and single-handedly prevented masses of deaths. But is this really true? Using myth-shattering graphs and detailing facts and figures from long-overlooked medical journals, books, newspapers and other sources, this book shows that vaccines, antibiotics and other medical interventions are not responsible for the increase in lifespan and the decline in mortality from infectious diseases. Published in July 2013 after many years of research and work, *Dissolving Illusions* is a well-referenced labour of love.

504 pages, pb • Code **DI**
£21.50 UK, £25 EU, £32 RoW

CORPORATE TIES THAT BIND

An examination of corporate manipulation and vested interest in public health *Edited by Martin J. Walker*

A collection of essays written by influential academic scholars, activists, and epidemiologists from around the world who scrutinise the corporate reasoning, false science, and trickery of those who present the scientific messages of organisations that attack and censure independent voices. It shows how we are bombarded with opposing messages, as producers fight to make big profits and those concerned with health try to warn society of impending toxic dangers. This book addresses how the growth of corporatism is destroying liberal democracy and personal choice. There is a battle taking place between profitability and public health, and this book provides a detailed and scholarly intervention.

550 pages, hb • Code **CTB**
£28.50 UK, £32 EU, £39 RoW

DIRTY MEDICINE

The handbook *by Martin J. Walker*

This is Martin Walker's 20 year follow-up to his book *Dirty Medicine: Science, big business and the assault on natural health care*. In this new book Walker gives a full and detailed picture of the vested interests, their personalities, organisations and ideas that have shaped the present attack on alternatives in the field of health. Alternative and complementary medicine is under attack on all fronts; this book gives us the knowledge with which to defend ourselves and fight back.

318 pages, pb • Code **DMED**
£16.50 UK, £19.50 EU, £24 RoW

EAT, DRINK AND BE MERRY!

Basic principles of illness prevention and treatment using nutritional and environmental medicine

by Tuula E. Tuormaa

The author qualified as a nutritional therapist in 1984 but her main interest has always been research and writing. She published many research articles on Clinical Ecology and Nutritional Medicine, some of which have been recognised by international research awards. Published in 2001, the remaining copies of this little book were saved during a clear out from being thrown away and lost to posterity. They are offered now at reduced cost in the hope that something of value may continue to be found within.

192 pages, pb • Code **EDBM**
£7 UK, £10 EU, £12.50 RoW

A HOLISTIC APPROACH TO VIRUSES

by David Brownstein, M.D.

Brownstein wrote this book in the midst of the COVID-19 pandemic. He says there are many things we can do to help our body overcome any viral infection, including COVID-19. The key to winning the battle against a viral or any other infection is to have a strong immune system that can neutralize and remove a pathogenic agent. COVID-19 should be a wakeup call for all of us. The carnage it has caused did not have to occur. Moving forward let us make sure nothing like this happens again. You can rest assured that other viruses will be around in the future. The way to combat these pathogens resides within us: a strong, well-supported immune system. *"Dr Brownstein gives us the recipe for bolstering the most powerful and successful vaccine ever devised—the human immune system."* – Robert F. Kennedy, Jr., President of Children's Health Defense.

252 pages, pb • Code **HAV**
£27 UK, £30 EU, £33 RoW

HIDDEN DANGERS 5G

How governments, telecom and electric power utilities suppress the truth about the known hazards of electromagnetic field (EMF) radiation

by Captain Jerry G. Flynn (retired electronic warfare specialist)

Did you know?: Clear evidence was found in two 2018 studies that radiation from cell phone towers and cell phones cause cancer; In 2019, Poland's Prime Minister signed the Global Appeal to Ban 5G on Earth and in Space; Class Action lawsuits to stop the rollout of 5G are underway in Quebec, California and elsewhere around the world (although the news media is complicit and won't tell you); Scientists say that unless 5G is stopped, humanity won't have to worry about climate change. This edition of Flynn's book is a completely revamped, much more informative educational document, and deserves to be in every school, library, law and municipal government office. It explains to the reader the different types of 5G and how scientists fear that it will bring about the end of all life on earth.

226 pages, pb • Code **HD5G**
£21.50 UK, £24.50 EU, £28.50 RoW

GARDASIL

Fast-tracked and flawed

by Helen Lobato

Documents the early history of cervical cancer and tracks its progression from a disease of obscurity to one of mainstream prominence. It includes the stories of vaccinated girls and boys who remain ill after receiving a vaccine purported to prevent a disease they were most unlikely to get. It records the voices of dissenters and resisters who call for an inquiry into HPV vaccines approved for use after a relentless propaganda campaign promoting a vaccine against a virus that many had never heard of. This in-depth investigation exposes cracks in the pharmaceutical industry and highlights the problems that arise when government regulators and corporate interests are prioritised ahead of patient safety, independent science and common sense.

138 pages, pb • Code **GARD**
£13.50 UK, £16 EU, £17.50 RoW

HRT • Licensed to kill and maim

by Martin J. Walker

Published in 2006, this book revolves around the story of one woman, Maggie Tuttle, who suffered immensely from hormone medication but who, being a campaigner, initiated a patient self-help group she called the Menopausal Helpline. Over ten years she had over ten thousand contacts from women who suffered similarly. She attempted to work with pharmaceutical manufacturers and medical societies to bring about changes but her communications were blocked at every turn, her group denied all support, and eventually as the effort became too great the helpline folded. Other groups that agreed to listen to

the hormone 'experts' and accept money from pharmaceutical manufacturers fared much better. 'Disease mongering' is a term for the promotion of quite normal life conditions as somehow in need of pharmaceutical intervention. As with so much else these days it seems, all the problems with HRT (Hormone Replacement Therapy) are created in the space between scientific theory and human practice. The claims of manufacturers, distributors, marketing men and physicians for HRT, in thousands of instances, take no account of the reality of doctor-patient relationships, medical practice and the non-conforming diversity of women's physical and psychological make-up.

367 pages, pb • Code **HRT**
£10 UK, £13.50 EU, £17 RoW

INFORMATION MEDICINE
The revolutionary cell-reprogramming discovery that reverses cancer and degenerative diseases *by Ervin Laszlo and Pier Mario Biava, M.D.*

There are two parts to this book. The first part revisits and revalidates perennial insights resulting in a new paradigm. The living organism is a seamless whole, a 'cognitive network' that functions by receiving and elaborating information. The information it receives is more than the ensemble of humanly produced messages: it is the cosmic 'in-formation' discussed by quantum physicist David Bohm. The reception and elaboration of 'in-formation' in a living system is the key to its health and viability, but this in-formation is not always fully and correctly received. This flaw can be rectified and the authors offer a concise review of groundbreaking experiments identifying the power of information medicine to treat and cure some hitherto untreatable and incurable diseases. The second part of the book is dedicated to the documentation and validation of this revolution in medicine, providing the basis for further research and development.

208 pages, pb • Code **INFO**
£14 UK, £17 EU, £20 RoW

IN THE DARK
New ways to avoid the harmful effects of living in a technologically connected world *by Jason Bawden-Smith*

Environmental scientist and entrepreneur Jason Bawden-Smith woke up to the dangers of particular electromagnetic frequencies a few years ago when he realised that they were playing a major part in his own health woes. After studying the research of top EMF scientists he healed himself and went on to write this book. In it he details how we're being 'electri-fried' by EMF waves from Wi-Fi, mobile and cordless phones, smart meters, microwave ovens and other devices and technologies. These waves cause breaks in our DNA and open voltage-gated calcium channels, resulting in oxidative stress and inflammation. *In The Dark* brings stronger awareness to the adverse effects technology can have, and offers simple and practical measures people can take without feeling they have to compromise the lifestyle they want.

187 pages, pb • Code **ITD**
£19.50 UK, £22 EU, £25 RoW

IODINE
Why you need it • Why you can't live without it *by David Brownstein, M.D.*
• 5th edition

Learn what forms of iodine you need and why there is not enough iodine in salt. See how iodine can help: breast cancer, fibrocystic breast disease, detoxification, fatigue, Graves' Disease and Hashimoto's Disease. Find out why iodine deficiency may be the root cause of thyroid problems including hypothyroidism and thyroid cancer. Discover how to get iodine from your diet and improve your immune system. *'Iodine is the most misunderstood nutrient. After 12 years of practicing medicine I can say that it is impossible to achieve your optimal health if you do not have adequate iodine levels. I have yet to see any item that is more important to promoting health or optimizing the function of the immune system than iodine.'* – the author. Each chapter in this 5th edition has been updated, plus there is new material on: children and iodine deficiency, autism, ADHD, what iodine does in the body, and more.

306 pages, pb • Code **IOD**
£27 UK, £30 EU, £34 RoW

LIGHT THAT HEALS
Energy medicine today & beyond
by Donna Fisher

In the first section 'light that harms' Fisher gives advice on how to measure, limit exposure to, and filter out EM fields and implement 'electromagnetic hygiene' steps for better health. In the second part she focuses on 'light that heals' explaining that EM energy at the right frequencies can have powerful healing effects. She restates and updates information about EMFs including 'dirty electricity' and their links with many illnesses, and goes on to assess a range of techniques utilising EMFs such as the PowerTube, radiowave therapy, oncothermia and the minimally invasive NanoKnife which can treat difficult-to-reach tumours. She considers light treatments such as photobiomodulation, quantum therapy and photodynamics, and therapies utilising colours and crystals. This combination of ground-breaking new technologies with the many conditions they treat is a drug free encyclopedia to assist in achieving and maintaining vitality and health in our EMF-soaked world.

245 pages, pb • Code **LTH**
£15.50 UK, £18.50 EU, £21.50 RoW

THE MAGNESIUM MIRACLE
Discover the missing link to total health *by Carolyn Dean, M.D., N.D.*
• Second edition

Magnesium is an essential nutrient, indispensable to your health and well-being. Despite helping to alleviate such threats as heart disease, stroke, osteoporosis, diabetes, depression, arthritis and asthma, many of us remain dangerously deficient. Updated and revised throughout with 30 per cent new material, this amazing guide explains the vital role that magnesium plays in your body and life. Inside you will discover: improved methods for increasing magnesium intake and absorption; how calcium can increase the risk of heart disease—and how magnesium can lower it; a magnesium-rich eating plan as delicious as it is healthy; information on the link between magnesium and obesity; vitamins and minerals that work with magnesium to treat specific ailments; why paleo, raw food and green juice diets can lead to magnesium deficiency. The ultimate guide to this miraculous mineral.

553 pages, pb • Code **TMM**
£19.50 UK, £21.50 EU, £25 RoW

MEDICAL MEDIUM
Secrets behind chronic and mystery illness and how to finally heal
by Anthony William
• Revised & expanded

Book 1 of the *Medical Medium* series. Anthony William has helped tens of thousands of people heal from ailments that have been misdiagnosed or ineffectively treated, or that doctors can't resolve. He's done this by listening to a divine voice that literally speaks into his ear, telling him what lies at the root of people's pain or illness and what they need to do to restore their health. His methods achieve spectacular results, even for those who have spent many years and much money on all forms of medicine before turning to him. In this extraordinary book he opens the door to all he has learned in over 25 years of bringing people's lives back: a huge amount of healing information, much of which science won't discover for decades, and most of which has never appeared anywhere before.

455 pages, hb • Code **MED**
£31.50 UK, £38 EU, £52.50 RoW

MEDICAL MEDIUM
LIFE-CHANGING FOODS
Save yourself and the ones you love with the hidden healing powers of fruits & vegetables *by Anthony William*

Book 2 of the *Medical Medium* series. Unleash the hidden powers of fruits and vegetables and transform your life in the process. Much of Anthony's information is dramatically different from the conventional wisdom offered by medical communities, so don't expect to hear the same old food facts rehashed here. A few highlights: Critical information about the specific factors behind the rise of illness and how to protect yourself and your family; Foods to repair your DNA, boost your immune system, improve your mental clarity, alkalize every body system and shield you from others' negative emotions; Techniques to make fruits, vegetables, herbs, spices, and wild foods the most healing they can be for your individual needs; Targeted foods to bring into your life for relief from hundreds of symptoms and conditions.

325 pages, hb • Code **LCF**
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MEDICAL MEDIUM
THYROID HEALING
The truth behind Hashimoto's, Graves', insomnia, hypothyroidism, thyroid nodules & Epstein-Barr
by Anthony William

More and more people are hearing that their thyroids are to blame for their fatigue, weight gain, brain fog, memory issues, aches and pains, insomnia, hair loss, and more. As the thyroid has gotten more attention, though, these symptoms haven't gone away. Labeling someone with 'Hashimoto's', 'hypothyroidism', or the like doesn't explain the myriad health issues that person may experience. There's a pivotal truth that goes unnoticed: A thyroid problem is not the ultimate reason for a person's illness; it is yet one more symptom of something much larger. In Book 3 of the *Medical Medium* series, Anthony William reveals an entirely new take on the epidemic of thyroid illness. He explains in detail what the source problem really is, including what's going on with inflammation and autoimmune disease, then offers a life-changing toolkit to rescue the thyroid and empower readers back to health and vitality.

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MEDICAL MEDIUM LIVER RESCUE
Answers to eczema, psoriasis, diabetes, strep, acne, gout, bloating, gallstones, adrenal stress, fatigue, fatty liver, weight issues, SIBO & autoimmune disease *by Anthony William*

Book 4 of the *Medical Medium* series. What if you could focus on one aspect of your well-being to transform all the others—and at the same time prevent health problems you didn't even know were lurking beneath the surface? With his signature compassion, Anthony William shares unparalleled insights into undiscovered functions of our lifesaving livers, explains what's behind dozens of health issues that hold us back, and offers detailed guidance on how to move forward so we can live our best lives. A healthy liver is the ultimate de-stressor, anti-aging ally, and safeguard against a threatening world—if we give it the right support. This book offers the answers you should have had all along.

461 pages, hb • Code **LIV**
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MEDICAL MEDIUM CELERY JUICE
The most powerful medicine of our time healing millions worldwide
by Anthony William

What began decades ago as a quiet movement has become a global healing revolution. In Book 5 of his *Medical Medium* series Anthony William introduces us to celery juice's incredible ability to create sweeping improvements on every level of our health. After revealing exactly how celery juice does its anti-inflammatory, alkalising, life-changing work, William gives us the powerful, definitive guidelines to do our own celery juice cleanse correctly and successfully. You'll get instructions on how to make it, how much to drink, when to drink it, and what to expect as your body begins to detox, plus many questions are addressed such as whether blending is better than juicing.

187 pages, hb • Code **CJ**
£25 UK, £28 EU, £35 RoW

MEDICAL MEDIUM
CLEANSE TO HEAL
Healing plans for sufferers of anxiety, depression, acne, eczema, lyme, gut problems, brain fog, weight issues, migraines, bloating, vertigo, psoriasis, cysts, fatigue, PCOS, fibroids, UTI, endometriosis & autoimmune
by Anthony William

Book 6 of the *Medical Medium* series. Anthony William has placed a vast wealth of insight and information into this one-stop resource for cleansing of all kinds, starting with his acclaimed nine-day 3:6:9 Cleanse and expanding into life-saving protocols for specific health needs, including an anti-bug cleanse, a morning cleanse, and a heavy metal detox. Includes critical cleanse dos and don'ts, a guide to supplements you may choose to add to your cleanse, the physical reasons why cleansing can be an emotional experience, and more than 75 recipes and sample menus to get you through your Medical Medium cleanse.

570 pages, hb • Code **CTH**
£34 UK, £41.50 EU, £58.50 RoW

OVERCOMING THYROID DISORDERS
by David Brownstein, M.D.
• Third edition

This book will give the reader a novel, holistic approach to diagnosing as well as treating thyroid disorders. A holistic approach treats more than just laboratory tests; it sets up a unique treatment program designed specifically for the individual patient. Brownstein's treatment plan for thyroid disorders involves looking not only at laboratory tests, but also at physical exam signs, symptoms, diet, detoxification pathways, nutritional status and other pertinent information. *Overcoming Thyroid Disorders* explains how a holistic

treatment program can effectively treat: Hypothyroidism, Graves' Disease, Hashimoto's Disease, Fibromyalgia, Chronic Fatigue Syndrome, Arthritis and more. Also included is information about: Natural Thyroid Hormone, Bioidentical Natural Hormones, Diet, Vitamins and Minerals Important for Thyroid Function, Detoxification.

333 pages, pb • Code **OTD**
£27 UK, £30.50 EU, £34.50 RoW

OVERTHROWING THE TEMPLE
Loïc Le Ribault and his development of organic silica *by Martin J. Walker*

At university in Paris, Loïc Le Ribault became interested in sand. With the aid of a scanning electron microscope he found unique flora and striations on every grain, and in this manner he developed the new science of exoscopy. Finishing university he set up his own laboratory and in a short time his work became recognised by the French police as a seminal aid in pinpointing perpetrators of violent crime. Wary of Loïc's independence, the French Ministry of the Interior misappropriated his forensic inventions and began training the police themselves. Loïc was forced to close his lab and began a lifelong project to develop the health giving aspects of silica. This search for the ultimate synthesis of organic silica to treat arthritis and skin complaints saw him twice imprisoned. He died in 2007 in unresolved circumstances. Martin Walker got to know Loïc when he was in exile, on the run from anonymous authorities. *Overthrowing the Temple* reads part thriller, part the story of a dissenting scientist, and part Grimm's fairy tale.

176 pages, pb • Code **OT**
£11.50 UK, £14.50 EU, £16.50 RoW

THE REAL ANTHONY FAUCI
Bill Gates, big pharma, and the global war on democracy and public health
by Robert F. Kennedy Jr.

During more than a year of painstaking and meticulous research, Robert F. Kennedy, Jr unearthed a shocking story that obliterates media spin on Fauci. Kennedy exposes how Fauci uses the financial clout at his disposal to wield extraordinary influence over hospitals, universities, journals, and thousands of influential doctors and scientists—whose careers and institutions he has the power to ruin, advance, or reward. In early 2000, Fauci made a deal with Bill Gates that would aim to control an increasingly profitable $60 billion global vaccine enterprise with unlimited growth potential. *The Real Anthony Fauci* details how Fauci, Gates, and their cohorts use their control of media outlets, scientific journals, key government and quasi-governmental agencies, global intelligence agencies, and influential scientists and physicians to flood the public with fearful propaganda about COVID-19 virulence and pathogenesis, and to muzzle debate and ruthlessly censor dissent.

450 pages, hb • Code **RAF**
£18.50 UK, £22 EU, £29 RoW

RAISING A VACCINE FREE CHILD
by Wendy Lydall
• ***Second edition***

Vaccination is presented to parents as a safe, scientific procedure, which no responsible parent would query. But an increasing number of parents are questioning the validity of this 200 year old ritual. The vaccine industry has responded to this skepticism by introducing coercive measures in many countries in order to achieve compliance. Since its inception in 1795 by Edward Jenner, vaccination has been an unscientific, commercially-based procedure, which is aligned with powerful pharmaceutical interests. At the same time, infectious diseases pose a significant threat to the health and well-being of children in all strata of society. Anti-vaccinationists make statements which contradict official pronouncements. Some activists make wild claims for alternative methods of disease prevention. How does a parent find a way through the maze of conflicting information? In this book Wendy Lydall presents a comprehensive, scientifically-based guide to the myths, facts, problems and solutions associated with raising a vaccine free child.

322 pages, pb • Code **RVFC**
£19.50 UK, £21.50 EU, £26 RoW

SILENCED WITNESSES VOLUME 2
The parents' story • The denial of vaccine damage by government, corporations and the media *Written by the parents; Edited by Martin J. Walker*

Published near the end of the General Medical Council's two and a half year fitness-to-practise hearing against Dr Wakefield, Professor Murch and Professor Walker-Smith, this second volume's introductory material contains an objective view from outside the GMC, looking at the way most British journalists avoided the hearing. Martin J. Walker, who edited these volumes, attended almost every single day of the hearing. In this volume he adds to the introductory material by taking a relatively detailed look at the charges mounted by the GMC prosecution. The main bulk of the book, however, follows the first volume in having chapters written by the parents of vaccine damaged children, and once again gives voice to the injustice done to them and their children.

290 pages, pb • Code **SW2**
£9.50 UK, £12.50 EU, £16 RoW

SKEWED
Psychiatric hegemony and the manufacture of mental illness in multiple chemical sensitivity, Gulf War syndrome, myalgic encephalomyelitis and chronic fatigue syndrome
by Martin J. Walker

Published in 1993, *Skewed* arguably becomes more relevant with each passing year. The book traces chemical companies' arguments against their products causing illnesses and tracks the growth of the theory promoted by them that individuals who report symptoms of chemically induced ill health have personality disorders. The book asks how psychiatric theories of 'unexplained illness' have managed to gain ascendancy and shape the diagnosis, research funding and public perception of these illnesses in Britain.

286 pages, pb • Code **SK**
£8 UK, £9.50 EU, £12 RoW

STATINS TOXIC SIDE EFFECTS
Evidence from 500 scientific papers
by David Evans

Data collected by the World Health Organisation from 192 countries shows that higher cholesterol levels are associated with a longer lifespan and a reduced risk of cardiovascular disease. Yet annual sales of cholesterol lowering drugs (statins) are in the tens of billions of dollars. So why do virtually all the medical profession and the media think it is a good decision to lower cholesterol levels with statins? And why are they wrong? This book provides answers. Using evidence from 500 scientific papers drawn from peer-reviewed scientific journals, David Evans shows that statins do not save lives but do have a plethora of toxic side effects. Who issues the guidelines for cholesterol lowering and statin use? A chapter is devoted to this subject. You will also discover that statin manufacturers pay for the trials that are used as evidence to increase the use of statin drugs. Thankfully not all in the medical profession are bedazzled by statins...

540 pages, pb • Code **STSE**
£19.50 UK, £23 EU, £30.50 RoW

SLAUGHTER OF THE INNOCENT
by Hans Ruesch

Hans Ruesch's three books – *Slaughter of the Innocent; Naked Empress; 1000 Doctors (and more) Against Vivisection* – published between 1978 and 1989, laid the foundations for the modern anti-vivisection movement, with its uncompromising demand for a complete end to vivisection and the fraudulent scientific arguments which underlie it. Published in 2003 this is the seventh, and only, edition of this book currently in print.

449 pages, pb • Code **SL**
£9.50 UK, £11.50 EU, £16 RoW

A YEAR IN AN OFF-GRID KITCHEN
Homestead kitchen skills and real food recipes for resilient health
by Kate Downham

When the panic buying, empty shelves and restrictive rations hit in March 2020, it wasn't a problem for Kate Downham and her family because she knew these skills and she knew how to feed her family without the supermarket system. With the help of this book you can learn these skills too. Make your own cheese, butter, and other dairy essentials. Learn sourdough bread recipes that take only 5 minutes of hands-on time to make. Preserve fruit and vegetables in many ways—from failproof fermenting through to jams, chutneys, pickles and water bath canning. Learn one skill at a time while also finding recipe inspiration in seasonal local recipes that are designed to be cooked in everyday homestead life. These recipes have been tested in many different kitchens and will work on wood stoves as well as conventional electric and gas cookers. Many variations and ingredient substitutions are included along with useful indexes to help make use of seasonal abundance.

220 pages, pb • Code **YOK**
£29.50 UK, £32 EU, £38 RoW

HIDDEN HISTORY

THE BIBLE FRAUD
by Tony Bushby

After 12 years of full-time research Tony Bushby published this, his first book, in August 2001. These stocks are from that first printing and reveal Bushby's groundbreaking information about the birth and emergence of the Christian religion. In order to cover this ground it was necessary to consider the New Testament stories from a different perspective. By stripping away their supernatural elements, the earliest church writings relay a confused skeletal outline of the lives of two separate men. *The Bible Fraud* unravels those stories and shows how the New Testament came into being and what it really is. By coordinating new information with surviving records Bushby reconstructs the probable course of events that resulted in Christianity today. An exciting canvas of alternative history unfolds through these pages and it is recommended reading for anyone who is on the search for truth in history.

271 pages, pb • Code **BF**
£16 UK, £18.50 EU, £22.50 RoW

CLEOPATRA TO CHRIST
Jesus was the great grandson of Cleopatra *by Ralph Ellis*
• ***Book 1 of 'The King Jesus Trilogy'***

Why was the birth of a poor 'carpenter' in the first century AD attended by the Persian Magi? Why was Jesus later known as the 'King of the Jews'? Using many strands of contemporary evidence, Ralph Ellis has pieced together a historical jigsaw puzzle demonstrating that the biblical Jesus was directly descended from Cleopatra VII, the most famous queen of Egypt. But this is not all, for when piecing this story together it would seem that Jesus also had an aristocratic Roman and royal Persian ancestry, and it is the latter bloodline element that explains the appearance of Persian Magi at his birth. Ralph Ellis has written nine other books which, when taken together, rewrite the entire history of Western theology and much of Western history.

201 pages, pb • Code **CTC**
£9.50 UK, £12.50 EU, £15 RoW

KING JESUS
Prince of Judaea and Rome
by Ralph Ellis
• ***Book 2 of 'The King Jesus Trilogy'***

The primary objective of this book was to confirm that St Paul (Saul) was actually Josephus Flavius. However, this novel identification exposed new perspectives on the life of Jesus, who was actually a real king of Judaea. Contrary to orthodox perceptions, King Jesus and Queen Mary Magdalene were the richest couple in Syrio-Judaea. The Romans wanted to impose taxes on Jesus and Mary, an imposition that provoked the Jewish Revolt. King Jesus fought and lost that war, and so he was crucified, reprieved and sent into exile in a Roman prison in England. This identification of Jesus as a wealthy, royal, warrior-hero of first century Judaea may sound bizarre but that is what the texts say. This is a secret history that has been deliberately concealed from us for two millennia.

617 pages, pb • Code **KJ**
£19 UK, £23.50 EU, £33 RoW

JESUS, KING OF EDESSA
Jesus was a king of northern Syria • The discovery of an original statue of Jesus *by Ralph Ellis*
• ***Book 3 of 'The King Jesus Trilogy'***

We now know (referring to Books 1 & 2) who Jesus was, where he lived, and who his family were. Visit his city, see the ruins of his citadel, gaze upon his statue, handle his coins. In reality Jesus was a son of King Abgarus of Edessa, a princeling with a small realm, a large treasury, and even bigger ambitions. But the wise prince of northern Syria came up against an intractable Rome and his many plans crumbled to dust. As readers might imagine, the true history of this region undermines much of the biblical fairy-story that the gospel authors crafted, and so Christianity will never be the same again.

595 pages, pb • Code **JKE**
£18.50 UK, £22.50 EU, £31.50 RoW

THE GRAIL CYPHER
The secrets of Arthurian history revealed *by Ralph Ellis*
• ***Book 4 of 'The King Jesus Trilogy'***

Are you willing to have your view of Arthurian, British and Christian history challenged? Are you ready to accept the esoteric mysteries and heresies of the Knights Templar? Once we understand that Jesus and Arthur shared a common history, the rest of Arthurian legend starts

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to fall into place. Join Ralph Ellis on an extraordinary tour of Arthurian history, much of which you did not even know existed. How can we comprehend the true history of King Arthur if we have not considered the entire corpus of this labyrinthine story? Yet if we bring the many diverse strands together and decipher their true meaning, they explain a great deal about the history of Europe, Britain and Christianity.
646 pages, pb • Code **TGC**
£19 UK, £23.50 EU, £33 RoW

OUT OF AUSTRALIA
Aborigines, the Dreamtime, and the dawn of the human race
by Steven and Evan Strong
Based on fresh examination of both the DNA and archaeological evidence, the authors conclude that modern humans originated from Australia, not Africa. This father-and-son team bring together 30 years of intensive research in consultation with elders in the original Australian community. Among their conclusions are the following: Humans existed in Australia 40,000 years before they existed in Africa; The original Australians travelled in large boats throughout the Indian-Pacific Ocean Rim; Three distinct kinds of *Homo sapiens* are found in Australia; The evidence from the Americas debunks the Out-of-Africa theory. In the words of the authors, "It is our privilege to be able to share some ancient Original Australian (Aboriginal) truths and paradigms that run contrary to the accepted version of Original pre-history...Our role is to relay and validate their ancient account of times long ago, as told by representatives of the oldest continuous culture on this planet."
212 pages, pb • Code **OOA**
£16 UK, £19 EU, £22 RoW

GENISIS
The first book of revelations
by David Wood
The author long believed in the possibility of a geometric solution existing to the mystery of the valley of Rennes-le-Château and that it would pin-point the location of artifacts of religious significance in the area. *Genisis* demonstrates the proof of his conviction and the accuracy with which his findings have dovetailed into other researchers' work leaves little room for either to be questioned. The solution is a temple layout of gigantic proportions covering more than 40 square miles. Not only is its geometry an amazing extrapolation of the constructions and topographical features of the area but it is self-confirming in the numerical ciphers it exposes. Once the author was in possession of the secret numbers, they revealed connections hitherto only suspected—the secrets of the rituals and legends associated with such ancient enigmas as the Ark of the Covenant, the Temple of Solomon, the Round Table and the Arthurian Legends, The Rose Cross, the Ark of Noah, and other ancient mysteries.
309 pages, hb • Code **GENI**
£11 UK, £15.50 EU, £24.50 RoW

GENESET
The second book of revelations
by David Wood & Ian Campbell
Continuing the investigation into the mystery of Rennes-le-Château begun in *Genisis* and using computer analysis to confirm much of the earlier work, the authors here decipher the hidden messages contained within it and establish the mathematical genius of the original designers. You will find the evidence to prove that mankind could never have evolved in the available time span from an ape-like bipedal hominid to Homo sapiens with a massive brain. The so-called 'missing link' necessary to establish such a connection would of necessity be an immense chain of intermediary hominids whose presence would have saturated our paleoanthropological investigations with evidence of their existence. Scientific discoveries have confirmed that not only has our planet had a cataclysmic history but that if we dismiss the warnings of future catastrophes contained in the legends of the past we do so at our peril.
319 pages, hb • Code **GENE**
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32 pages, pb • Code **PS**
£4.50 UK, £7 EU, £7.50 RoW

GIANTS: MEN OF RENOWN
by Denver Michaels
Denver Michaels chases down the many stories of giants around the world and testifies to the reality of their existence in the past. Michaels discusses the races of giants named in the Bible and also examines extra-biblical sources such as the Book of Enoch, The Book of Giants, the Book of Moses and the Ethiopian sacred text of the Kebra Nagast. He then trips around the world, visiting the stories of Mesoamerica and South America, and the firsthand accounts of conquistadors' encounters with giants. He looks at tales from the South Pacific and the Indian subcontinent. He looks at the legends of Europe, starting with the Titans and Olympians of Greece, and visits the rich giant lore of the English, Irish and Norse. When it comes to ancient North America, Michaels tells numerous native legends of giants from the east coast to the west. If it has to do with giants, Michaels covers it.
300 pages, pb • Code **GMR**
£23 UK, £26 EU, £30 RoW

GIANTS ON RECORD
America's hidden history, secrets in the mounds and the Smithsonian files
by Jim Vieira & Hugh Newman
Over a 200-year period thousands of newspaper reports, letters, photos, diaries, and scientific journals have documented the existence of an ancient race of giants in North America. Skeletons ranging from 7 feet up to a staggering 18 feet tall have been reportedly uncovered in prehistoric mounds, burial chambers, caves, geometric earthworks, and ancient battlefields. Strange anatomic anomalies such as double rows of teeth, horned skulls, massive jaws, and elongated skulls have also been reported. Many of these discoveries were sent to the Smithsonian Institution in Washington D.C., seemingly never to be heard about again. This book examines a possible cover-up initiated by Smithsonian scientists starting in the late 1800s. The origins of 'the tall ones' has been shrouded in mystery for centuries but this book reveals where they came from, why they got so large, and the reason for their downfall, using the latest scientific research, genetic data, native myths, news reports, and ethnological research.
395 pages, pb • Code **GOR**
£21 UK, £24.50 EU, £29.50 RoW

THE GIANTS OF STONEHENGE AND ANCIENT BRITAIN
by Hugh Newman & Jim Vieira
Did giants really exist in the British Isles? Do the legends of them building megalithic sites hold any reality? Why does the establishment deny they ever existed? The authors take a deep dive into obscure newspaper accounts, antiquarian diaries, archaeological reports, local history records, newly translated ancient texts, academic papers and written evidence from hundreds of sources going back over a 4,000-year period to uncover the truth. Over 250 accounts of the remains of giant human skeletons have been found, often measured and commented on by famous scientists, scholars and writers at the time. A wealth of folklore talks about sophisticated cultures of giants with supernatural powers and advanced technology who had control over thunder and lightning—as witnessed when their tombs were disturbed by later generations. The authors take a close look at these age-old stories and the remarkable skeletal discoveries to reveal for the first time an important lost chapter of British history.
393 pages, pb • Code **GOSH**
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HIDDEN HISTORY
Ancient aliens and the suppressed origins of civilization *by Jim Willis*
This fascinating dissection of the scientific findings, ancient artifacts, folklore, myths, and historical records explores the true nature of humanity's origins. Along the way it delves into: The origins of the cosmos, the Big Bang, and alien influences; The emergence of life, the first humans, human settlements, migration and conflicting timelines; The earliest civilizations, Nazca lines, Stonehenge, Göbekli Tepe, Egyptian pyramids; The megaliths that dot landscapes around the world; Anomalies in the DNA and artifact records; The legends, mythologies, and folklore from the earliest written texts of 10,000 years ago. Combines cutting-edge science with metaphysical, spiritual, and even paranormal views, daring to ask whether there might be a better explanation for humanity's existence and the origins of civilization than the current scientific consensus. Richly illustrated with over 150 photos and graphics and contains a helpful bibliography and extensive index.
464 pages, pb • Code **HHIS**
£20 UK, £23 EU, £29.50 RoW

FORBIDDEN ARCHEOLOGY
The hidden history of the human race
by Michael A. Cremo & Richard L. Thompson
In over 900 pages the authors present definitive evidence that the picture we have of mankind's origins is incomplete. Drawing on extensive research into overlooked evidence across five continents, Cremo & Thompson challenge us to rethink our understanding of human origins, identity and destiny.
910 pages, hb • Code **FA**
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THE HIDDEN HISTORY OF THE HUMAN RACE
by Michael A. Cremo & Richard L. Thompson
This book is an abridged version of *Forbidden Archeology*. Over the past two centuries researchers have found bones and artefacts showing that people like ourselves existed on Earth millions of years ago. But the scientific establishment has suppressed, ignored or forgotten these remarkable facts. Why? Because they contradict dominant views of human origins and antiquity.
322 pages, pb • Code **HH**
£17.50 UK, £20 EU, £25 RoW

HUMAN DEVOLUTION
A Vedic alternative to Darwin's theory *by Michael A. Cremo*
In this sequel to *Forbidden Archeology* Cremo first summarises the evidence for human presence hundreds of millions of years ago. He then gets to the crux of the book: an alternative theory on human origins involving the 'devolution' of humanity from the realm of pure consciousness or spirit. Cremo asks us to contemplate not just where we come from but what a human being is. The picture he paints is of a Universe teeming with life in gross and subtle energy dimensions. If our scientific understanding is to expand in the 21st century it will have to incorporate knowledge about subtle energies, and this book will help shift the paradigm.
554 pages, hb • Code **HD**
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TWO-THIRDS
A history of our galaxy *by David P. Myers; Appendix by David S. Percy Edited by Mary Bennett*
Although this book is in part science-based, drawing on physics and astronomy, it is also deeply philosophical. It demonstrates how the artefacts of our past are the signposts to the future. *Two-Thirds* contains much that is not even recognised by science today, but which can be verified. Age-old mysteries are discussed such as the Moon's essential role in the creation of life on Earth, the significance of the 'Face' on Mars and the relevance of meditation. This is a big book – over 800 pages – which basically seeks to reveal the history and origins of human beings.
811 pages, pb • Code **TT**
£20.50 UK, £27 EU, £41 RoW

THE UNEXPLAINED

THE COSMIC PULSE OF LIFE
The revolutionary biological power behind UFOs
by Trevor James Constable
First published in 1975, this book provides astounding insight into the author's life-long struggle to let light in on one of the greatest mysteries of all time. In 1958 Constable's first book *They Live in the Sky* advanced the shocking theory that UFOs are mainly invisible. He also held that our atmosphere is home to huge, invisible living creatures, and that these were mutually confused with spacecraft when they became visible. He photographed both types of UFOs with infrared film. A quarter of a century later, teams of engineers and technicians in both Italy and Romania, unaware of Constable's earlier work,

obtained virtually identical infrared photos of UFOs which were published in Italy. Later still, NASA used ultraviolet-sensitive videotape to record swarms of invisible UFOs. Convinced that UFOs represent a biological revolution for mankind, Constable began investigating etheric force, starting with the orgone energy discovery of Wilhelm Reich, MD. There's something for everyone in the sheer breadth and depth of his investigations contained within these pages.
346 pages, pb • Code **CPL**
£21.50 UK, £23.50 EU, £28.50 RoW

THE LANDING LIGHTS OF MAGONIA
UFOs, aliens and the fairy kingdom
by Nigel Graddon
British UFO researcher Nigel Graddon takes us to that magical land of Magonia—the land of the fairies—a place from which some people return while others go and never come back. Graddon discusses fairies, the wee folk, elves, fairy pathways, fairy doors, Welsh folklore, the Tuatha de Dannan, UFO occupants, the Little Blue Man of Studham, the implications of Mars, psychic connections with UFOs and fairies. He also presents: photos of fairies; MJ-12 and the Roswell crash; The Welsh Triangle; The Fatima Vision; Dobbies, Kelpies, Piskies and Spriggams; living between the spaces of 'Space-Time'; the mysterious space object Oumuamua; and much more...
260 pages, pb • Code **LLOM**
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Myths, conspiracies, discrepancies and out of place objects
by Ian Ross Vayro
NEXUS readers will be familiar with Ooparts (out of place artifacts). This book is a great compilation of these and many other mysteries, anomalies, conspiracies and myths. From Egyptians in Australia to the Templars in America; from the Golden Mean to UFOs; from Cults to Yowie—there is something here for everyone. Some have explanations, some do not; some are totally bizarre, but all are here to bemuse and fascinate. Let these stories take you on a journey into the strange and mysterious...
314 pages, pb • Code **SMA**
£16 UK, £19 EU, £23 RoW

UFOS

ALIEN INTELLIGENCE AND THE PATHWAY TO MARS
The hidden connections between the red planet and Earth
by Mary Bennett with David S. Percy
In this full-colour study based on 25 years of research, Mary Bennett explores the ancient and modern connections between Mars and Earth as well as how extraterrestrial intelligences are trying to assist us in constructing a viable spacecraft to take a human crew swiftly and safely to Mars. She details how exploratory probes sent to Mars in the 1970s triggered over three decades of anomalous yet scientifically validated events, including crop circles. She explains how these formations, along with related events, encode advanced engineering concepts that offer solutions to the fundamental problems presently hindering long-haul crewed spaceflight. Looking at the red planet itself, the author reveals the scientifically verifiable evidence pointing to intelligent design on the Martian surface and looks at the covert links between the Martian formations and Earth's ancient sites. Taking you from a complex on Mars to the Teotihuacán pyramids in Mexico, from phi ratios to the Pentagon, from the Great Pyramid to quantum computing, this exploration of the hidden influence of Mars shows that our abilities as a future space-faring species began in the ancient past and are now coming to fruition.
527 pages, pb • Code **APM**
£23.50 UK, £28.50 EU, £38.50 RoW

ANCIENT ALIEN ANCESTORS
Advanced technologies that terraformed our world *by Will Hart*
Sharing scientific evidence of alien involvement with life on our planet, Will Hart refines the theory of directed panspermia – that life was intentionally seeded on Earth by extraterrestrials – to reveal that the same ET agency also created humans and generated civilisation. He shows how the Earth was terraformed through an engineering program so sophisticated and vast that it has escaped our attention so far. Investigating how the ET agency behind the origin of civilisation is still working behind the scenes today, the author examines the strongest modern UFO accounts, including the Russian Roswell case and the suppressed UFO sightings of NASA astronauts. He shows that this advanced ET civilisation is not an alien race in the way we normally think of 'aliens' but rather that they are our ancestors and as human as we are.
376 pages, pb • Code **AAA**
£19 UK, £21.50 EU, £26.50 RoW

AWAKENING
How extraterrestrial contact can transform your life
by Mary Rodwell
Many people around the world, from all walks of life, believe themselves to be in regular contact with beings from outer space. Mary Rodwell, trained nurse, midwife and therapist, works with individuals said to be having these remarkable experiences. She claims they are not products of over-active imaginations, quite the opposite, they are real and happening to normal, healthy people. Some people are aware of it, but many are completely in the dark, as ET encounters occur in numerous ways. The process of waking up to this multidimensional reality is not always easy, but the results are positively life changing, such as spiritual transformation and expanded awareness. Are you ready to ask: Am I experiencing alien contact? Take the first step, let this book help you find out for yourself.
313 pages, pb • Code **AWA**
£17 UK, £20 EU, £23.50 RoW

SIGNED

LIGHTQUEST
Your guide to seeing and interacting with UFOs, mystery lights and plasma intelligences *by Andrew Collins*
This book embraces a new understanding of the UFO phenomenon by accepting that its existence is deeply rooted in everything from quantum entanglement to multidimensional experiences, strange worlds that interpenetrate our own, and psychic communications. Evidence now points to UFOs, mystery lights and alien intelligences being far more exotic than we could ever have imagined. They can be seen as sentient energy forms and complex plasma constructs; manifestations of a higher dimensional reality that has coexisted with the human race since time immemorial, and was in the past seen as the Realm of Faerie. Tales of crashed saucers, ancient astronauts and alien agendas dominate the UFO subject in literature and the media, but is all this leading us astray? *LightQuest* is also a field guide to some of the top UFO hotspots around Britain and the USA—where to go, what to do, and what exactly you might expect to see.
415 pages, pb • Code **LQ**
£17.50 UK, £20.50 EU, £26.50 RoW

THE NEW HUMAN
Awakening to our cosmic heritage
by Mary Rodwell
Throughout her career Mary Rodwell has worked with over 3,000 cases of encounters with non-human intelligences. In this book she explores the diversity of encounter experiences—true accounts from families and children. Many have full conscious recall of past lives, being educated on space craft and having been prepared for their Earth mission. It offers an alternative perspective on those with ADHD, Asperger Syndrome and Autism. It asks: What are hybrids? What does human DNA tell us about our true origins? Why are many professionals coming out of the 'space closet' with their encounter experiences at this time? How have ET encounters awakened and transformed lives? What are the qualities and abilities of the 'New Human' and do we need a new model of reality? Rodwell is convinced that an unprecedented paradigm shift in human evolution is underway.
385 pages, pb • Code **TNH**
£18.50 UK, £21 EU, £26.50 RoW

ZECHARIA SITCHIN

THE ANUNNAKI CHRONICLES
A Zecharia Sitchin reader
Edited by Janet Sitchin
• ***Includes never before published writings***
Providing an insider's look into the decades of research behind Zecharia Sitchin's works as well as an in-depth overview of his theories, this collection includes carefully selected chapters from *The Earth Chronicles* series as well as never before published letters, articles, and lectures. Each piece includes an introduction by Sitchin's niece, offering context and insight into his passionate work and revealing the man behind the theories. We learn about the genesis of *The 12th Planet* in 'The Book as a Story', the Sumerians and their Anunnaki influences in 'The Sudden Civilization', the orbit of Nibiru in 'UFOs, Pyramids, and the 12th Planet', the prehistory of the Americas in 'Cities Lost and Found', the extraterrestrial origins of modern man in 'The Cosmic Connection—DNA', and much more.
375 pages, hb • Code **ACH**
£21 UK, £24 EU, £30.50 RoW

THE LOST BOOK OF ENKI
Memoirs and prophecies of an extraterrestrial god
Having explored humanity's origins from the perspective of humanity itself in *The Earth Chronicles* series, Sitchin here looks at the same story from the view of Lord Enki, an Anunnaki god. Through exhaustive research of primary sources, he here presents the tale as the memoirs of Enki, the leader of the first 'astronauts' to colonise Earth. Is humankind destined to repeat events that occurred on another planet, far away from Earth? An epic tale challenging every assumption we hold about our creation, our past and our future.
330 pages, pb • Code **LBE**
£15 UK, £18.50 EU, £22.50 RoW

DVDS

Note: NTSC DVDs play on most PAL systems but not vice versa.

THE ILLUSION OF REALITY
There is a world that exists beyond this
An investigative documentary 40 years in the making. It began with a need to understand what lay beyond life; a heartfelt search that would find answers to the greatest questions of all. A journey of consciousness, light and energy. A journey of awareness, thought, memory, time, space and hope. An inner discovery of planetary and universal dimensions, alternate futures, extraordinary paranormal experiences—and contact from those beyond this planet and beyond our reality. Ultimately it is a journey of awakening; a journey about love. This world is an illusion. It is time to wake up.
PAL DVD, 242 mins • Code **TIOR**
£20.50 UK, £23 EU, £23.50 RoW

VAXXED: FROM COVER-UP TO CATASTROPHE
In 2013, biologist Dr. Brian Hooker received a call from a senior scientist at the US Centers for Disease Control and Prevention (CDC) who led the agency's 2004 study on the Measles-Mumps-Rubella (MMR) vaccine and its link to autism. The scientist, Dr. William Thompson, confessed that the CDC had omitted crucial data in their final report that revealed a causal relationship between the MMR vaccine and autism. Over several months, Dr. Hooker records the phone calls made to him by Dr. Thompson who provides the confidential data destroyed by his colleagues at the CDC. Dr. Hooker enlists the help of Dr. Andrew Wakefield, the British gastroenterologist falsely accused of starting the anti-vax movement when he first reported in 1998 that the MMR vaccine may cause autism. In his ongoing effort to advocate for children's health, Wakefield directs this documentary examining the evidence behind an appalling cover-up committed by the government agency charged with protecting the health of American citizens.
PAL DVD, 91 mins • Code **VAX1**
£22.50 UK, £25 EU, £25.50 RoW

VAXXED II: THE PEOPLE'S TRUTH
This is the follow-up to the feature-length documentary *Vaxxed: From Cover-up to Catastrophe* which was abruptly censored by the Tribeca Film Festival in 2016 amid pressure from pro-pharmaceutical interests. *Vaxxed* catapulted to notoriety, opening to sold out theatre audiences throughout the US. Stunned by the immense volume of parents lining up outside the theatres with vaccine injury stories to share, the film's producer Polly Tommey began to livestream worldwide, reaching millions, and a community that had once been silenced were empowered to rise up. *Vaxxed II* follows Polly and her team as they set out in an old RV bus in the summer of 2016 across every state in the US—as well as undertaking tours in Canada, the UK, Australia and New Zealand—to record and share these families' stories of vaccine injury. Hear from parents, doctors and nurses with nothing to gain and everything to lose who exposed the vaccine injury epidemic and asked the question on every parent's mind: "Are vaccines really as safe and effective as we've been told?"
PAL DVD, 97 mins • Code **VAX2**
£22.50 UK, £25 EU, £25.50 RoW

WE DON'T VACCINATE!
The myths and reality of the vaccination campaigns
A movie by Michael Leitner
Produced by German freelance journalist Michael Leitner, *We Don't Vaccinate* investigates the claims made by doctors, multinational corporations and health officials who promote vaccination as a safe and effective preventive medical intervention. There are increasing indications to show that the dangers which vaccinations are supposed to protect us from have become disproportionate to the vaccines' expected effects, and this is particularly dramatic for children. The explosion in chronic illnesses in children during the last four decades has parallelled the increase in the number of vaccines given within the first year of life. This complex problem may be due to the additional substances added to vaccines—of particular concern in this film are the aluminium compounds. What is more, this film demonstrates by means of official documents and government infectious disease statistics from the USA, Germany, Austria, England and Wales, that vaccines have never actually protected anyone or saved anyone's life.
PAL DVD, 100 mins • Code **WDV**
£15.50 UK, £18 EU, £18.50 RoW

WHAT HAPPENED ON THE MOON?
An investigation into Apollo
This compelling video throws into serious doubt the authenticity of the Apollo missions and features information that challenges the declared abilities of NASA to successfully send a man to the Moon and return him safely to Earth. New evidence clearly suggests that NASA hoaxed pictures allegedly taken on the lunar surface. The findings are supported by analysis and the testimony of experts from various disciplines including photographer/filmmaker David S. Percy ARPS and physicist David Groves Ph.D. Hear what NASA has to say in response to these disturbing findings.
2 x PAL DVD, 222 mins • Code **WHM**
£20.50 UK, £23 EU, £24 RoW

NEXUS CONFERENCE 2007

20TH to 22ND October 2007, Novotel Twin Waters Resort, Sunshine Coast, Australia
PAL DVDs, 90 mins each approx.

1DVD7 • CLIMATE CHANGE - WHAT IS REALLY GOING ON?
Catherine Simons (Aust)
NEXUS co-editor Catherine Simons presents alternative scientific views and probable causes of climate change that are not being taken into account.
£15.50 UK, £18 EU, £18 RoW

2DVD7 • SUPPRESSED TECHNOLOGY *Dr Ted Loder (USA)*
The Chief Technology Officer for Space Energy Access Systems and Director of the Disclosure Project reveals secret, world-changing technology.
£15.50 UK, £18 EU, £18 RoW

3DVD7 • HUMAN ENERGY FIELDS REVEALED *Dr Harry Oldfield (UK)*
Biologist and inventor of Polycontrast Interference Photography (PIP), Harry reveals the hidden energy fields of all living things.
£15.50 UK, £18 EU, £18 RoW

4DVD7 • THE AMAZING BROWN'S GAS *George Wiseman (USA)*
Director of Eagle Research and free-energy researcher/manufacturer, George discusses Brown's Gas water torches and more.
£15.50 UK, £18 EU, £18 RoW

5DVD7 • THE HISTORY & SCIENCE OF NEGATIVE IONS
Joshua Shaw (Aust)
The inventor and manufacturer of the Elanra Therapeutic Ioniser, Joshua details the attempts to suppress his work.
£15.50 UK, £18 EU, £18 RoW

6DVD7 • THE ASSAULT ON HEALTH FREEDOM *Meryl Dorey*
President of the Australian Vaccination Network and editor of Informed Voice magazine, Meryl shocks with her findings.
£15.50 UK, £18 EU, £18 RoW

7DVD7 • REVEALING THE SPIRIT WORLD *Dr Harry Oldfield (UK)*
In his second talk, Harry reveals that ghosts, UFOs and other entities can be photographed using PIP technology.
£15.50 UK, £18 EU, £18 RoW

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8DVD7 • EMR, CELL PHONES & YOUR HEALTH *Sherrill Sellman (USA)*
Author and researcher reveals new info on what mobile phones are doing to your body's hormones and the environment.
£15.50 UK, £18 EU, £18 RoW

9DVD7 • PYRAMIDS ACROSS EUROPE *Philip Coppens (UK)*
Respected author presents little-known info on European pyramids, including the controversial Bosnian pyramid.
£15.50 UK, £18 EU, £18 RoW

10DV7 • FROM SOIL TO HEALTH TO SOCIAL CHANGE *Graeme Sait (Aust)*
An expert in all areas of natural agriculture, Graeme reveals practical advice on planting and nutrition.
£15.50 UK, £18 EU, £18 RoW

11DV7 • A CONTACTEE SPEAKS OUT
Flor Amanowicz
Flor speaks publicly for the first time of her extraordinary experiences with ETs in Peru and Australia's important role to come.
£15.50 UK, £18 EU, £18 RoW

12DV7 • CROP CIRCLES 2007
Philip Coppens (UK)
Philip's second talk covers the intricate geometry of many formations as well as behind-the-scenes politics.
£15.50 UK, £18 EU, £18 RoW

13DV7 • UFO SECRECY & OUR FUTURE *Dr Ted Loder (USA)*
Dr Ted Loder's second presentation clearly explains how we can gain immediate benefits from public disclosure and utilisation of advanced technology that already exists.
£15.50 UK, £18 EU, £18 RoW

14DV7 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2008

4TH to 6TH October 2008, Novotel Twin Waters Resort, Sunshine Coast, Australia
DVDs 90 mins each approx.
PAL & NTSC formats available

1DVD8 • SCHAUBERGER AND THE MAGIC OF WATER
Callum Coats (Aust)
Explains Viktor Schauberger's ingenius work, especially with water, harnessing nature's simplicity with understanding of the vortex.
£15.50 UK, £18 EU, £18 RoW

2DVD8 • PROTECTING AGAINST E-SMOG *Walter Laufs (Germany)*
Mastermind of a solution to E-Smog.
Plus...
NEGATIVE IONS & HEALTH
Joshua Shaw (Aust)
Joshua's latest invention, fluoridation exposé, the Pan fiasco and more...
£15.50 UK, £18 EU, £18 RoW

3DVD8 • WHITE POWDER GOLD
Barry Carter (USA)
Barry believes that this is the greatest scientific discovery in human history, associated with levitation, superconductivity and biological and psychic effects.
£15.50 UK, £18 EU, £18 RoW

4DVD8 • MORE BIO-ENERGY FIELD MYSTERIES *Dr Harry Oldfield (UK)*
Scientist and inventor utilising the special properties of crystals, expands on his amazing discoveries with energy fields and the invisible universe.
£15.50 UK, £18 EU, £18 RoW

5DVD8 • UNDERSTANDING HUMANS, EXTRATERRESTRIALS & OUR PLANETARY MIND
Gary Opit (Aust)
Research from multi-disciplined fields gives us a new understanding of our universe, including our Moon.
£15.50 UK, £18 EU, £18 RoW

6DVD8 • EVOLUTION AND THE INTERVENTION THEORY
Lloyd Pye (USA)
Latest information combining data from ancient records with what science reveals in our own DNA, indicating off-world intervention.
£15.50 UK, £18 EU, £18 RoW

7DVD8 • UNDERWATER RUINS FROM PREHISTORIC TO MODERN TIMES *Karen Mutton (Aust)*
Overviews sunken ruins around the world including the latest research in Spain, Bimini, Yonaguni and India.
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8DVD8 • CONSPIRACIES & THE BIG PICTURE *Project Camelot (USA)*
Bill Ryan & Kerry Cassidy share interviews, alternate time-lines and enlightening testimonies about the true nature of our world.
£15.50 UK, £18 EU, £18 RoW

9DVD8 • THE MITCHELL-HEDGES CRYSTAL SKULL *Bill Homann (USA)*
Covers the history and legends surrounding this unique skull. **Bonus:** Harry Oldfield's exclusive footage of the skull's energy fields.
£15.50 UK, £18 EU, £18 RoW

10DV8 • THE CHAMPION OF ALL PLANTS — HEMP *Susanna Wilkerson*
Explains how easy it is to grow the most useful plant on the planet organically for food, shelter, clothing, fuel, paper and building materials.
£15.50 UK, £18 EU, £18 RoW

11DV8 • GOD SAVE US FROM RELIGION *Ian Ross Vayro (Aust)*
The author of *God Save Us From Religion*, *Tears In Heaven* and *They Lied To Us In Sunday School* shares his views on the validity of theology.
£15.50 UK, £18 EU, £18 RoW

12DV8 • THE *RINGING CEDARS* AT WORK *Leonid Sharashkin (Russia)*
The editor of the *Ringing Cedars Series* explains the spiritual, cultural and economic significance of the Russian dacha gardening movement.
£15.50 UK, £18 EU, £18 RoW

13DV8 • SCIENCE MEETS SPIRITUALITY — WHERE NEXT?
Paul Bailey (Aust)
The author of the best selling book *Think Of An Elephant* discusses the meeting ground of science and spirituality.
£15.50 UK, £18 EU, £18 RoW

14DV8 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
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NEXUS CONFERENCE 2010

24TH to 26TH July 2010, Novotel Twin Waters Resort, Sunshine Coast, Australia
DVDs 90 mins each approx.
PAL & NTSC formats available

1DVD0 • DIRTY ELECTRICITY, EMFS & HEALTH *Donna Fisher (Aust)*
Author and investigator of the links between ill health and the invisible plague. Simple solutions for homes, schools & at work.
£15.50 UK, £18 EU, £18 RoW

2DVD0 • THE TRILLION DOLLAR CONSPIRACY & THE NWO
Jim Marrs (USA)
Award-winning author and investigative journalist in the fields of UFOs, JFK, 9/11, remote viewing and secret control groups.
£15.50 UK, £18 EU, £18 RoW

3DVD0 • AMAZING ANCIENT ARCHAEOLOGICAL ARTEFACTS
Klaus Dona (Austria)
Art exhibition curator who travels the world in search of unusual artefacts. Extraordinary evidence of mankind's true heritage.
£15.50 UK, £18 EU, £18 RoW

4DVD0 • THE ELECTRIC UNIVERSE (2010) *Wal Thornhill (Aust)*
Key researcher on the electric nature of the cosmos helps us understand the solar system, ancient cataclysms and solar changes. Includes unique predictions.
£15.50 UK, £18 EU, £18 RoW

5DVD0 • FREQUENCY HEALING TECHNOLOGY *Dr Kathy Forti (USA)*
Came back from a near-death experience with the blueprint for a new technology. Experience some beautiful fractal visuals.
£15.50 UK, £18 EU, £18 RoW

6DVD0 • HIDDEN HISTORY
Jim Marrs (USA)
Secrets that connect the Bible, the Knights Templar, Freemasons, the Trilateral Commission & 9/11. Don't miss either of Jim's popular, witty & fascinating presentations.
£15.50 UK, £18 EU, £18 RoW

7DVD0 • LANGUAGE & SOCIAL CONTROL *David-Wynn: Miller (USA)*
How our language has been used to

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enslave the masses for thousands of years; and what we can do about it. New insights on 'takeovers'.
£15.50 UK, £18 EU, £18 RoW

8DVD0 • THE EXPANDING EARTH & 2012 *Dr James Maxlow (Aust)*
Geologist and leading advocate of the Expanding Earth hypothesis and what we can expect in the future. Includes animated models of shifting Poles.
£15.50 UK, £18 EU, £18 RoW

9DVD0 • UFOS, EXOPOLITICS AND DISCLOSURE *Stephen Bassett (USA)*
Leading advocate for ending government secrecy about an extraterrestrial presence engaging the human race. Antigravitic technology solutions.
£15.50 UK, £18 EU, £18 RoW

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10DV0 • HCG HORMONES, BODY FAT & HEALTH *Sherrill Sellman (USA)*
Discovers an unusual and effective way of losing weight without the usual side effects of traditional diets. See the rejuvenating results.
£15.50 UK, £18 EU, £18 RoW

11DV0 • SACRED GEOMETRY & UNIFIED FIELDS *Nassim Haramein (USA)*
Physicist presents new concepts explaining how we are all interconnected & can access infinite knowledge. ***Plus...***
A PART OF THE 'BIG PICTURE'? *Duncan Roads (Aust) 30 mins*
A shocking yet empowering exposé.
£15.50 UK, £18 EU, £18 RoW

12DV0 • THEY LIED TO US IN SUNDAY SCHOOL *Ian Ross Vayro (Aust)*
Noah & biblical intrigues. Back by popular demand.
£15.50 UK, £18 EU, £18 RoW

13DV0 • COMMUNICATING WITH ANIMALS *Trisha McCagh (Aust)*
Animal Whisperer explains 5 levels of communication with the animal kingdom. Interacts with pets & in the wild. Incredible tales not to be missed!
£15.50 UK, £18 EU, £18 RoW

14DV0 • SUMMARY HIGHLIGHTS
A special 2 hour DVD covering the highlights and most popular segments of the conference.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2011

23RD to 25TH July 2011,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
DVDs 60–90 mins each
PAL & NTSC formats available

1DVD1 • DANGERS OF DIRTY ELECTRICITY AND ELECTROMAGNETIC FIELDS *David Stetzer (USA)*
Co-inventor of RF meters and filters explains how to detect, measure and neutralise high-frequency voltage transients (dirty electricity) and electromagnetic fields.
£15.50 UK, £18 EU, £18 RoW

2DVD1 • REMOTE VIEWING, PSYCHOKINETICS AND LUCK CYCLES *James F. Coyle (Vanuatu)*
Author of *Beyond Belief* on secrets of mind power, out-of-body states and luck cycles.
£15.50 UK, £18 EU, £18 RoW

3DVD1 • ESP, MIND CONTROL AND THE NEW ALCHEMICAL PARADIGM *Dr Richard A. Miller (USA)*
Physicist and alchemist expands on ESP, mind control and agriculture for a new age.
£15.50 UK, £18 EU, £18 RoW

4DVD1 • TIME-TRAVELLING EXTRATERRESTRIALS AND SELF-ACTIVATING MACHINES *Linda Moulton Howe (USA)*
Earthfiles website editor on UFO cover-ups, ET time travellers seeking our DNA, and self-activating symbols and machines.
£15.50 UK, £18 EU, £18 RoW

5DVD1 • UFO MYSTERY AND CONSPIRACY IN SUBURBAN MELBOURNE *Shane Ryan (Aust)*
Presents his film *Westall '66* about a UFO mass sighting and the ensuing official cover-up.
£15.50 UK, £18 EU, £18 RoW

6DVD1 • THE NEW SCIENTIFIC RENAISSANCE AND OUR SURVIVAL BLUEPRINT *Robert Pope (Aust)*
Hails a new era of fractal life-science that's our survival blueprint into the future.
£15.50 UK, £18 EU, £18 RoW

7DVD1 • SACRED GEOMETRY, CONSCIOUSNESS AND THE UNIVERSAL ORDER *Jonathan Quintin (NZ)*
Artist / cosmologist shows how sacred geometry can attune us to the harmony of the universal order.
£15.50 UK, £18 EU, £18 RoW

8DVD1 • SPACE WEAPONS TREATY AND THE COSMIC CULTURAL CONNECTION *Dr Carol Rosin (USA)*
Skype presentation, including NEXUS Editor, on a treaty to ban space-based weapons and plans to link with cosmic cultures.
£15.50 UK, £18 EU, £18 RoW

9DVD1 • LIFE AFTER DEATH, LIFE BEFORE LIFE, AND PAST LIFE RECALL *Barry Eaton (Aust)*
Radio presenter, psychic and *Afterlife* author tackles the age-old questions of what happens when we die and what we may find on the other side.
£15.50 UK, £18 EU, £18 RoW

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(*SUMMARY HIGHLIGHTS* NOT INCLUDED) • Code SET11
£149.50 UK, £154 EU, £164.50 RoW

10DV1 • NATURAL SOLUTIONS FOR WEIGHT LOSS AND GREAT HEALTH *Sherrill Sellman (USA)*
Naturopathic doctor on hormone and metabolism balancing in weight loss.
£15.50 UK, £18 EU, £18 RoW

11DV1 • STANDING UP TO THE ASSAULT ON OUR HEALTH FREEDOM *Meryl Dorey (Aust)*
Australian Vaccination Network founder on governments and vested interests eroding our freedom in alternative health and vaccination.
£15.50 UK, £18 EU, £18 RoW

12DV1 • PROPHECIES AND ILLUSTRATIONS OF BENJAMÍN PARAVICINI *Flor Amanowicz (Aust)*
Psychic intuitive presents spiritual messages from an Argentinian seer.
£15.50 UK, £18 EU, £18 RoW

13DV1 • COSMIC COINCIDENCES AND EXPECTATIONS FOR 2012 *Pane Andov (Aust)*
Computer scientist turned yogi prepares us for the end of a Great Cycle in 2012.
£15.50 UK, £18 EU, £18 RoW

14DV1 • CONVERSATIONS WITH ALIENS ON OUR HISTORY AND FUTURE *Alec Newald (NZ)*
CoEvolution author reveals significant new details which his ET hosts say can be released now.
£15.50 UK, £18 EU, £18 RoW

15DV1 • THE CHANI PROJECT & OTHER HIGH-LEVEL PLANS FOR HUMANITY'S SPIRITUAL AWAKENING *Duncan Roads (Aust) in lieu of 'Acolyte'*
NEXUS Editor summarises the work of an insider on CHANI predictions and BEZERK links.
£15.50 UK, £18 EU, £18 RoW

16DV1 • SUMMARY HIGHLIGHTS
Highlights of the three day NEXUS Conference 2011 containing approximately five minutes of each presentation.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2013

22ND to 24TH June 2013,
Novotel Twin Waters Resort,
Sunshine Coast, Australia
PAL DVDs, 90 mins each approx.

1DVD3 • MEDICINAL AND INDUSTRIAL USES OF HEMP *Susanna Wilkerson*
Naturopath and industrial help grower expands on hemp's amazing health benefits and offers eco-sound solutions in building and farming.
£15.50 UK, £18 EU, £18 RoW

2DVD3 • SMART METERS, WI-FI, MOBILE PHONES & EMF *Dr Don Maisch*
Expert on effects of EMF highlights the latest environmental and health concerns, especially with smart meters.
£15.50 UK, £18 EU, £18 RoW

3DVD3 • LIFE BEYOND DEATH *Dannion Brinkley (via Skype)*
Lightning-strike survivor and near-death experiencer reveals what happens when we 'die'.
PLEASE NOTE: Dannion's visual begins 20 minutes into his talk but the audio is complete throughout.
£15.50 UK, £18 EU, £18 RoW

4DVD3 • COMMUNICATING WITH ANIMALS *Trisha McCagh*
Internationally acclaimed as a teacher and animal communicator, Trisha is the author of *Stories from the Animal Whisperer*.
£15.50 UK, £18 EU, £18 RoW

5DVD3 • SECRET NAZI TECHNOLOGY AFTER WORLD WAR II *Douglas Dietrich*
Former US Department of Defense librarian uncovers secret technology and the hidden history of World War II.
PLEASE NOTE: This DVD will be re-mastered and forwarded without charge to those who have ordered it in the event that the slides are released for this presentation.
£15.50 UK, £18 EU, £18 RoW

6DVD3 • MAGNESIUM, THE 'MOTHER MINERAL' *Sandy Sanderson*
Health researcher explores the healing powers of magnesium.
£15.50 UK, £18 EU, £18 RoW

7DVD3 • THE ATACAMA HUMANOID AND DISCLOSURE UPDATE *Dr Steven Greer (via Skype)*
Founder of the Center for the Study of Extraterrestrial Intelligence (CSETI) and The Disclosure Project.
£15.50 UK, £18 EU, £18 RoW

8DVD3 • MILITARY RESPONSE TO HOSTILE UFOS *Gordon Duff*
Senior editor of USA Veterans Today and counterintelligence specialist reflects on his exposure to *Majestic* documents and UFOs.
£15.50 UK, £18 EU, £18 RoW

9DVD3 • CHILDREN'S CONTACT WITH EXTRADIMENSIONAL BEINGS *Mary Rodwell*
Contactee researcher records extraordinary conscious contact between children and ETs.
£15.50 UK, £18 EU, £18 RoW

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10DV3 • SACRED MATHEMATICS, GEOMETRY AND SYMBOLOGY *Jonathan Quintin*
Multimedia artist and cosmologist demonstrates via breathtaking imagery the links between sacred geometry and architecture, resonant fields and states of consciousness.
£15.50 UK, £18 EU, £18 RoW

11DV3 • TECHNOLOGY REVEALS NONPHYSICAL ENTITIES *Harry Oldfield*
Scientist and inventor explains how his technology reveals energies & nonphysical life forms, and can also effect healing.
£15.50 UK, £18 EU, £18 RoW

12DV3 • MIND CONTROL VIA MODIFIED PLANTS AND FOODS *Richard Alan Miller*
Biophysicist involved in classified military research on ESP examines mind-control effects of GM foods and suggests what we can do about it.
£15.50 UK, £18 EU, £18 RoW

13DV3 • A NEW HISTORY OF MANKIND: THE BIGGER PICTURE *Duncan Roads*
Editor/publisher of NEXUS Magazine draws upon decades of research in presenting his assessment of who 'we' are and where we are going.
£15.50 UK, £18 EU, £18 RoW

14DV3 • SUMMARY HIGHLIGHTS
Highlights of the three day NEXUS Conference 2013 containing approximately five minutes of each presentation.
£20.50 UK, £23 EU, £23 RoW

NEXUS CONFERENCE 2014

2ND to 4TH August 2014,
Novotel Twin Waters Resort,
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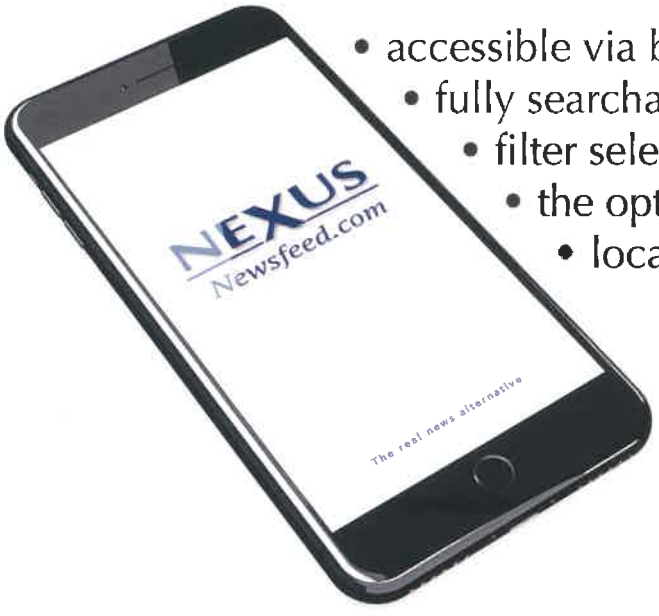

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